

MARCH 2026



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SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1
Morning Activities
Chair Stretches
Devotional/Hymns
Afternoon Activities
Life Stations
Jigsaw Puzzles

2
Morning Activities
Morning Movement
Jigsaw Puzzles
Afternoon Activities
Manicures
2:00 Music with Allen Russell
Afternoon Cinema

3 **Salon Day**
Morning Activities
Chair Exercises
10:30 Concert with Lady J
Brain Game: What's in the Word
Afternoon Activities
Bird Watchers – Make Feeders
Card Games
Decades: Invention or Not

4
Morning Activities
Activity Ball
Flower Stations
11:00 Ricky's Concert - JP
Afternoon Activities
Word Search Puzzles
Decades: Paper Airplanes

5
Morning Activities
Chair Exercises
10:00 Music Therapy w Shannon
License Plate Craft
Afternoon Activities
Checkers
Jigsaw Puzzles

6
Morning Activities
Chair Stretches
Decades Game: What's in the Word
Afternoon Activities
Lunch Outing – Flippin Egg
Pattern Games
Brain Challengers

7
Morning Activities
Card Games
Sing Alongs
Afternoon Activities
Brain Games
Memory Sharing

8 **Day Light Savings**
Morning Activities
Chair Stretches
Devotional/Hymns
Afternoon Activities
Life Stations
Jigsaw Puzzles

9
Morning Activities
Morning Movement
Afternoon Activities
Manicures
2:00 Music with Roland & friends
3:00 Coffee and Chat
Afternoon Cinema

10 **Salon Day**
Morning Activities
Chair Exercises
Brain Game: What's in the Word
Afternoon Activities
Bird Watchers
Card Games
Moving Outing: Solo Mio
Checkers

11
Morning Activities
Activity Ball
Decades: Beaded Jewelry
11:00 Ricky's Concert - JP
Afternoon Activities
Word Search Puzzles
Courtyard Conversations

12
Morning Activities
Chair Exercises
10:00 Men's Group w Enhabit
Winter What's in the Word
Afternoon Activities
Checkers

13
Morning Activities
Chair Stretches
Jigsaw Puzzles
Scenic Drive
Afternoon Activities
Pattern Games
2:30 Pet Therapy with Alliance of Therapy Dogs

14
Morning Activities
Card Games
Adult Coloring Sheets
Afternoon Activities
Movie Classic
Memory Sharing

15
Morning Activities
Chair Stretches
Devotional/Hymns
Afternoon Activities
Life Stations
Jigsaw Puzzles

16
Morning Activities
Morning Movement
Manicures
Board Games
Afternoon Activities
2:00 Music with Allen Russell
Afternoon Cinema

17 **Salon Day**
St Patrick's Day
Morning Activities
Chair Exercises
10:00 Guitar with Robert Reid
Afternoon Activities
Checkers
St Patty's Day Celebration
Card Games

18
Morning Activities
Activity Ball
11:00 Ricky's Concert – JP
Flower Bouquets
Afternoon Activities
Decades: 1920's Trivia
Memory Sharing

19 **Support Group 2:00**
Morning Activities
10 Shannon – Music Therapy
Basketball Tournament
Afternoon Activities
Famous Duos
Game Night

20
Morning Activities
Chair Stretches
Creative Cooks - Muffins
Afternoon Activities
Lunch Outing – Doc's Porchside
What's in the Word
Decades Game: Black Jack

21
Morning Activities
Card Games
Name that Tune
Afternoon Activities
Movie Classic
Brain Games

22
Morning Activities
Chair Stretches
Devotional/Hymns
Afternoon Activities
Life Stations
Jigsaw Puzzles

23
Morning Activities
Morning Movement
Seasonal Craft
Card Games
Afternoon Activities
Afternoon Cinema
Manicures

24 **Salon Day**
Morning Activities
Chair Exercises
Outing: Hope for Hooves 11-1
Crafters Corner
Afternoon Activities
Black Jack
3:00 Gwinn on the Piano

25
Morning Activities
Morning exercise
Easter Bunny Visits
Decades: Art Deco. Project
11:00 Ricky's Concert - JP
Afternoon Activities
Lunch Outing
Flower Arranging

26
Morning Activities
Chair Exercises
Easter Lunch
Afternoon Activities
Board Games
2:00 Coffee and Chat

27
Morning Activities
Chair Stretches
Jigsaw Puzzles
Outing: Columbia County Ballet
Decades Game: Dominoes
Afternoon Activities
Life Stations
Brain Teasers

28
Morning Activities
Card Games
Match the Lyrics
Afternoon Activities
Movie Classic
Memory Sharing

29
Morning Activities
Chair Stretches
Devotional/Hymns
Afternoon Activities
Life Stations
Jigsaw Puzzles

30
Morning Activities
Morning Movement
10:00 Morris Museum of Art
Manicures
Card Games
Afternoon Activities
Afternoon Cinema

31 **Salon Day**
Morning Activities
Chair Exercises
Brain Game: What's in the Word
Angelika -Art Therapy 10
Afternoon Activities
Bird Watchers
Basketball Tournament

March Birthdays
3/4 Nancy
3/9 Shamane
3/21 Mo
3/22 Jolee
3/23 Mary Kathryn

A Lot to Celebrate This Month!
3/2 Fun Facts About Names Day
Read Across America Day
3/6 Employee Appreciation Day
Nat'l Oreo Day
3/8 Int'l Women's Day
3/29 Palm Sunday
3/31 American Crossword Puzzle Day

Calendar Guide:
Decades : 1920s
Purple activities: volunteer led
Maroon – family events
Bold - outings

Daily Schedule
Morning Activities
9-12
Afternoon Activities
1-6:30
Schedule subject to change.