


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>HAPPY NEW YEAR!</b> 1 11:00 Bible Study with Dr.D 1:30 New Years Trivia & New Year Q&A 3:00 BINGO! 	2 9:00 Crochet Club 10:00 PUBLIX (SIGN UP) 2:00 Fitness With Rashad 3:00 PUBLIX (Sign Up)	3 10:30 Exercise with Thrive Therapy! 1:30 Introduction to the 2024 Atlas National Parks program 3:00 BINGO! 6:00 Movie Night: Davy Crockett-King Of The Wild Frontier!	4 11:00 Discussion With Dr.D 1:30 The Great Smokey Mountains Virtual Tour. 3:00 Resident BINGO Auction 6:00 Smokey Mountain Apple Fritters	5 <b>NATIONAL BIRD DAY</b> 10:30 Dear Abby 11:00 Pine Cone Bird Feeders. 3:00 Butterbean Auction with Georgia Hospice Care 6:00 Double Bucks Evening BINGO!!	6 <b>National Bean Day</b> 10:30 Chicken Soup For the Nature Lovers Soul 1:30 Woodland Animal Stencil Tablecloth Craft 3:00 BINGO!
7 9:00 Live Stream Church 1:30 Sunday Worship with Ken Otto. 3:00 Uplifting News & Local Headliners 4:00 National Park Hangman Game	8 9:30 Board Games With Sharon 11:00 Bible Study with Dr.D 1:30 Nail Care 3:00 BINGO!	9 9:00 Crochet Club 10:00 PUBLIX (SIGN UP) 2:00 Fitness With Rashad 3:00 Step By Step Paint Craft: Mountain Scape (With Nikki) 3:00 PUBLIX (Sign Up) 6:00 Pictionary!	10 10:30 Exercise with Thrive Therapy! 3:00 BINGO! 6:00 Wine Down Wednesday	11 10:30 Smokey Mountain News 11:00 Discussion With Dr.D 1:30 Cherokee Land In the Great Smokey Mountains-Facts & Discussion Activity 3:00 Cherokee Bead Work Craft	12 9:30 Smokey Mountain Webcams 11:00 Lunch Outing- Miss. Sophies (Sign Up) **3:00 FRIDAY BINGO- (No Happy Hour)	13 10:30 Doughnuts & Coffee Chat. 1:30 Mary Kay Beauty Event ( Activity Room ) 6:00 Homemade Kettle Corn 
14 9:00 Live Stream Church 1:30 Sunday Worship with Ken Otto. 3:00 Uplifting News & Local Headliners	15 <b>Martin Luther King Jr Day</b> 9:30 Games with Sharon 11:00 Bible Study with Dr.D 1:30 MLK Documentary 3:00 BINGO!	16 9:00 Crochet Club 10:00 PUBLIX (SIGN UP) 2:00 Fitness With Rashad 3:00 PUBLIX (Sign Up)	17 <b>National Bootleggers Day</b> 10:30 Exercise with Thrive Therapy! 1:30 Prohibition Documentary 2:00 Dining Service Meeting 3:00 BINGO!	18 11:00 Discussion With Dr.D 1:30 Trivia Thursday! 3:00 Candied Pecans-Smokey Mountain Treat!	19 <b>Dolly Parton's Birthday!</b>  10:30 Cheer Cart! 1:30 Learn About: Dolly Parton 3:00 Dolly Parton Happy Hour- Featuring MIKE SWEAT! 6:00 Evening BINGO!	20 11:00 Jeopardy! 1:30 Text Twist 3:00 BINGO! 6:00 Sundaes On A Saturday! :) 
21 9:00 Live Stream Church 1:30 Sunday Worship with Ken Otto. 3:00 Would You Rather... 6:00 Movie Night: Coat Of Many Colors	22 11:00 Bible Study With Dr.D 1:30 Karaoke! Sing Along! 3:00 Quarter BINGO! 	23 9:00 Crochet Club 10:00 PUBLIX (SIGN UP) 2:00 Step By Step Paint Craft: Mountain Scape (With Nikki) 2:00 Fitness With Rashad 3:00 Publix (Sign Up)	24 10:30 Exercise with Thrive Therapy! 1:30 Outdoor Stroll 2:00 Dining Services Meeting. 3:00 BINGO!	25 11:00 Discussion With Dr.D 1:30 Rummikub with Sharon 3:00 Balloon Darts. 4:00 Phase 10	26 <b>NATIONAL GREEN JUICE DAY!</b> 10:30 Smokey Mountain News 1:30 Cooking Corner: Green Juice! 3:00 Moonshine Tasting Happy Hour 6:00 Axe Throwing	27 10:30 Dear Abby/Daily Chronicles 1:30 Who Am I? 3:00 BINGO!
28 9:00 Live Stream Church 1:30 Sunday Worship with Ken Otto. 3:00 Chair Exercise to the Sounds of the Smokies. 6:00 Text Twist	29 9:30 Mindful Coloring & Crosswords 11:00 Bible Study with Dr.D 1:30 Cranium Crunches 3:00 BINGO!	30 9:00 Crochet Club 10:00 PUBLIX (10am Trip Only today) 2:00 Fitness With Rashad 3:00 Shopping Outing-Beals Outlet (Sign Up)	31 10:30 Exercise with Thrive Therapy! 1:30 The Great Smokey Mountains Summary. 2:00 Activity Meeting 3:00 BINGO! 6:00 Movie Night: Love In The Great Smokey Mountains	<h1>JANUARY 2024</h1> <b>Happy Birthday:</b> Stephen G.- 1/9 Dewese D.- 1/11 Mary M. 1/13 		

\*CALENDAR IS SUBJECT TO CHANGE\*

Lifestyle Director-Nikki Jaupi- 912.604.2684.

**National Park Of The Month: The Great Smokey Mountains!**