

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	1 9:45 Sit N Be Fit 10:30 Mistletoe Coloring 12:30 Daily Devotion 1:00 Traveling France w/ Howard -AW 6:00 Relaxing Music	2 9:45 Sit N Be Fit 10:00 Catholic Service 10:30 Holiday Trivia 1:00 Nail Care 3:00 Puzzle Time 6:00 Music Meditation	3 10:00 Dance Therapy 1:00 Bingo w/ Cocoa 3:30 Holiday Singalong 6:00 Music Meditation	4 10:00 Instrumix Therapy 12:30 Drive to the Park 2:00 Happy Hour w/ Ginger 3:30 Finish the Phrase 6:00 Calming Music	5 9:45 Sit N Be Fit 10:30 Ballroom Dancing 1:00 Traveling France 2:00 Christmas Karaoke 3:00 Trivia 6:00 Laverne & Shirley Show	6 10:00 Sit N Be Fit 1:30 Daily Chronicles 2:00 Happy Hour w/ Frederic -AL 3:00 Word Search 6:00 Classical Music	
	7 9:30 Joel Osteen Church 10:30 Noodle Ball 1:00 Trivia 2:00 Laughs w/ Snacks 3:00 Movie of the Day 6:00 Music for the Soul	8 9:45 Singalong 10:30 Seated Tai Chi -AL 12:30 Daily Devotion 2:00 France Flag Painting- AW 6:00 Relaxing Music	9 9:45 Sit N Be Fit 10:00 Catholic Service 1:00 Spa Day 2:00 Snacks & Holiday Stories 3:00 Big Kerplunk Game 6:00 Calming Music	10 9:45Sit N Be Fit 10:00 Snacktivity (Peanut Butter & Fudge) 1:00 Bingo w/ Cocoa 3:30 Balloon Volleyball 6:00 Music Meditation	11 9:45 Sit N Be Fit 10:30 DIY Holiday T-shirts 1:00 Traveling France 2:00 Happy Hour w/ Jonathan 3:00 I love Lucy Show 6:00 Santa Drive-Thru	12 9:45 Sit N Get Fit 10:30 Hand Massage 1:00 Bucket Toss 2:00 Violin Recital -AL 3:30 Traveling France 6:00 Soothing Melodies	13 10:00 Sit N Be Fit 1:30 Daily Chronicles 2:00 Snacks N Chats 3:00 Crossword 6:00 Classical Music
	14 9:30 Joel Osteen Church 10:30 Noodle Ball 1:00 Trivia 2:00 Laughs w/ Snacks 3:00 Movie of the Day 6:00 Music for the Soul Hanukkah Begins	15 9:45 Sit N Be Fit 12:30 Daily Devotion 1:00 Moovin & Groovin w/ Zmira 1:30 Big Bingo -AL 2:00 Traveling France 6:00 Merry & Bright Drive	16 9:45 Sit N Be Fit 10:00 Catholic Service 10:30 Ornament Painting 1:00 Nail Care 3:00 Puzzle Time 6:00 Thelma & Louise Movie Time	17 10:00 Dance Therapy 12:00 Snacktivity (Walking Apple Pies) 1:00 Bingo w/ Cocoa 3:30 Traveling France 5:00 Family Holiday Dinner	18 9:45 Sit N Be Fit 1:00 Drive Around Town 1:00 Ice Cream Social 2:00 Caroling w/ Carly & Crew 3:30 Junk Drawer Detective	19 UGLY SWEATER DAY 9:00 Sit N Be Fit 10:30 Ballroom Dancing 1:00 Holiday Painting 2:00 New Resident Welcome Party w/ The Ukelele Drifters 6:00 Music Meditation	20 10:00 Sit N Be Fit 1:30 Daily Chronicles 2:00 Snacks N Chats 3:00 Word Search 6:00 Classical Music
	21 9:30 Joel Osteen Church 10:30 Noodle Ball 1:00 Trivia 2:00 Laughs w/ Snacks 3:00 Movie of the Day 6:00 Music for the Soul Winter Begins	22 9:45 Sit N Be Fit 10:30 Sing A Long 1:30 Daily Devotion 2:00 Traveling France 3:00 Painting Owls (Owl's Day) 6:00 Relaxing Music	23 9:45 Sit N Be Fit 10:00 Catholic Service 10:30 Noodle Ball 1:00 Nail Care 3:00 Puzzle Time 6:00 Music Meditation	24 9:45 Sit N Be Fit 10:00 Snacktivity (Holiday Cookies) 1:00 Bingo w/ Cocoa 2:00 Zumba w/ Zmira 6:00 Music Meditation	25 	26 9:45 Sit N Be Fit 10:30 Hanukkah Craft 1:00 Pet Therapy 2:00 Happy Hour w/ Tina 3:30 Junk Drawer Detective 6:00 Sentimental Music Boxing Day (Canada) Kwanzaa Begins	27 10:00 Sit N Be Fit 1:30 Daily Chronicles 2:00 Snacks N Chats 3:00 Crossword 6:00 Classical Music
	28 9:30 Joel Osteen Church 10:30 Noodle Ball 1:00 Trivia 2:00 Laughs w/ Snacks 3:00 Movie of the Day 6:00 Music for the Soul	29 9:45 Sit N Be Fit 10:30 Noodle Ball 1:30 Daily Devotion 2:30 Traveling France 3:00 Junk Drawer Detective 6:00 Relaxing Music	30 9:45 Sit N Be Fit 10:00 Catholic Service 10:30 Singing w/ Friends 1:00 Men's Spa Day 2:00 Snacks & Nature Stories 3:00 Big Kerplunk Game	31 9:45 Sit N Be Fit 10:00 Vision Board Craft 12:00 New Years Countdown & Birthday Bash 1:00 Traveling France 3:00 Puzzle Time New Year's Eve	December 2025 Memory Care 		

ALL ACTIVITIES ARE SUBJECT TO CHANGE DUE TO RESIDENT'S NEEDS ☺