Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Fit & Fun Exercise 1 10:30 Hot Coco & 2:00 Tabletop Games - Sorry Brain Booster 3:00 Social Hour with The Animals 7:00 Book Club	9:30 Chair Yoga 10:00 Nature Stroll 3:00 Tabletop Games- Connect Four 4:30 Music Trivia 7:00 Social Hour And Show Tunes	9:30 Chair Yoga 10:00 Brainstorming 11:45 Movie Trivia 3:00 Chair Volleyball 4:30 Social Hour with Buddy Holly 7:00 Book Club	9:30 Fit & Fun Exercise 4 10:00 Brain Teaser and puzzles NP 4:30 Mix and Mingle on 100 hall with Bill Haley 7:00 Dear Abby	9:30 Fit & Fun Exercise 10:00 Christmas Tin Foil Ornaments NP 2:00 Trip To Walmart Christmas Shopping 7:00 Daily Chronicles	9:30 Chair Yoga 10:00 Bible Study with Traditions Hospice 11:45 Daily Chronicles 3:40 Sitter Volleyball 4:30 Brain Teaser Painting 7:00 Tabletop Games	9:30 Chair Yoga 10:00 Brainstorming 11:45 Movie Trivia 3:00 Chair Volleyball 4:30 Social Hour with Ray Charles Greatest Hits 7:00 Book Club
9:30 Chair Yoga 10:00 Meditative Painting 3:00 Tabletop Games - Candyland 7:00 Cinema and Popcorn with Trivia	9:30 Chair Yoga 10:30 Bingo with Robbie 11:45 Sift and Sort Brain Booster 3:00 Name that Tune 7:00 Tabletop Games	9:30 Chair Yoga 10:00 Brain Teaser Painting 3:00 Cinema and Popcorn with Trivia "Love in Glacier" NP 7:00 Daily Chronicles	10:00 Fit & Fun Exercise 1 10:30 Balloon Swat 11:00 Morning Crafts 3:00 Afternoon Walk 4:00 Social Hour with Ben King 7:00 Game Shows On T.V.	9:30 Fit & Fun Exercise 12 10:00 Daily Chronicles 11:00 Making Christmas cookies with E.D 3:00 Dear Abby 4:30 Walking Club 7:00 Music Trivia	9:30 Chair Yoga 10:00 Brain Booster 11:00 Meditative Painting 3:00 Hot Cocoa and Social Hour with Perry Como 7:00 Daily Chronicles	12 DAYS OF CHRISTMAS 10:00 Fit & Fun Exercise 10:30 Brain Teaser Painting 2:00 Daily Chronicles 3:00 Mix and Mingle with Brenda Lee
9:30 Chair Yoga 10:00 Brainstorming 11:45 Bible Trivia 3:00 Chair Volleyball 4:30 Social Hour with Elvis greatest hits 7:00 Book Club	10:00 Fit & Fun Exercise 11:00 Music with Wanda and Sharon 3:00 Daily Chronicles 4:30 Nature Stroll 7:00 Social Hour with Andy Williams	9:30 Fit & Fun Exercise 10:00 Sitter Kickball 2:00 Christmas Craft with E.D 4:30 Walking Club 7:00 Book Club	9:30 Chair Yoga 18 10:00 Meditative Painting 3:00 Tabletop Games Trouble 4:30 Social Hour with Bill Haley & His Comets 7:00 Daily Chronicles	9:30 Fit & Fun Exercise 10:00 Music with Tara 3:00 Mix and Mingle with Mary Ford 7:00 Tour Around New Macon To View The Christmas Lights	9:30 Fit & Fun Exercise 10:00 Sitter Kickball 4:30 Mix and Mingle on 200 hall with Bob Seger 7:00 Brain Teaser and puzzles	9:30 Chair Yoga 21 10:00 Brain Teaser Painting 3:00 Tabletop Games - UNO 4:30 Cinema and Popcorn with Trivia 7:00 Daily Chronicles
9:30 Chair Yoga 22 10:00 Sift and Sort Brain Booster 3:00 Afternoon Craft 7:00 Social Hour with Frank Sinatra	9:30 Fit & Fun Exercise 23 10:00 Brain Booster 11:00 Resident Council Meeting 3:00 Sing -a- Long 4:30 Mix and Mingle on 200 hall 7:00 Daily Chronicles	9:30 Chair Yoga 24 11:45 Christmas Trivia 3:40 Sitter Volleyball 4:30 Brain Teaser Painting 7:00 Tabletop Games	9:30 Chair Yoga 10:00 Brain Booster 3:00 Christmas Cinema and Popcorn with Trivia 7:00 Daily Chronicles Hanukkah Begins Christmas	9:30 Fit & Fun Exercise 26 10:00 Nature Stroll 11:45 Making Brownies with Alicia 4:30 Social Hour with Ray Charles 7:00 Daily Chronicles Boxing Day (Canada) Kwanzaa	9:30 Fit & Fun Exercise ⁷ 10:00 Brain Booster 11:00 Sitter Kickball 3:00 Water Reflections Fold Painting NP 7:00 Social Hour with BB.King	9:30 Fit & Fun Exercise 11:45 Cooking Trivia 3:00 Afternoon Craft 4:30 Daily Chronicles 7:00 Name that Tune
9:30 Chair Yoga 10:00 Walking Club 11:45 Daily Chronicles 3:40 Sitter Volleyball 4:30 Brain Teaser Painting 7:00 Tabletop Games	10:00 Fit & Fun Exercise 10:30 Brain Booster 2:00 Birthday Celebrations 3:00 Mix and Mingle with Doo Wop Oldies 7:00 Game show on T.V.	9:30 Fit & Fun Exercise 31 10:00 Brain Booster 11:45 Bucket Toss with the Prado Gents 3:00 Daily Chronicles 7:00 Music Trivia	Sheeth of a Class room		BER 2	024