



Mission Statement: To provide the highest quality and most understanding care, to those coping with memory loss by offering an intimate environment tailored to each individual's needs.

Summer 2023

edition 2

A Word From Marcus

I hope this newsletter edition finds you well. We have many exciting things upcoming for the residents, their families and our associates. Assisted Living week coming up in September is a time to celebrate all the good that our senior living communities represent. There will be many things to participate in and we hope you join in the festivities!

Speaking of Assisted Living week, I want to recognize and thank Kelly Adriano on her nine years with Madison Heights. Kelly has been recognized by Atlas Senior Living as a Senior Lifestyles Director for her creativity and excellence in all that is senior living life enrichment. Kelly trains all new Lifestyle Directors in the company and also leads a monthly forum to brainstorm and plan for upcoming events across the entire company. Lifestyles are a large part of what differentiates us from the setting that our residents come from by offering daily moments of joy and engagement. Great job Kelly and we are lucky that you are ours! It's Kelly, Angela, Sadie, Linda, Miranda, Erica, Beverly and Janice that have been dedicated to Madison Heights for many years that make it a loving and intimate environment for so many residents to call home! Thank you all!!!

We had a fun time celebrating Independence Day! Let Freedom Ring!



Mark Your Calendar

National Assisted Living Week



This year National Assisted Living Week (NALW) is September 10-16. NALW is a chance for us to celebrate our residents, our amazing caregivers and culinary staff and the wonderful families that we partner with to make sure that our residents have the best days possible. During this week we will have a family event for Grandparents Day (September 10), daily themes, even more entertainers than usual, staff appreciation meals and so much more! A detailed message will be sent out for NALW in the coming weeks. We are looking forward to a great time celebrating with our residents! - Kelly

Support Group

A Support group led by a Madison Heights staff member meets the third Thursday of each month at 2:00 at the Columbia County Library downstairs near the reference desk.

All family members or caregivers of someone with a dementia diagnosis are welcome to attend. Don't forget to invite others who you think would benefit from additional support. We want to reach as many people as possible that need support. Those who invite a friend will be entered for a drawing for a gift card.

For more information, contact Kelly at 706-364-8710 or kelly@madisonheightsevans.com.

What a wonderful time we had at Hope for Hooves Rescue!



Reminders

A reminder that the family and/or responsible party should be bringing supplies for your loved one as needed. This includes incontinence products, wipes, toilet paper, shampoo, soap, tooth paste and another other grooming/toiletry items. If your loved one is running low, we will make a phone call to let you know. If you'd like us to be on continuous delivery for these items or have your loved one added to our incontinence program, please speak with Marcus.

With warmer weather upon us please check in your loved one's room for to make sure they have a hat and sunglasses for our outdoor activities.

Pam, our hairdresser, visits every Tuesday. As a reminder, to those who have been taking advantage of the salon for some time, prices for the salon have changed. To have your loved one added to the salon list or for updated pricing please contact Kely at 706-364-8710 or kelly@madison-heightsevens.com.

Please make sure that when you enter or exit a building that the door is closed tightly behind you.

If you were ever like to meet us on an outing with your loved one, please let Kelly know. We would be glad to have you!

When you visit, please check in Adams Place to see if there is mail for your loved one. Please request all bills be sent to the responsible party instead of residents. Thank you for your attention to this matter.

Our residents enjoyed this fun project that the Morris Museum of Art brought to us.



Home is Where the Food is

We love trying the famous or favorite recipes of our residents. We would love to feature your loved one's recipes. This month we will be taking recipes from Monroe Place to be featured on our menu in September. Next month we will be requesting recipes from Washington Place. Start getting the best recipes together to give our residents a taste of home.

Please send recipes to Kelly at kelly@madisonheightsevans.com.



ATLAS SENIOR LIVING INVITES YOU TO SHARE YOUR FAVORITE RECIPES

Let's bring the Atlas family together through friends, fellowship and delicious food. Is there an old recipe that's been passed down through your family from generation to generation? Did you find a recipe on TV, or in a cookbook, and now you can't live without making the dish at least once a week? Then share your recipes with your friends at your Atlas community!

ABOUT THE PROGRAM

Atlas chefs want to make your favorite dish. Your associate team will select a few recipes from the community once a month that will be included on the seasonal dining menu.

In addition, your chef will feature brand-new recipes each month that you can find on your community website! We will feature both the chef's recipe and the resident-chosen recipes with photos online.

HOW TO SUBMIT YOUR RECIPE

Complete the form OR submit a photo copy to your dining team

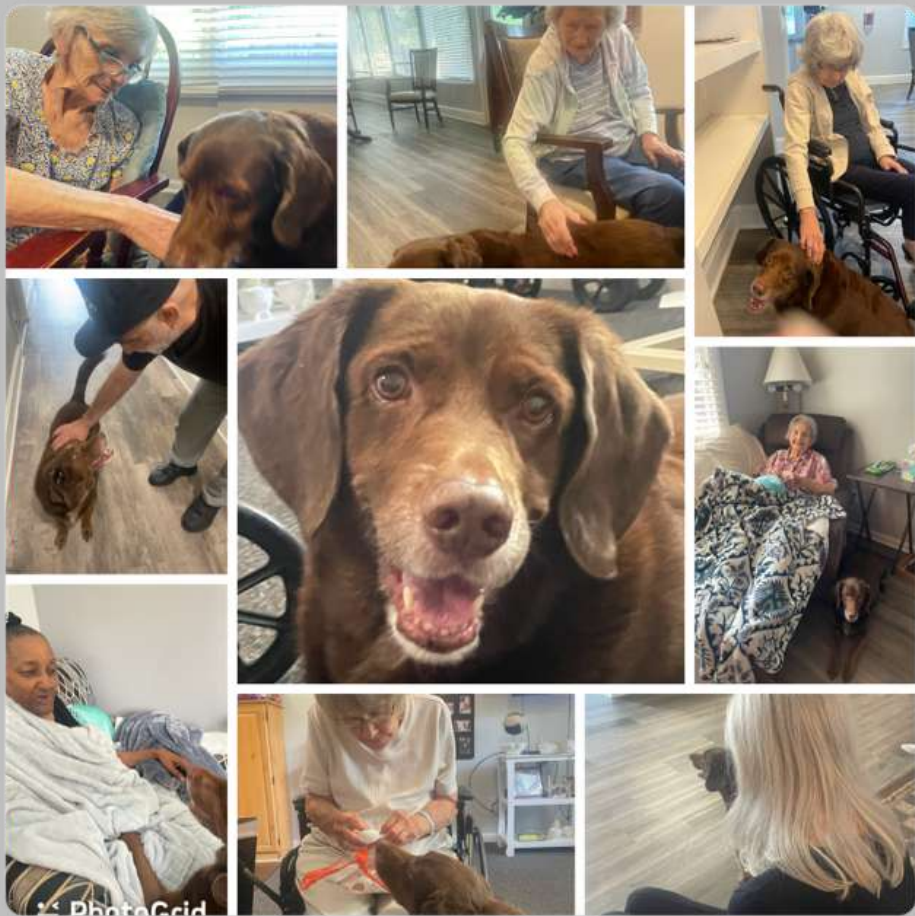
Make sure to follow your Atlas Senior Living community's page on Facebook and bookmark <http://atlasseniorliving.com/> to see the recipe posts!

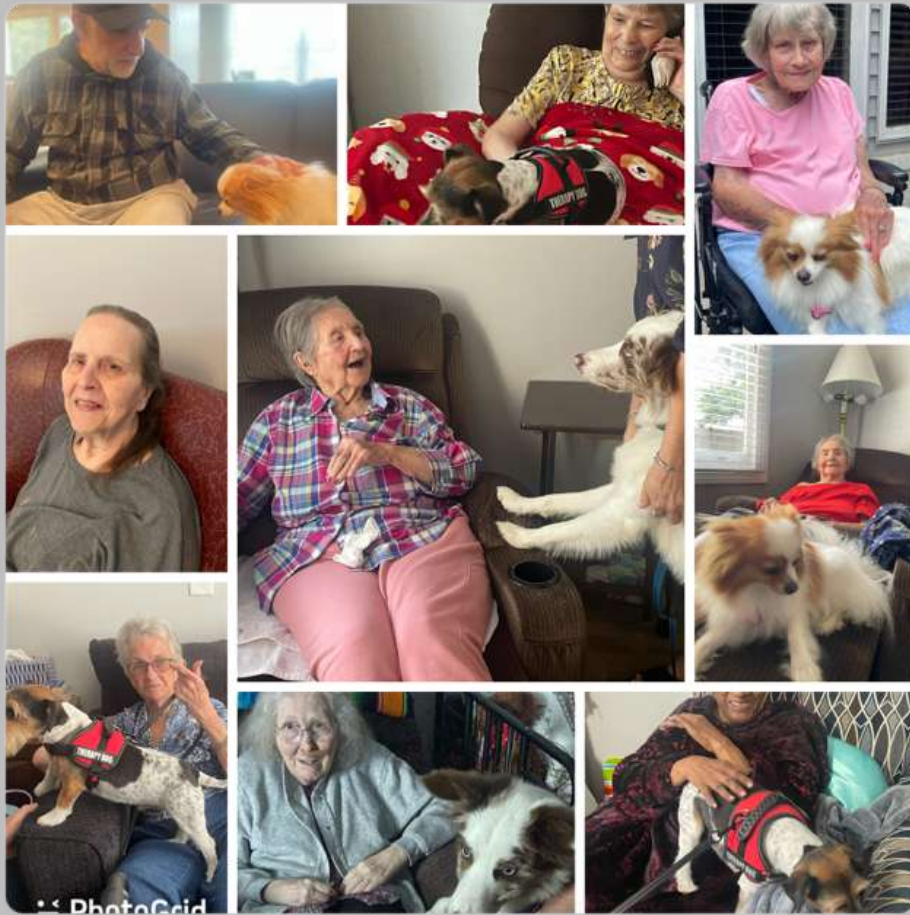
YOUR RECIPES. YOUR COMMUNITY.



Our pup visitors are always some of our very favorites.







Visitation Guidelines

We ask that you please keep the safety of our residents and associates a priority. Anyone who has been experiencing cold and flu symptoms in the past 72 hours should not visit.

Please make sure that you sign-in to the visitors log upon entry.

When you take a resident out, please sign them out on the visitation log.

Watching our residents move and dance to music is always a treat for the soul.



Summer Birthdays

June 7- Becky
June 9 - Victor
June 12 - Marcus
June 20 - Lincoln
July 2 - Kasandra
July 3 - Davian
July 7 - Katie
July 19 - Tameka

July 29 - Kelly
July 30 - Erica
August 3 - Albreyona
August 4 - Sharon Bell
August 5 - Bonnie
August 12 - Melissa
August 13 - George
August 27 - Manfred

A huge thank you to Grace Baptist Church for serving our residents this summer.



Medical Information

Doctor Visits

If you would like to switch to our in-house physician, Doctor Naseem, please come to the office to fill out a consent form.

Podiatry Visits

Dr. Murrell visits every two months. If you have not filled out a consent form and paperwork for his visits, you need to do so.

We love watching our residents show off their artwork they create with Angelika.





Connect with Us

Click on any of the below images to be redirected to a website.



<https://www.facebook.com/smileforshay>



<https://www.atlasseniorliving.com/>



<https://www.madisonheightsevans.com/>

Associates of the Month

Sarah



Congratulations to Sarah for being chosen as the Associate of the Month for July!

Sarah is the definition of a team player. She is willing to pick up shifts and steps up when there is a need to be met. Sarah treats all of our residents with kindness and respect and loves them as if there are her own family. Sarah gets along great with her coworkers and residents' families. She goes above and beyond to ensure that our residents receive the best possible care. You can often find Sarah taking residents for walks outside or sitting and chatting with them about their lives.

Vikki

Congratulations to Vikki for being chosen as the Associate of the Month for August!

Vikki had a heart of gold! She goes above and beyond to make sure our residents know they are loved and valued. She makes treats with the residents, brings in holiday gear and can always be seen with a smile. Vikki picks up shifts often, assists with resident outings and works well with her coworkers. Vikki is a wonderful example of someone who exudes love and kindness.



**Donuts + a drive to enjoy the sunshine and beautiful outdoors
make for a great day.**



Details at a Glance

Owner/Operator - Marcus Covar
Wellness Director - Laurie Krause
Resident Care Coordinator - Angela Williams
Lifestyles Director- Kelly Adriano
Dining Services Director - Tevaris Walker
Maintenance Director - Davian Thomspen

Meal Schedule

7:30 Breakfast
Morning Snack
12:30 Lunch
Afternoon Snack
5:30 Dinner

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