

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February 2024

## SPIRIT

Black History Month

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9:30 Morning Exercise  
10:00 Coffee & BHM Trivia  
11:00 Puzzles  
2:30 Snack & Ball Toss  
4:00 Guess Who? BHM Edition  
6:00 Westerns

9:30 Morning Yoga  
10:00 Hot Chocolate & National Park Trivia  
11:00 Activity Sheets  
2:30 Snack & Recharge  
4:00 Kentucky Outlaw Recipe  
6:00 Game Shows  
Groundhog Day

9:30 Morning Walk  
10:00 Coffee & Daily Chronicles  
11:00 Ball Toss  
2:30 Snack & Recharge  
4:00 Bingo  
6:00 Favorite Movie

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9:30 Weekly Reflection  
10:00 Spiritual Service  
11:00 Morning Exercise  
2:15 Music w/ Deanna-LR  
4:00 Ice Cream  
6:00 Bible stories

9:30 Morning Exercise  
10:00 Coffee in the Garden  
11:00 Breakfast Trivia  
2:30 Snack & Recharge  
4:00 Bingo  
6:00 Westerns

9:30 Morning Stretch  
10:00 Coffee & Chat  
11:00 Card Games  
2:30 Snack & Trivia  
4:00 Finger Painting  
6:00 Games Shows

9:30 Morning Walk  
10:00 Coffee & Daily Chronicles  
11:00 Valentines Crafts  
2:30 Wine Down Wednesday  
4:00 Coloring Pages  
6:00 Tv Shows

9:30 Morning Yoga  
10:00 Coffee Social  
11:00 Junk Detective  
2:30 Snack & Recharge  
4:00 Art Therapy  
6:00 Movie Elf

9:30 Morning Stretch  
10:00 Hot Chocolate & Daily Chronicles  
11:00 Coloring Pages  
2:30 Lets Make S'mores  
4:00 BHM-Harlem Renaissance  
6:00 Walker Texas Ranger

9:30 Morning Stretch  
10:00 Coffee & Chat  
11:00 True or False?  
2:30 Snack & Recharge  
4:00 Puzzles  
6:00 Westerns  
Chinese New Year (Year of the Dragon)

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Mardi Gras Party!!

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Valentines Day

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9:30 Weekly Reflection  
10:00 Spiritual Service  
11:00 Morning Stretch  
2:15 Music w/ Jill-LR  
4:00 Root Beer Floats  
6:30 Superbowl Sunday

9:30 Morning Yoga  
10:00 Coffee & Daily Chronicles  
11:00 Card Games  
2:30 Snack & Ball Toss  
4:00 Mammoth Cave Trivia  
6:00 I love Lucy

9:30 Morning Exercise  
10:00 Coffee & Mardi Gras Trivia  
11:00 Activity Sheets  
2:30 Taco Tuesday  
4:00 Bingo  
6:00 Classic Movies  
Mardi Gras

9:30 Morning Stretch  
10:00 Coffee & Trivia  
11:00 Valentines Day Cookies  
2:30 Wine Down Wednesday  
4:00 Valentines Day Stories  
6:00 The Notebook  
Valentine's Day

9:30 Morning Walk  
10:00 Coffee & Trivia  
11:00 Joke of The Day  
2:30 Snack & Recharge  
4:00 Puzzles  
6:00 Parent Trap

9:30 Morning Walk  
10:00 Coffee Social  
11:00 Presidents Day Trivia  
2:30 Snack & Activity Sheets  
4:00 Bingo  
6:00 Favorite Movie

9:30 Morning Walk in the Garden  
10:00 Coffee & Daily Chronicles  
11:00 BHM Puzzles  
2:30 Snack & Recharge  
4:00 Bingo  
6:00 Lawrence Welk

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9:30 Weekly Reflection  
10:00 Spiritual Service  
11:00 Morning Yoga  
2:15 Music w/ Mike-LR  
4:00 Hot Chocolate  
6:00 Westerns

9:30 Morning Stretch  
10:00 Coffee & Trivia  
11:00 Puzzles  
2:30 Snack & Recharge  
4:00 Activity Sheets  
6:00 Game Shows  
Presidents' Day

9:30 Move & Groove  
10:00 Coffee Social  
11:00 Puzzles  
2:30 Snack & Ball Toss  
4:00 Rice Krispie's w/ Kim  
6:00 Westerns

9:30 Move & Groove  
10:00 Coffee & Group Chat  
11:00 Word Search  
2:30 Wine Down Wednesday  
4:00 Name that Tune  
6:00 Walker Texas Ranger

9:30 Morning Stretch  
10:00 Coffee in the Garden  
11:00 Coloring Pages  
2:30 Snack & Recharge  
4:00 Bingo  
6:00 Black Panther

9:30 Morning Exercise  
10:00 Hot Chocolate & Puzzles  
11:00 Daily Chronicles  
2:30 Snack in the Garden  
4:00 Ball Toss  
6:00 Lawrence Welk

9:30 Morning Exercise  
10:00 Coffee & Trivia  
11:00 Coloring Pages  
2:30 Relax & Recharge  
4:00 Baking Cookies  
6:00 Favorite Movie

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9:30 Weekly Reflection  
10:00 Spiritual Service  
11:00 Morning Walk  
2:15 Music w/ Company Players-LR  
4:00 Apple Cider  
6:00 I love Lucy

9:30 Morning Walk  
10:00 Coffee & Daily Chronicles  
11:00 Coloring Pages  
2:30 Snack & Recharge  
4:00 Bingo  
6:00 Westerns

9:30 Morning Walk  
10:00 Coffee & Joke of the Day  
11:00 Daily Chronicles  
2:30 Taco Tuesday  
4:00 Ball Toss  
6:00 Black & White Movie

9:30 Morning Exercise  
10:00 Coffee & Trivia  
11:00 Daily Chronicles  
2:30 Wine Down Wednesday  
4:00 Bingo  
6:00 Games Shows

9:30 Morning Yoga  
10:00 Coffee & Activity Sheets  
2:30 Snack & Recharge  
4:00 Art Therapy  
6:00 I love Lucy

