

# JANUARY 2025

# Academy Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>LOCATION KEY:</b> Activity Room – AR Lobby Room- LR Green Tea Café – GTC Country Kitchen – CK Library - LB Upstairs Balcony Table - 2FL	<b>COLOR CODE KEY:</b> <b>RED – LIVE MUSIC</b> <b>ORANGE- TAKE OUT FOOD</b> <b>PINK- RESIDENT COUNCIL</b> <b>BLUE- OUTINGS</b> <b>GREEN-NAT'L PARKS</b> <b>PURPLE– SPECIAL EVENTS</b>	<b>Resident Birthdays</b> Manuel N. 1/1 Nancy G. 1/2 Susan W. 1/4 Ollie G. 1/22 Peggy B. 1/24	<b>1</b> 10:30 Chair Exercises - LR 10:30 Bible Study Debbie CK 11:00 NYE Resolutions– AR 11:30 Xmas Clean Up– LR 2:15 BINGO \$\$- AR 3:30 Movie: Safe Haven– AR 7:00 Left, Right, Center– AR	<b>2</b> 9:45 Coffee and Movie: The Parent Trap– AR 11:15 Xmas Clean Up- AR 2:15 BINGO \$\$ - AR 3:30 Happy Hour - AR 7:00 Left, Right, Center \$ AR	<b>3</b> 9:45 Coffee Chat - GTC 10:45 Resistant Exercises AR 11:30 Xmas Clean Up– LR 2:15 BINGO \$\$ - AR 3:30 Karaoke– AR 7:00 Sequence– AR	<b>4</b> 9:45 Chair Volleyball– LR 10:00 Bible Study Group -AR 11:00 Karaoke - AR 2:15 BINGO \$\$ - AR 3:30 Hot Cocoa Bar– CK 7:00 Movie Night: Best of Me- AR
<b>5</b> 9:45 Outdoor Walk– LR 10:00 Catholic Service- AR 11:00 Left, Right, Center AR 2:15 Daytime Movie: Honey I Shrunk The Kids: AR 3:30 ICE CREAM - GTC 7:00 Go Fish Card Game AR	<b>6</b> <b>9:00 WALMART OUT \$</b> 10:00 Making Name Bracelets -AR 11:00 Chair Yoga - AR 2:15 BINGO \$\$ - AR 3:30 Happy Hour - AR 7:00 Puzzles - AR	<b>7</b> 10:00 Chi-Kung - AR 10: 45 BINGO \$\$ - AR 10:45 Candy Bingo MC <b>2:15 Dining Meeting- AR</b> <b>3:30 SINGING CONCERT : JOE – LR</b> 4:45 Men’s Pizza Party - AR	<b>8</b> 9:30 Chair Exercises - LR 10:30 Bible Study Debbie CK 11:00 Hand Massages - AR 2:15 BINGO \$\$- AR 3:30 Wine Wednesday– AR 4:30 Dancing W/ The Stars– AR	<b>9</b> <b>9:45 Activity Meeting: AR</b> 10:45 Weight Exercises - AR <b>11:00 CROOKED CAN OUT \$\$</b> 2:15 BINGO \$\$ - AR 3:30 Happy Hour- AR 7:00 Left, Right, Center \$ AR	<b>10</b> 9:45 Coffee Chat - GTC 10:45 Resistant Exercises AR <b>11:45 Brazil Head Dress– AR</b> 2:15 BINGO \$\$ - AR <b>3:30 Cook: Brazil Cream Cheese– CK</b> 7:00 Dominoes - AR	<b>11</b> <b>9:15 FARMER’S MARKET OUT \$\$</b> 10:00 Bible Study Group- AR 11:00 Karaoke– AR 2:15 BINGO \$\$ - AR 3:30 Hot Cocoa Bar– CK 7:00 Movie: Next Karate Kid
<b>12</b> 10:00 Kickball Game - LR 10:00 Catholic Service-AR 11:00 Left, Right, Center\$AR 2:15 Diners, Drive Ins, Dives Show – AR 3:30 Icee Pop Treat - GTC 7:00 Old Maid Game AR	<b>13</b> <b>9:00 PUBLIX OUT \$</b> 10:00 Manicure Monday- AR 11:00 Chair Yoga - AR 2:15 BINGO \$\$ - AR 3:30 Happy Hour - AR 7:00 Rummikub - AR	<b>14</b> 10:00 Chi-Kung - AR 10:45 BINGO \$\$ - AR 10:45 Candy Bingo MC <b>2:15 Town Hall &amp; ED – AR</b> <b>3:30 GUITAR CONCERT: ANDY– AR</b> <b>4:45 TAKE OUT TUES \$ AR</b>	<b>15</b> 9:30 Chair Exercises - LR 10:30 Bible Study Debbie CK 11:00 Rummikub– AR 2:15 BINGO \$\$ - AR 3:30 Wine Wednesdays - AR 4:30 Dancing W/ The Stars– AR	<b>16</b> 9:45 Coffee Chat - GTC 10:30 Weight Exercises - AR 11:00 Sequence– AR 2:15 BINGO \$\$ - AR <b>3:30 MOVIE THEATER \$\$</b> 7:00 Left, Right, Center \$ AR	<b>17</b> 9:45 Coffee Chat - GTC 10:45 Resistant Exercises AR <b>11:45 Brazil Shakers- AR</b> 2:15 BINGO \$\$ - AR <b>3:30 Cooking: Brazil Lemonade– CK</b> 7:00 Dominoes - AR	<b>18</b> 9:45 Chair Volleyball– LR 10:00 Bible Study Group- AR 11:00 Karaoke - AR 2:15 BINGO \$\$ - AR 3:30 Hot Cocoa Bar– CK 7:00 Movie Night: Because I Said So – AR
<b>19</b> 10:00 Outdoor Walk - LR 10:00 Catholic Service - AR 11:00 Left, Right, Center\$AR 2:15 : Family Feud Show– AR 3:30 Ice Cream Treat - GTC 7:00 Rummy Card Game AR	<b>20</b> <b>9:00 DOLLAR TREE OUT \$</b> 10:00 Story Game– AR 11:00 Chair Yoga– AR 2:15 BINGO \$\$ - AR 3:30 Happy Hour - AR 7:00 Puzzles - AR	<b>21</b> 10:00 Chi-Kung - AR 10:45 BINGO \$\$ - AR 10:45 Candy Bingo MC <b>2:15 Nursing Meeting - AR</b> 3:30 Dominoes– AR 5:15 Women Pizza Party AR	<b>22</b> 9:30 Chair Exercises - LR 10:30 Bible Study Debbie CK 11:00 Cooking Corn Salad– AR 2:15 BINGO \$\$ -AR 3:30 Wine Wednesday– AR 4:30 Dancing W/ Stars– AR	<b>23</b> <b>9:15 CHURCH AT THE CROSS OUTING</b> 10:30 Weight Exercises - AR 11:00 Go Fish Game– AR 2:15 BINGO \$\$– LR 3:30 Happy Hour - LR 7:00 Left, Right, Center \$ AR	<b>24</b> 9:45 Coffee Chat - GTC 10:45 Resistant Exercises AR <b>11:45 Brazil Masks - AR</b> 2:15 BINGO \$\$ - AR <b>3:30 Cooking: Brazil Coconut Kisses– CK</b> 7:00 Dominoes- AR	<b>25</b> 9:45 Chair Volleyball– LR 10:00 Bible Study Group- AR 11:00 Karaoke– AR 2:15 BINGO \$\$ - AR 3:30 Hot Cocoa Bar– CK 7:00 Movie Night: A Family Affair– AR
<b>26</b> 10:00 Kickball Game - LR 10:00 Catholic Service - AR 11:00 Left, Right, Center\$AR 2:15 Masked Singer Show- AR 3:30 Popsicles - GTC 7:00 War Card Game AR	<b>27</b> <b>9:00 ALDI OUT \$</b> 10:00 Manicure Monday– AR 11:00 Chair Yoga- AR 2:15 BINGO \$\$ - AR <b>3:30 PIANO CONCERT: HARRY– LR</b> 7:00 Rummikub - AR	<b>28</b> 10:00 Chi-Kung - AR 10:45 BINGO \$\$ - AR 10:45 Candy Bingo MC <b>2:15 Maintenance Meet- AR</b> 3:30 Family and Friends Happy Hour– LR 7:00 Puzzles– AR	<b>29</b> 9:30 Chair Exercises - LR 10:30 Left, Right, Center \$\$- AR 11:00 Hand Massages– AR 2:15 BINGO \$\$ - AR 3:30 Wine Wednesday– AR 4:30 Dancing W/ Stars– AR	<b>30</b> 9:45 Coffee Chat - GTC 10:30 Weight Exercises– AR <b>11:00 KOBE OUT \$\$</b> 2:15 BINGO \$\$ - LR <b>3:30 PIANO CONCERT: JOE - LR</b> 7:00 Left, Right, Center \$ AR	<b>31</b> 9:45 Coffee Chat - GTC 10:45 Resistant Exercises AR <b>11:45 Flamingo Craft- AR</b> 2:15 BINGO \$\$ - AR <b>3:30 Cooking Brazil Fudge Bites: –CK</b> 7:00 Dominoes- AR	