

# February 2025



## ASSISTED LIVING & MEMORY CARE

All Activities are held on the 2nd floor in the Activity Room unless indicated below: L- Library \$ - Money Needed B- Bistro D/R- Dining Room A/R- Activity room M/C- Memory Care

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						10:00 Morning News 1 10:30 Let's Play Dominoes <b>1:00 Bingo w/ Aaliyah</b> 2:30 Snacks & Laughs 3:00 History of Valentines Day Article
<b>Groundhog Day</b> 2 10:00 This Day in History <b>10:30 Think Tank – Intellectual Wellness</b> 1:00 Color Craze: Groundhog Edition 2:30 Snacks & Laughs 3:00 Daily Chronicle	10:00 Fit Fab Fun 3 <b>10:30 Art Class w/ Howard</b> 1:00 Daily Devotions – Purposeful Wellness 2:00 Bible Study w/ Howard <b>3:00 Custom Coffee Cart</b> 3:30 Readers Theater: The Wedding	9:00 Fit Fab Fun 4 10:00 Catholic Service (B) – Spiritual Wellness 1:00 Bingo w/ Norma <b>2:00 Shopping at Publix (\$)</b> <b>3:00 Mental Health Article w/ Sharon</b> 3:30 Book Club (L)	10:00 Fit Fab Fun 5 10:30 Gardening Flowers – Environmental Wellness <b>1:00 Women's Spa Group</b> <b>2:00 Around the World: DIY Volcano Craft</b> <b>3:30 Bingo &amp; Songs w/ St. Stephens Church</b>	<b>10:00 Music Instrumix Therapy</b> 6 <b>10:30 Around the World: Iceland Documentary</b> 1:00 Bingo w/ Norma <b>2:00 Happy Hour w/ Ginger</b> 3:00 February Monthly Gazette 3:30 Daily Chronicle	<b>National Wear Red Day</b> 7 10:00 Fit Fab Fun <b>10:30 Ballroom Dance w/ Joe</b> <b>1:15 YMCA Bingo</b> 3:00 Rummikub Tournament <b>4:30 Around the World: A Taste of Iceland w/ Sheily</b>	10:00 Morning News 8 10:30 Daily Chronicle Read Circle 1:00 Bingo w/ Alice 2:30 Snacks & Laughs 3:00 Axe Throwing 3:30 Front Porch w/ Friends
10:00 This Day in History 9 10:30 Fit Fab Fun 1:30 Clay Conversation Hearts <b>2:00 Girl Scouts Valentines Visit</b> 2:30 Snacks & Laughs 3:00 Puzzle Partners	10:00 Fit Fab Fun 10 <b>10:30 Inspirational Talk w/ Dr. Rubin - Intellectual Wellness</b> 1:00 Daily Devotions 2:00 Bible Study w/ Howard <b>3:00 Creative Cocktails w/ Aaliyah: Blue Lagoon Cocktail</b> 3:30 Color Craze: Fairies & Elves	9:00 Fit Fab Fun 11 10:00 Catholic Service (B) 1:00 Bingo w/ Norma <b>2:00 Shopping at Walmart (\$)</b> 3:00 Readers Theater: Romances to Remember <b>3:30 Men's Beer Tasting Group</b>	10:00 Fit Fab Fun 12 10:30 Aroma Therapy & Massages <b>1:00 Around the World: History of Iceland Video</b> <b>2:00 Sweetheart Dance/ Happy Hour with Elvis- Emotional Wellness</b> 3:00 Bridge w/ Anita	<b>10:00 Dance Therapy- Physical Wellness</b> 13 <b>10:30 Around the World: Paint the Icelandic Flag</b> 1:00 Bingo w/ Norma <b>2:00 Deo's Valentines Day Happy Hour &amp; Birthday Bash</b> <b>3:00 VIP Resident Welcome</b>	<b>Valentine's Day</b> 14 10:00 Fit Fab Fun 10:30 Valentine Cards for Friends & Family <b>1:00 Bingo w/ Aaliyah (8 Games)</b> 2:00 Manicures & Nail Care 3:00 Valentines Snack Social	10:00 Morning News 15 10:30 Let's Play Chess 1:00 Bingo w/ Alice 2:30 Snacks & Laughs <b>3:30 Around the World: Traditional Icelandic Foods Article</b>
10:00 This Day in History 16 10:30 Mancala 1:00 Sudoku Puzzles 2:30 Snacks & Laughs 3:00 Chutes & Ladders 3:30 Daily Chronicle	<b>Presidents Day</b> 17 10:00 Fit Fab Fun <b>10:30 Passport Stickers: Iceland</b> 1:00 Daily Devotions 2:00 Bible Study w/ Howard 3:00 Presidential Puzzles 3:30 Daily Chronicle	<b>National Drink Wine Day</b> 18 9:00 Fit Fab Fun 10:00 Catholic Service (B) 1:00 Bingo w/ Norma <b>2:00 Shopping at Dollar General Market (\$)</b> <b>3:00 Movie Matinee (L)</b> 4:30 Topsy Tuesday	10:00 Fit Fab Fun 19 10:30 Technology Tips w/ Miguel <b>11:00 Lunch Bunch (\$)</b> <b>1:00 Around the World: Iceland Climate &amp; Culture Article</b> <b>2:00 Zumba w/ Zmira</b> 3:00 Bridge w/ Anita 4:30 Wine Down Wednesday	<b>National Muffin Day</b> 20 <b>10:00 Music Instrumix Therapy</b> 10:30 Mancala 1:00 Bingo w/ Norma <b>2:00 Ukelele Drifters (Memory Care) – Social Wellness</b> <b>3:30 Snack: Fresh Brown Sugar Chocolate Chip Muffins</b>	<b>National Caregivers Day</b> 21 10:00 Fit Fab Fun <b>10:30 Ballroom Dance w/ Joe</b> <b>1:00 Around the World: Pasta Snowflakes</b> <b>2:00 Trivia w/ Pam: Presidents Edition</b> <b>3:30 Mementos &amp; Memories</b>	10:00 Morning News 22 10:30 Candyland 1:00 Bingo w/ Alice 2:30 Snacks & Laughs 3:00 Daily Chronicle 3:30 Front Porch w/ Friends
10:00 This Day in History 23 10:30 Daily Chronicle Read 1:00 Readers Theater: Be My Valentine 2:30 Snacks & Laughs 3:00 Front Porch w/ Friends	<b>National Tortilla Chip Day</b> 24 10:00 Fit Fab Fun 10:30 Manicures & Nail Care 1:00 Daily Devotions 2:00 Bible Study w/ Howard <b>3:00 ED: Monday Mocktails w/ Kris (B): Guacamole &amp; Chips with a Malt</b>	9:00 Fit Fab Fun 25 10:00 Catholic Service (B) – Spiritual Wellness 1:00 Bingo w/ Norma <b>2:00 Shopping at Target (\$)</b> <b>3:00 Around the World: Discover Icelandic Music</b>	10:00 Morning Exercise w/ Cocoa (In Memory Care) 26 10:30 Tabletop Games <b>1:00 Extra Long Bingo w/ Cocoa</b> 3:00 Bridge w/ Anita 3:30 Daily Chronicle 4:30 Wine Down Wednesday	<b>10:00 Dance Therapy- Physical Wellness</b> 27 10:30 Puzzle Partners 1:00 Bingo w/ Norma <b>2:00 January Resident Town Hall</b> <b>5:00 Chili Cookoff Event (D/R)</b>	10:00 Morning Exercise w/ Cocoa (In Memory Care) 28 <b>10:30 Around the World: Learn the Icelandic Language Article</b> <b>1:00 Pet Therapy</b> 2:00 Readers Theater: Battle of the Sexes 3:00 Daily Chronicle	

