

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
October 1990s						
KEY: Soda Shop-SS Dining Room-DR		Please Note: Activities are Subject to change. Times or dates may change.	As always, thank you for your support and understanding.	1 10 AM Resident Led Exercise — DR 10:30 AM Dominoes — Activities Room 1:15 PM Lisa Frank-Inspired Coloring — Activities Room 2:45 PM Quarter Bingo — DR 3 PM Lemonade — DR 6:15 PM Oldies in the Evening: TV — Activities Room	2 9 AM Walking Club — Activities Room 10 AM Rummikub — Activities Room 1:30 PM Bible Study! — Activities Room 2:30 PM Manicures 2 — Activities Room 6 PM Football Friday Movie — Activities Room	3 9 AM Walking Club — Activities Room 10 AM Free Play Game(s) — Activities Room 2:15 PM 90s-Word Search — Activities Room 6:30 PM Frank Sinatra Music — Activities Room
4 9:15 AM First Baptist Church — Activities Room 11 AM Gaither Gospel Music — Activities Room 2 PM Free Play Game(s) — Activities Room 6:30 PM Larry's Country Diner — Activities Room	5 10:30 AM Bible Study! — Activities Room 1:15 PM Lemonade — SS 2:30 PM 90s- "Pretty Woman" — Activities Room 6:30 PM Rummikub — Activities Room	6 10 AM Exercise — DR 10:30 AM Rummikub — Activities Room 2:45 PM Quarter Bingo — DR 3:30 PM Lemonade — SS 6:45 PM Lights, Camera, Relax! — Activities Room	7 10:30 AM Trip to Publix — FL 2:15 PM Quarter Bingo — DR 2:30 PM Lemonade — DR 6:15 PM Golden Girls Marathon! — Activities Room	8 10 AM Resident Led Exercise 2 — DR 10:30 AM Rummikub — Activities Room 2:15 PM Ladies' Bracelet/Keychain — Activities Room 6:30 PM Let's watch Friends — Activities Room	9 9 AM Walking Club — Activities Room 10 AM Rummikub — Activities Room 1:30 PM Bible Study! — Activities Room 3:30 PM Football Friday Movie — Activities Room 6:30 PM Free Play Game(s) — Activities Room	10 9 AM Walking Club — Activities Room 10 AM Dominoes — Activities Room 2:30 PM Free Play Game(s) — Activities Room 6:30 PM Oldies in the Evening: TV — Activities Room - Hattie Chambers Birthday
11 9:15 AM First Baptist Church — Activities Room 11 AM Gaither Gospel Music — Activities Room 3 PM Bible Trivia ! — DR 6:30 PM Larry's Country Diner — Activities Room	12 10:15 AM Exercise — DR 10:30 AM Dominoes — Activities Room 1:30 PM Manicures — Activities Room 3 PM Conway Twitty Music — Activities Room 6:30 PM Rummikub — Activities Room	13 10:15 AM Guys & Dolls ! — FL 1:30 PM Resident Council Meeting — Activities Room 3:30 PM Lemonade — SS 6:45 PM Lights, Camera, Relax! — Activities Room	14 10:30 AM Quarter Bingo — DR 2 PM Rummikub — Activities Room 2:45 PM Birthday — SS 6:45 PM Lights, Camera, Relax! — Activities Room	15 10 AM Resident Led Exercise 2 — DR 10:30 AM Rummikub — Activities Room 2:45 PM Quarter Bingo — DR 3:30 PM Lemonade — SS 6:30 PM Let's watch Friends — Activities Room Nyla Massey Birthday	16 9 AM Walking Club — Activities Room 10:30 AM ACF Church Service — DR 1:45 PM BreastCancerAwareness Activity — Activities Room 6:30 PM Free Play Game(s) — Activities Room	17 9 AM Walking Club — Activities Room 10 AM Bingo with Gina — DR 2:30 PM Free Play Game(s) — Activities Room 6:30 PM Men's Group Social — Activities Room
18 9:15 AM First Baptist Church — Activities Room 11 AM Gospel Music — Activities Room 6:30 PM Free Play Game(s) — Activities Room	19 10:15 AM Exercise — DR 10:30 AM Dominoes — Activities Room 1:30 PM Manicures — Activities Room 3 PM Elvis Music TV — Activities Room 6:30 PM Rummikub — Activities Room	20 10:30 AM Quarter Bingo — DR 1:30 PM Halloween inspired Activity — AR 3:30 PM Lemonade — SS 6:45 PM Lights, Camera, Relax! — Activities Room	21 10 AM Trip to Walmart — Activities Room 1:30 PM Town Hall Meeting — General Community 2:30 PM Dollar Bingo — DR 3:30 PM Lemonade — DR	22 10 AM Resident Led Exercise 2 — DR 10:30 AM Rummikub — Activities Room 3:30 PM Lemonade — SS 6:30 PM Let's watch Friends — Activities Room	23 9 AM Walking Club — Activities Room 10 AM Rummikub — Activities Room 1:30 PM Bible Study! — Activities Room 3:30 PM Football Friday Movie — Activities Room 6:30 PM Free Play Game(s) — Activities Room	24 9 AM Walking Club — Activities Room 10 AM Bingo & Badges: Girl Scouts! — DR 2:30 PM Pumkin Painting — Activities Room 6:15 PM Golden Girls Marathon! — Activities Room - Ruth Lambert Birthday
25 9:15 AM First Baptist Church — Activities Room 11 AM Gospel Music — Activities Room 2 PM Free Play Game(s) — Activities Room 3 PM Bible Trivia ! — DR 6:45 PM Marvin & Linda Visit — Activities Room	26 10:15 AM Exercise — DR 10:30 AM Dominoes — Activities Room 1:30 PM Manicures — Activities Room 2:30 PM 90s-"Forrest Gump "Movie — Activities Room 6:30 PM Rummikub — Activities Room	27 9:15 AM No Bingo Today. — General Community 3:30 PM Lemonade — SS 5 PM Annual Trunk or Treat! — Legacy Trussville-Asset	28 10 AM Dominoes — Activities Room 2:15 PM Quarter Bingo — DR 3:30 PM Speak2 Tech Talk! — Activities Room 6:45 PM Lights, Camera, Relax! — Activities Room	29 10 AM Resident Led Exercise 2 — DR 10:30 AM Rummikub — Activities Room 2:30 PM Quarter Bingo — DR 6:30 PM Let's watch Friends — Activities Room	30 9 AM Walking Club — AR 10 AM Rummikub — Activities Room 1:30 PM Bible Study! — Activities Room 3:30 PM Football Friday Movie — Activities Room 6:30 PM Free Play Game(s) — Activities Room	31 9 AM Walking Club — Activities Room 2:30 PM Free Play Game(s) — Activities Room 3 PM Halloween Activity Packet — Activities Room 6:15 PM Halloween Movie Marathon! — Activities Room