

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2026

Memory Care Calendar



				9:30 am Get Ready – Meet in the Lobby 10:00 am Drive to the Savannah Wildlife Refuge 10:15 am Activity Cart Engagement 1:30 pm Fitness with Fox Therapy 2:00 pm Through the Decades: 1990's Introduction 3:00 pm BINGO 5:30 pm Wind Down Music	9:30 am Matching Cards 10:15 am Searching for October 11 am Welcome to October Coloring Sheets 2:00 pm Spoons Card Game 3:00 pm Movie Matinee & Popcorn: It Takes Two 5:30 pm Mix and Mingle	9:30 am Indoor Walking Club 10:15 am Brain Games/Worksheets from the Activity Cabinet 2 pm Legacy Cinemas w/ Snacks 5:30 Courtyard Conversations *Walk to End Alzheimer's at Forsyth Park at 10:30 am* Simchat Torah Begins
9:30 am Coffee & Chat with Shamiria 10:15 am Sunday Morning Bingo 2:00 pm Horseshoes 3:30 pm Snack & Recharge 5:30 pm Residents Choice	9:30 am Daily Chronicles & Coffee 10:15 am Traditional Puzzles 11 am Toss & Catch 1:30 pm Fitness with Fox Therapy 2:00 pm Music Touch Toss Ball 3:00 pm BINGO 5:30 pm Gather with Friends	9:30 am Gentle Stretching 10:15 am Giant UNO 11 am Words within a Word 2:00 pm Cornhole 3:00 pm Cat Bingo 5:30 pm Oldies TV	9:30 am Hidden Pictures 10:00 am Fitness with Rashad 11:00 am Name 10 Trivia 1:30 pm 1:1's & Room Visits 2:00 pm Crafts with Judy & Friends 3:00 pm BINGO 5:30 pm Courtyard Conversations	9:30 am Get Ready – Meet in the Lobby 10:00 am Joy Ride Around Town with Snacks 10:15 am Activity Cart Engagement 1:30 pm Fitness with Fox Therapy 2:00 pm 90's Music Bingo 3:00 pm Movie Matinee & Popcorn: 9 to 5 5:30 pm Wind Down Music	9:30 am Magazine Hunt 10:15 am Tabletop Bowling 11 am Senior Short Stories Readings 2:00 pm Ladder Toss 3:00 pm BINGO 5:30 pm Mix and Mingle	Happy Birthday Ms. Janice H. & Ms. Dolores S. 9:30 am Indoor Walking Club 10:15 am Brain Games/Worksheets from the Activity Cabinet 2 pm Legacy Cinemas w/ Snacks 5:30 Courtyard Conversations
9:30 am Coffee & Chat with Patrick 10:15 am Dartboard Throwing 2:30 pm Sunday Worship with Savannah Holy Church of God 3:30 pm Snack & Recharge 5:30 pm Residents Choice	9:30 am Daily Chronicles & Coffee 10:15 am Manicure Monday 11 am Text Twist 1:30 pm Yes2Next Online Exercise 2:00 pm Tabletop Curling 3:00 pm BINGO 5:30 pm Gather with Friends Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	9:30 am Gentle Stretching 10:15 am Senior Sing-along 11 am Balloon Volleyball 2:00 pm Crafters Corner: Chalk Leaf Silhouettes 3:00 pm 90's This or That 5:30 pm Oldies TV	9:30 am Giant Checkers 10:00 am Fitness with Rashad 11:00 am Test Your Knowledge - Riddles 1:30 pm 1:1's & Room Visits 2:00 pm Activity with Riley from Home Helpers 3:00 pm BINGO 5:30 pm Courtyard Conversations	9:30 am Get Ready – Meet in the Lobby 10:00 am Drive to Forsyth Park 10:15 am Activity Cart Engagement 1:30 pm Fitness with Fox Therapy 2:00 pm Ice cream Social sponsored by Jordan from Bridge Hospice 3:00 pm Movie Matinee & Popcorn: Selena 5:30 pm Wind Down Music	9:30 am Therapeutic Coloring 10:15 am Tabletop Shuffleboard 11 am Bop It Challenge 2:00 pm Baking Club: Banana Nut Muffins with Kiersten 3:00 pm BINGO 5:30 pm Mix and Mingle	9:30 am Indoor Walking Club 10:15 am Brain Games/Worksheets from the Activity Cabinet 2 pm Legacy Cinemas w/ Snacks 5:30 Courtyard Conversations
9:30 am Coffee & Chat with Sierra 10:15 am Wooden Puzzles 2:00 pm Giant Tic Tac Toe 3:30 pm Snack & Recharge 5:30 pm Residents Choice	9:30 am Daily Chronicles & Coffee 10:15 am Paint with Water 11 am ChatGPT Resident Stories 1:30 pm Fitness with Fox Therapy 2:00 pm Baking Club: Rainbow Sprinkle Funfetti Cake 3:00 pm BINGO 5:30 pm Gather with Friends	Happy Birthday Ms. Juanita P. 9:30 am Gentle Stretching 10:15 am Tabletop Games for Two 11 am Wacky Wordies 2:00 pm Granny Pants Game 3:00 pm Jeopardy 5:30 pm Oldies TV	9:30 am Wooden Tetris 10:00 am Fitness with Rashad 11:00 am Finishing Lines Trivia 1:30 pm 1:1's & Room Visits 2:00 pm Sweet Touch: Guess the Candy Game 3:00 pm BINGO 5:30 pm Courtyard Conversations	9:30 am Get Ready – Meet in the Lobby 10:00 am Risen Savior Pumpkin Patch 10:15 am Activity Cart Engagement 1:30 pm Fitness with Fox Therapy 2:00 pm Birthday Bash sponsored by Pruitt Health Seaside 3:00 pm Movie Matinee & Popcorn: 5:30 pm Wind Down Music	Wear Pink Day 9:30 am Breast Cancer Brain Worksheets 10:15 am BINGO 11 am Men's Only Activity with Patrick 2:00 pm Residents Choice 3:00 pm New Resident Social: Pink Out Party 5:30 pm Mix and Mingle	9:30 am Indoor Walking Club 10:15 am Brain Games/Worksheets from the Activity Cabinet 2 pm Legacy Cinemas w/ Snacks 5:30 Courtyard Conversations
9:30 am Coffee & Chat with Marcus 10:15 am Bird Watching 2:00 pm Games for Two 3:30 pm Snack & Recharge 5:30 pm Residents Choice	National Pumpkin Day 9:30 am Daily Chronicles & Coffee 10:15 am Manicure Monday 11 am Mad Gab 1:30 pm Yes2Next Online Exercise 2:00 pm Ladies Only Crafters Corner: Wooden Painted Pumpkins 3:00 pm BINGO 5:30 pm Gather with Friends	9:30 am Gentle Stretching 10:15 am Crafters Corner: MYO Trick or Treat Bag 11 am Parachute Exercise 2:00 pm Activity with Jarmika 3:00 pm Giant Jenga 5:30 pm Oldies TV	9:30 am Dot Doodles 10:00 am Fitness with Rashad 11:00 am Charades 1:30 pm 1:1's & Room Visits 2:00 pm Paint with me 3:00 pm BINGO 5:30 pm Courtyard Conversations	9:30 am Get Ready – Meet in the Lobby 10:00 am Shamiria's Choice Outing 10:15 am Activity Cart Engagement 1:30 pm Fitness with Fox Therapy 2:00 pm Movie Matinee & Popcorn: Jumanji 5:30 pm – 7:00 pm Trunk or Treat in the field between both buildings	9:30 am Test Your Knowledge 10:15 am BINGO 11 am Memories & Mementos: Favorite Halloween Costume & Candy? 2:00 pm Halloween Worksheets 3:00 pm Trick or Treat + Halloween Social in AL 5:30 pm Mix and Mingle	9:30 am Indoor Walking Club 10:15 am Brain Games/Worksheets from the Activity Cabinet 2 pm Legacy Cinemas w/ Snacks 5:30 Courtyard Conversations Halloween

Shamiria Nix, CTRS, CAD

Lifestyles Director

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Activities Calendar is Subject to Change!

Legend:

Outings/Luncheons

MOD Activities

Through the Decade Activities