

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2026

Memory Care

				1		2		3	
				9:45 Sit N Be Fit 12:30 Drive Thru Park 2:00 Happy Hour w/ Ginger 3:30 Finish the Phrase 6:00 Calming Music New Year's Day		9:45 Sit N Be Fit 10:30 Ballroom Dancing 1:00 Karaoke Kraze 3:00 Trivia 6:00 Laverne & Shirley Marathon		10:00 Sit N Be Fit 1:30 Daily Chronicles 2:00 Snacks N Chats 3:00 Crossword 6:00 Classical Music	
4		5		6		7		8	
9:30 Elevation Church 10:30 Noodle Ball 1:00 Trivia 2:00 Laughs w/ Snacks 3:00 Movie of the Day 6:00 Music for the Soul		9:45 Sit N Be Fit 10:30 New Year Coloring 12:30 Daily Devotion 1:00 Arts & Crafts w/ Howard -1900's 6:00 Relaxing Music		9:45 Sit N Be Fit 10:00 Catholic Service 10:30 Trivia 1:00 Nail Care 3:00 Puzzle Time 6:00 Music Meditation		10:00 Dance Therapy 12:30 Snacktivity 1:00 Bingo w/ Cocoa 3:30 Ring Toss 6:00 Music Meditation		9:45 Sit N Be Fit 10:30 Arts & Crafts 1:00 Short Story Club - 1900's 3:00 Bewitched Marathon 6:00 Classical Music	
9		10		11		12		13	
9:30 Sunday Worship w/ Joel Osteen 10:30 Noodle Ball 1:00 Trivia 2:00 Laughs w/ Snacks 3:00 Movie of the Day 6:00 Music for the Soul		9:45 Sit N Be Fit 10:30 Hand Massage 1:00 Bucket Toss 3:30 Back Porch Social 6:00 Soothing Melodies		9:45 Sit N Get Fit 10:30 Hand Massage 1:00 Bucket Toss 3:30 Back Porch Social 6:00 Soothing Melodies		10:00 Sit N Be Fit 1:30 Daily Chronicles 2:00 Snacks N Chats 3:00 Word Search 6:00 Classical Music		10:00 Sit N Be Fit 1:30 Daily Chronicles 2:00 Snacks N Chats 3:00 Word Search 6:00 Classical Music	
14		15		16		17		18	
9:30 Singalong 10:30 Seated Exercise w/ Friends 12:30 Daily Devotion 2:00 Vintage Floral Coloring- 1900's 6:00 Relaxing Music		9:45 Sit N Be Fit 10:00 Catholic Service 1:00 Spa Day 2:00 Snacks & Fun Stories 3:00 Dancing to the Beat 6:00 Calming Music		9:45 Sit N Be Fit 10:30 Word Games w/ Friends 1:00 Gardening 2:00 Hot Chocolate Social 3:30 Trivia 6:00 Music Meditation		9:45 Sit N Be Fit 12:30 Drive Around Town 1:00 Ice Cream Social 2:00 Rock Art 3:30 Junk Drawer Detective		9:45 Sit N Be Fit 12:30 Ballroom Dancing 1:00 DIY Vintage Frames -1900's 2:00 New Resident Social 6:00 Music Meditation	
19		20		21		22		23	
9:30 Christion Worship Hour 10:30 Noodle Ball 1:00 Trivia 2:00 Laughs w/ Snacks 3:00 Movie of the Day 6:00 Music for the Soul		9:45 Sit N Be Fit 10:30 Sing A Long 1:30 Daily Devotion 2:00 Paper Quilt Crafts - 1900's 3:00 Noodle Hockey 6:00 Relaxing Music Martin Luther King Jr. Day		9:45 Sit N Be Fit 10:00 Catholic Service 1:00 Nail Care 3:00 Puzzle Time 6:00 Thelma & Louise Movie Time		10:00 Dance Therapy 12:00 Snacktivity 1:00 Bingo w/ Cocoa -AL 3:30 Handmade Postcards – 1900's 6:00 Classical Music Time		9:45 Sit N Be Fit 12:30 Walk Around the Neighborhood 2:00 Music w/ Ukelele Drifters 6:00 Calming Music	
24		25		26		27		28	
9:30 Christion Worship Hour 10:30 Noodle Ball 1:00 Trivia 2:00 Laughs w/ Snacks 3:00 Movie of the Day 6:00 Music for the Soul		9:45 Sit N Be Fit 10:30 Sing A Long 1:30 Daily Devotion 2:00 Paper Quilt Crafts - 1900's 3:00 Noodle Hockey 6:00 Relaxing Music Martin Luther King Jr. Day		9:45 Sit N Be Fit 10:00 Catholic Service 1:00 Nail Care 3:00 Puzzle Time 6:00 Thelma & Louise Movie Time		10:00 Dance Therapy 12:00 Snacktivity 1:00 Bingo w/ Cocoa -AL 3:30 Handmade Postcards – 1900's 6:00 Classical Music Time		9:45 Sit N Be Fit 12:30 Walk Around the Neighborhood 2:00 Music w/ Ukelele Drifters 6:00 Calming Music	
29		30		31		32		33	
9:30 Sunday Mass w/ Luke 10:30 Noodle Ball 1:00 Trivia 2:00 Laughs w/ Snacks 3:00 Movie of the Day 6:00 Music for the Soul		9:45 Sit N Be Fit 10:30 Noodle Ball 1:30 Daily Devotion 2:30 Hat Decorating - 1900's 3:00 Junk Drawer Detective 6:00 Relaxing Music Australia Day (Observed)		9:45 Sit N Be Fit 10:00 Catholic Service 10:30 Singing w/ Friends 1:00 Men's Spa Day 2:00 Snacks & Nature Stories 3:00 Big Kerplunk Game		9:45 Sit N Be Fit 10:30 Name That State 1:00 Puzzle Time 2:00 Mooovin N Groovin w/ Zmira 3:30 Trivia 6:00 Music Meditation		9:45 Sit N Get Fit 10:30 Hand Massage 1:00 Bucket Toss 3:30 Gardening 6:00 Soothing Melodies	
34		35		36		37		38	
9:45 Sit N Be Fit 12:00 History Trivia - 1900's 2:00 Birthday Bash 3:30 Junk Drawer Detective 6:00 Sentimental Music		9:45 Sit N Be Fit 10:00 Catholic Service 10:30 Singing w/ Friends 1:00 Men's Spa Day 2:00 Snacks & Nature Stories 3:00 Big Kerplunk Game		9:45 Sit N Be Fit 10:30 Name That State 1:00 Puzzle Time 2:00 Mooovin N Groovin w/ Zmira 3:30 Trivia 6:00 Music Meditation		9:45 Sit N Get Fit 10:30 Hand Massage 1:00 Bucket Toss 3:30 Gardening 6:00 Soothing Melodies		9:45 Sit N Be Fit 12:00 History Trivia - 1900's 2:00 Birthday Bash 3:30 Junk Drawer Detective 6:00 Sentimental Music	