

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

NOVEMBER 2024



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| <p>9:30 Chair Yoga ³ 10:00 Sift and Sort Brain Booster 3:00 Chair Volleyball 7:00 Social Hour with Frank Sinatra</p> <p>Daylight Saving Time Ends</p> | <p>NATIONAL CANDY DAY ⁴ 9:30 Fit & Fun Exercise 10:00 Sitter Kickball 2:00 Fall Craft with E.D 4:30 Walking Club 7:00 Book Club</p> | <p>9:30 Chair Yoga ⁵ 10:00 Nature Stroll 3:00 Tabletop Games-Trouble 4:30 Music Trivia 7:00 Social Hour And Show Tunes</p> | <p>9:30 Chair Yoga ⁶ 10:30 Bingo with Robbie 11:45 Sift and Sort Brain Booster 3:00 Name that Tune 7:00 Tabletop Games</p> | <p>9:30 Fit & Fun Exercise ⁷ 10:00 Outing to the Hay House 11:45 Bucket Toss with the Prado Gents 3:00 Afternoon Craft 7:00 Music Trivia</p> | <p>NATIONAL JERSEY FRIDAY ⁷ 10:00 Bible Study with Traditions Hospice 10:30 Balloon Swat 11:00 Cooking with Chef Paige NP 3:00 Afternoon Walk 4:00 Party with The Beatles</p> | <p>9:30 Chair Yoga ² 10:00 Brainstorming 11:45 Movie Trivia 3:00 Chair Volleyball 4:30 Social Hour with Elvis Greatest Hits 7:00 Book Club</p> |
| <p>9:30 Chair Yoga ¹⁰ 10:00 Virtual Church Service 3:00 Brain Teaser and Puzzles 7:00 Social Hour with The Animals</p> | <p>9:30 Fit & Fun Exercise ¹¹ 10:00 Nature Stroll 3:00 Veterans Day Ceremony With Heartland Charles 4:30 Social Hour with Ray Charles 7:00 Daily Chronicle</p> <p>Veterans Day Remembrance Day (Canada)</p> | <p>10:00 Fit & Fun Exercise ¹² 10:30 Round Robin Story 11:00 Sitter Volleyball 3:00 Butterbean Auction with Chad 7:00 Daily Chronicles</p> | <p>9:30 Chair Yoga ¹³ 10:00 Meditative Painting 3:00 Tabletop Games Trouble 4:30 Social Hour with The Oak Ridge Boys 7:00 Daily Chronicles</p> | <p>NATIONAL FAMILY PJ DAY ¹⁴ 9:30 Fit & Fun Exercise 10:00 Elliott Farms 3:00 Daily Chronicles 7:00 Book Club</p> | <p>10:00 Fit & Fun Exercise ¹⁵ 10:30 Balloon Swat 11:00 Craft and Snacks Paige NP 3:00 Afternoon Walk 4:00 Party with The Beatles</p> | <p>9:30 Fit & Fun Exercise ¹⁶ 11:45 Cooking Trivia 3:00 Afternoon Craft 4:30 Daily Chronicles 7:00 Name that Tune</p> |
| <p>9:30 Chair Yoga ¹⁷ 10:00 Meditative Painting 3:00 Tabletop Games - Connect Four 7:00 Cinema and Popcorn with Trivia</p> | <p>9:30 Fit & Fun Exercise ¹⁸ 10:00 Brain Booster 11:00 Music with Wanda and Sharon 3:00 Daily Chronicles 4:30 Nature Stroll 7:00 Social Hour with Dion Dimucci</p> | <p>9:30 Chair Yoga ¹⁹ 10:00 Brain Booster 3:00 Hot Cocoa and Wellness Chat with Barbara 4:30 Nature Stroll 7:00 Daily Chronicles</p> | <p>9:30 Chair Yoga ²⁰ 10:00 Brainstorming 11:45 Thanksgiving Trivia 3:00 Chair Volleyball 4:30 Social Hour with Elvis Greatest Hits 7:00 Book Club</p> | <p>9:30 Chair Yoga ²¹ 10:00 Tour Around Historical Macon 3:00 Book Club 4:30 Daily Chronicles 7:00 Brain Teaser and Puzzles</p> | <p>9:30 Fit & Fun Exercise ²² 10:00 Dear Abby 10:30 Spa Day 3:00 Afternoon craft 7:00 Music Trivia</p> | <p>9:30 Chair Yoga ²³ 10:00 Brain Teaser Painting 3:00 Tabletop Games - Sorry 4:30 Cinema and Popcorn 7:00 Daily Chronicles</p> |
| <p>9:30 Chair Yoga ²⁴ 10:00 Virtual Church Service 11:45 Brain Booster 3:00 Daily Chronicles 7:00 Name that Tune</p> | <p>9:30 Fit & Fun Exercise ²⁵ 10:00 Brain Booster 12:00 Thanksgiving Family Luncheon 3:00 Social Hour 200 Hall with The Platters 7:00 Daily Chronicles</p> | <p>10:30 Fit & Fun Exercise ²⁶ 10:00 Arts and Crafts NP 4:30 Mix and Mingle on 100 Hall with Bill Haley 7:00 Brain Teaser and puzzles</p> | <p>10:00 Fit & Fun Exercise ²⁷ 10:30 Scenery outing 11:00 Punch and cookies 2:00 Ball Toss 3:00 Mix and Mingle 7:00 Game show on T.V.</p> | <p>10:00 Fit & Fun Exercise ²⁸ 10:30 Brain Teaser Trivia 2:00 Tour Around New Macon 3:00 Mix and Mingle with Mary Ford</p> <p>Thanksgiving Day</p> | <p>10:00 Fit & Fun Exercise ²⁹ 10:30 Arts & Crafts NP 2:00 Birthday Celebrations 3:00 Mix and Mingle with Doo Wop Oldies 7:00 Game show on T.V.</p> | <p>9:30 Chair Yoga ³⁰ 10:00 Brain Teaser Painting 3:00 Tabletop Games - UNO 4:30 Cinema and Popcorn with Trivia 7:00 Daily Chronicles</p> |

Schedule subject to change. NATIONAL PARK-Yellowstone