

FEBRUARY 2026



(706) 364.8701
2822 Knob Hill Farm Rd, Evans, GA 30809
MadisonHeightsEvans.com

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1
Morning Activities
Chair Stretches
Devotional/Hymns
Afternoon Activities
Life Stations
Jigsaw Puzzles

2
Morning Activities
Morning Movement
Jigsaw Puzzles
Afternoon Activities
Manicures
2:00 Music with Allen Russell
Afternoon Cinema

3 **Salon Day**
Morning Activities
Chair Exercises
Brain Game: What's in the Word
Afternoon Activities
Bird Watchers – Make Feeders
Moving Outing: David
Card Games

4
Morning Activities
Activity Ball
Hot Chocolate Bar
11:00 Ricky's Concert - JP
Afternoon Activities
Word Search Puzzles
Decades: Dominoes

5
Morning Activities
Chair Exercises
10:00 Music Therapy w Shannon
Afternoon Activities
Checkers
Jigsaw Puzzles

6
Morning Activities
Chair Stretches
What's in the Word
Afternoon Activities
Lunch Outing
Pattern Games
Brain Challengers

7
Morning Activities
Card Games
Sing Alongs
Afternoon Activities
Brain Games
Memory Sharing
Super Bowl Watch Party

8
Morning Activities
Chair Stretches
Devotional/Hymns
Afternoon Activities
Life Stations
Jigsaw Puzzles

9
Morning Activities
Morning Movement
DiY Pizza
Afternoon Activities
Manicures
2:00 Music with Roland & friends
3:00 Coffee and Chat
Afternoon Cinema

10 **Salon Day**
Morning Activities
Chair Exercises
Brain Game: What's in the Word
Afternoon Activities
Bird Watchers
Moving Outing: Wicked
Card Games

11
Morning Activities
Activity Ball
11:00 Ricky's Concert - JP
Afternoon Activities
Word Search Puzzles
Valentine's Cookie Decorating
Decades: Hand Painted Vases

12
Morning Activities
Chair Exercises
10:00 Men's Group w Enhabit
Winter What's in the Word
Afternoon Activities
12:30 Sweetheart Lunch
Checkers
3:00 Greenbrier NAHS Craft

13
Morning Activities
Chair Stretches
Jigsaw Puzzles
10:00 The Oaks School
Afternoon Activities
Pattern Games
Brain Challengers

14
Morning Activities
Card Games
Adult Coloring Sheets
Valentine's Carolers
Afternoon Activities
Movie Classic
Memory Sharing

15
Morning Activities
Chair Stretches
Devotional/Hymns
Afternoon Activities
Life Stations
Jigsaw Puzzles

16
Morning Activities
Morning Movement
Manicures
Board Games
Afternoon Activities
2:00 Music with Allen Russell
Afternoon Cinema

17 **Salon Day**
Morning Activities
Chair Exercises
10:30 Guitar with Robert Reid
Afternoon Activities
Checkers
Mardi Gras Celebration
Card Games

18 **Podiatrist Visit**
Morning Activities
Activity Ball
10:30 Craft with Bristol Hospice
11:00 Ricky's Concert - JP
Afternoon Activities
Decades: 1910's Trivia
Memory Sharing

19 **Support Group 2:00**
Morning Activities
Free Dancing
10 Shannon – Music Therapy
Afternoon Activities
Famous Duos
Game Night

20
Morning Activities
Chair Stretches
Creative Cooks - Muffins
Afternoon Activities
What's in the Word
Decades: Memory Sharing
2:00 Pet Therapy with Alliance of Therapy Dogs

21
Morning Activities
Card Games
Name that Tune
Afternoon Activities
Movie Classic
Brain Games

22
Morning Activities
Chair Stretches
Devotional/Hymns
Afternoon Activities
Life Stations
Jigsaw Puzzles

23
Morning Activities
Morning Movement
10:00 Morris Museum of Art
Manicures
Card Games
Afternoon Activities
Afternoon Cinema

24 **Salon Day**
Morning Activities
Chair Exercises
Crafters Corner
Afternoon Activities
Black Jack
Decades: Invention or Not
3:00 Gwinn on the Piano

25
Morning Activities
Morning exercise
Decades: Lace Bowl
11:00 Ricky's Concert - JP
Afternoon Activities
Lunch Outing
Flower Arranging
Jigsaw Puzzles

26
Morning Activities
Chair Exercises
Angelika -Art Therapy 10
Afternoon Activities
Board Games
2:00 Coffee and Chat

27
Morning Activities
Chair Stretches
Jigsaw Puzzles
Decades: Air Dry Pottery
Afternoon Activities
Life Stations
Brain Teasers

28
Morning Activities
Card Games
10-11:30 Read Across America
Match the Lyrics
Afternoon Activities
Movie Classic
Memory Sharing

Daily Schedule
Morning Activities
9-12
Afternoon Activities
1-6:30
Schedule subject to change.

Calendar Guide:
Decades : 1910s
Purple activities: volunteer led
Maroon – family events
Bold - outings

February Birthdays
2/2 Alonzo 2/22 Alan
2/10 Dorothy 2/24 Cindy
2/14 Judy P 2/27 Nikki
 2/28 Gloria
February Anniversaries
2/3 Chandla (1)
2/12 Lionel (2)

A Lot to Celebrate This Month!
2/2 Groundhog Day
2/3 Feed the Birds Day
2/7 Nat'l Send a Card to a Friend Day
2/9 Chocolate Day
2/14 Valentine's Day
2/17 Random Act of Kindness Day

2/17 Mardi Gras
2/18 Beginning of Lent / Ash Wednesday
2/20 Nat'l Caregiver Day
 Nat'l Muffin Day
2/26 Letter to an Elder Day