

JANUARY 2026



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SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Daily Schedule
Morning Activities
9-12
Afternoon Activities
1-6:30
Schedule subject to change.

Calendar Guide:
Decades : 1900s
Purple activities: volunteer
led
Maroon – family events
Bold - outings

January Birthdays
1/26 Beverly 1/29 Alice
1/26 Anita
January Anniversaries
1/3 Shai (1)
1/9 Tasha (2)
1/21 Varis (3)
1/30 Erica (7)

A Lot To Celebrate This Month!
1/1 Happy New Year!
1/4 Nat'l Trivia Day
1/11 Nat'l Pizza Week
1/15 MLK Birthday
1/19 Nat'l Popcorn Day
1/22 Nat'l Grandpa Day
1/31 Nat'l Hot Chocolate Day

1 Happy New Year!
Morning Activities
Chair Exercises
10:00 Music Therapy w Shannon
Afternoon Activities
Checkers
Jigsaw Puzzles

2
Morning Activities
Chair Stretches
10 Visit from Bunnies
What's in the Word
Afternoon Activities
Pattern Games
Brain Challengers

3
Morning Activities
Card Games
Sing Alongs
Afternoon Activities
Movie Classic
Brain Games
Memory Sharing

4
Morning Activities
Chair Stretches
Devotional/Hymns
Afternoon Activities
Life Stations
Jigsaw Puzzles

5
Morning Activities
Morning Movement
Jigsaw Puzzles
Afternoon Activities
Manicures
2:00 Music with Allen Russell
Afternoon Cinema

6 **Salon Day**
Morning Activities
Chair Exercises
Brain Game: What's in the Word
Afternoon Activities
Bird Watchers
Moving Outing: Wicked
Card Games

7
Morning Activities
Activity Ball
Craft: Bristol Hospice
11:00 Ricky's Concert - JP
Afternoon Activities
Word Search Puzzles
Decades: Jello Salad

8
Morning Activities
Chair Exercises
10:00 Men's Group w Enhabit
Winter What's in the Word
Afternoon Activities
Checkers
Jigsaw Puzzles

9
Morning Activities
Chair Stretches
Jigsaw Puzzles
Decades: Pressed Bookmarks
Afternoon Activities
Pattern Games
Brain Challengers

10
Morning Activities
Card Games
Adult Coloring Sheets
Afternoon Activities
Movie Classic
Memory Sharing

11
Morning Activities
Chair Stretches
Devotional/Hymns
Afternoon Activities
Life Stations
Jigsaw Puzzles

12
Morning Activities
Morning Movement
Manicures
Board Games
Afternoon Activities
2:00 Music with Roland & friends
Afternoon Cinema

13 **Salon Day**
Morning Activities
Chair Exercises
10:00 Art with Angelika
Afternoon Activities
Checkers
2:00 Coffee & Chat with MSA
Card Games

14 **Podiatrist Visit**
Morning Activities
Activity Ball
Crafters Corner
11:00 Ricky's Concert - JP
Afternoon Activities
Decades: Ice Cream Bar
Memory Sharing

15 **Support Group 2:00**
Morning Activities
Free Dancing
10 Shannon – Music Therapy
DiY Pizzas
Afternoon Activities
Famous Duos
Game Night

16
Morning Activities
Chair Stretches
Decades: Memory Sharing
Afternoon Activities
What's in the Word
Bird Watchers
2:00 Pet Therapy with Alliance of Therapy Dogs

17
Morning Activities
Card Games
Name that Tune
Afternoon Activities
Movie Classic
Brain Games

18
Morning Activities
Chair Stretches
Devotional/Hymns
Afternoon Activities
Life Stations
Jigsaw Puzzles

19 **MLK Day**
Morning Activities
Morning Movement
Manicures
Card Games
Afternoon Activities
2:00 Music with Allen Russell
Afternoon Cinema

20 **Salon Day**
Morning Activities
Chair Exercises
10:30 Guitar with Robert Reid
Crafters Corner
Afternoon Activities
Black Jack
Decades: Crayon Art

21
Morning Activities
Morning exercise
Decades: Jello Salad
11:00 Ricky's Concert - JP
Afternoon Activities
Flower Arranging
Jigsaw Puzzles

22
Morning Activities
Chair Exercises
Angelika -Art Therapy 10
Afternoon Activities
Board Games
Coffee and Chat 2:00

23
Morning Activities
Chair Stretches
Jigsaw Puzzles
Decades: Postcards
Afternoon Activities
Life Stations
Brain Teasers

24
Morning Activities
Card Games
Match the Lyrics
Afternoon Activities
Movie Classic
Memory Sharing

25
Morning Activities
Chair Stretches
Devotional/Hymns
Afternoon Activities
Life Stations
Jigsaw Puzzles

26
Morning Activities
Chair Soccer
Brain Game: What's in the Word
Outing: Connections with Art
Afternoon Activities
Manicures
2:00 4 Square Church

27 **Salon Day**
Morning Activities
Chair Exercises
Crafters Corner
Afternoon Activities
Black Jack
3:00 Gwinn on Piano

28
Morning Activities
Morning exercise
Jigsaw Puzzles
11:00 Ricky's Concert - JP
Afternoon Activities
Flower Arranging
Decades: Banana Splits

29
Morning Activities
Chair Exercises
Angelika -Art Therapy 10
Afternoon Activities
Board Games
Coffee and Chat 2:00

30
Morning Activities
Chair Stretches
Jigsaw Puzzles
Afternoon Activities
Life Stations
Brain Teasers

31
Morning Activities
Card Games
Match the Lyrics
Afternoon Activities
Movie Classic
Memory Sharing