

JANUARY 2025



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SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

January Birthdays

1/10 Laverne 1/26 Anita
1/24 Steve 1/26 Beverly
1/29 Alice

January Anniversaries

1/7 Delores (3) 1/21 Varis (3)
1/9 Tasha (2) 1/30 Erica (7)

A Lot to Celebrate This Month!

1/5 Nat'l Bird Day
1/6 Epiphany
1/10 Nat'l Houseplant Day
1/19 Nat'l Popcorn Day
1/20 MLK Jr Day
1/24 Nat'l Activity Professionals Day
1/23 Nat'l Peanut Butter Day

1/24 Nat'l Chocolate Cake Day
1/29 – Nat'l Puzzle Day
1/27 Nat'l Chocolate Cake Day
1/31 Nat'l Fun @ Work Day
1/31 Nat'l Hot Chocolate Day

1 Morning Activities
Activity Ball
Categories

Afternoon Activities
Word Search Puzzles
Flower Arranging

2 Morning Activities
Chair Exercises
10:00 Music Therapy w Shannon
Afternoon Activities
Checkers
Brain Games

3 Morning Activities
Activity Ball
10:00 HM Rabbitry Visiting
Afternoon Activities
Life Stations
Brain Teasers
2:00 Exercise with Sharry

4 Morning Activities
Card Games
Famous Duos
Afternoon Activities
Movie Classic
Brain Games
Memory Sharing

5 Morning Activities
Chair Stretches
Devotional/Hymns
Afternoon Activities
Life Stations
Jigsaw Puzzles

6 Morning Activities
Fun with Parachutes
Jigsaw Puzzles
Afternoon Activities
Manicures
2:00 Music with Allen Russell
Afternoon Cinema

7 Salon Day
Morning Activities
Chair Exercises
10 Art with Angelika
Crafters Corner
Afternoon Activities
Bird Watchers
Dominoes

8 Morning Activities
Activity Ball
Categories
10:00 Music Therapy w Shannon
Houseplant Project
Afternoon Activities
Word Search Puzzles
Flower Arranging

9 Morning Activities
Chair Exercises
9:45 Men's Group w. Dalton
Afternoon Activities
Checkers
Jigsaw Puzzles
AtW: Categories – Brazil

10 Morning Activities
Chair Stretches
Afternoon Activities
Pattern Games
Brain Challengers
AtW: Taste of Brazil

11 Morning Activities
Card Games
Afternoon Activities
Movie Classic
Adult Coloring Sheets
Memory Sharing

12 Morning Activities
Chair Stretches
Devotional/Hymns
Afternoon Activities
Life Stations
Jigsaw Puzzles

13 Morning Activities
Fun with Parachutes
Name That Tune
Afternoon Activities
Manicures
2:00 Roland and friends singing
Afternoon Cinema

14 Salon Day
Morning Activities
Chair Exercises
Crafters Corner
Afternoon Activities
Checkers
Bird Watchers

15 Morning Activities
Activity Ball
10:00 Art with Angelika
Afternoon Activities
Flower Arranging
2:00 Exercise with Sharry
Lyric Matching

16 Support Group 2:00
Morning Activities
Chair Exercises
DiY Pizzas
Afternoon Activities
Famous Duos
Lyric Match Challenge
AtW: Virtual Tour

17 Morning Activities
Chair Stretches
AtW: Crafters Corner
Afternoon Activities
What's in the Word
Bird Watchers
AtW: Taste of Brazil

18 Morning Activities
Card Games
Name that Tune
Afternoon Activities
Movie Classic
Brain Games

19 Morning Activities
Chair Stretches
Devotional/Hymns
Afternoon Activities
Life Stations
Jigsaw Puzzles

20 MLK Day
Morning Activities
Fun with Parachutes
Independent Agers / Jeopardy
Afternoon Activities
Manicures
Afternoon Cinema
2:00 Music with Allen Russell
AtW: Taste of Brazil

21 Salon Day
Morning Activities
Chair Exercises
Crafters Corner
Afternoon Activities
Bird Watchers
2:00 Music Therapy with SokHwee
Black Jack

22 Morning Activities
AtW: Chair Soccer
Categories
10:00 Exercise with Sharry
Afternoon Activities
Flower Arranging
Jigsaw Puzzles

23 Morning Activities
Chair Exercises
10:00 Art with Angelika
Name That Tune
Afternoon Activities
Board Games
AtW: Virtual Tour

24 Morning Activities
Chair Stretches
Bake Chocolate Cupcakes
Afternoon Activities
Life Stations
2:00 Pet Therapy with Alliance
Brain Teasers

25 Morning Activities
Card Games
Match the Christmas Lyrics
Afternoon Activities
Movie Classic
Memory Sharing

26 Morning Activities
Chair Stretches
Devotional/Hymns
Afternoon Activities
Life Stations
Jigsaw Puzzles

27 Morning Activities
10 Connections with Art Outing
Afternoon Activities
Manicures
Afternoon Cinema
AtW: Taste of Brazil

28 Salon Day
Morning Activities
Chair Exercises
AtW: Crafters Corner
Afternoon Activities
Bird Watchers
Checkers

29 Morning Activities
Activity Ball
10:00 Exercise with Sharry
Memory Sharing
Afternoon Activities
Word Search Puzzles
3:00 Gwinn on Piano

30 Morning Activities
Chair Exercises
Name That Tune
Afternoon Activities
Board Games
Lyric Match Challenge
AtW: Virtual Tour

31 Morning Activities
Activity Ball
Hot Chocolate Bar
Afternoon Activities
Life Stations
Brain Teasers
Crafters Corner

Daily Schedule
Morning Activities
9-12
Afternoon Activities
1-6:30
Schedule subject to change.