

OCTOBER 2022

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

LOCATION KEY

- BT-BUS TRIP
- DR-DINING ROOM
- L-LOBBY
- OS-OUTSIDE
- CS-COFFEE SHOP
- AR-ACTIVITY ROOM
- HS-Hair Salon

2 10:00 Get Fit L 10:30 Coffee Chat W/Friends CS 2:15 BINGO AR 3:00 Church Worship (TV) L 4:00 Walking Club L 6:00 News Chat W/Friends CS	3 9:30 Word Search L 10:30 Monday Workout AR 11:00 Hangman AR 1:45 Walmart BT 4:00 Card Games AR 6:00 Evening News L	4 9:30 Word Search L 11:00 Workout Tuesday AR 11:30 Coffee Chat AR 2:00 Bingo AR 3:00 Football Pick'em AR 4:00 Pling Pong L 6:00 Get to Know You Social L	5 9:30 Bible Study W/ Pastor Barry Gillis L 11:00 Stretch & Flex AR 11:30 Trivia AR 2:00 BINGO AR 3:00 Scenic Ride BT 6:00 Coffee Chat W/Friends L	6 9:30 Word Search L 10:45 Stretch & Flex AR 2:00 BINGO AR 3:00 Hand & Nails Care AR 4:00 Decorating Doors!!! AR 6:00 Evening News W/Friends L	7 9:30 Word Search L 11:00 Workout Friday AR 12:00 Out to Lunch BT 3:00 Happy Hour L 4:00 Wine Down Friday L 6:00 Movie & Popcorn L	1 9:30 Word Search L 10:00 Workout L 10:30 Get to Know You Social L 2:00 BINGO AR 3:00 Walking Club L 4:00 Soft Music W/Friends L 6:00 News Chat W/Friends L
9 10:00 Get Fit L 10:30 Coffee Chat W/Friends L 1:00 Communion W/Glenda L 2:00 BINGO AR 3:00 Church Worship (TV) L 4:00 Walking Club L 6:00 News Chat W/Friends CS	10 9:00 Beauty/Barber Shop HS 9:30 Word Search L 10:00 Stretch & Flex W/Judy AR 11:00 Hangman AR 2:00 Resident Council AR 3:30 Dollar Tree BT 6:00 Evening News L	11 9:30 Word Search L 11:00 Workout Tuesday AR 11:30 Hot Tea Social AR 2:00 Bingo AR 3:00 Football Pick'em AR 4:00 Buzz Words AR 6:00 Uno W/Friends L	12 9:30 Bible Study W/ Pastor Barry Gillis L 11:00 Stretch & Flex AR 11:30 Trivia AR 2:00 BINGO AR 3:00 Hangman AR 6:00 Get to You Social!! L	13 9:30 Word Search L 10:45 Chair Aerobics L 2:00 BINGO AR 3:00 Cleaning Walkers/Chairs AR 4:00 Scenic Ride BT 6:00 Evening News L	14 9:30 Word Search L 11:00 Workout Friday AR 12:00 Out to Lunch BT 3:00 Happy Hour L 4:00 Wine Down Friday L 6:00 Movie & Popcorn L	15 9:30 Word Search L 10:00 Seven Springs Church L 2:00 BINGO AR 3:00 Walking Club L 4:00 Soft Music W/Friends L 6:00 News Chat W/Friends L
16 10:00 Get Fit L 10:30 Coffee Chat W/Friends L 2:00 BINGO AR 3:00 Church Worship (TV) L 4:00 Walking Club L 6:00 News Chat W/Friends CS	17 9:30 Word Search AR 10:30 Monday Workout AR 11:30 Trivia AR 1:15 Hobby Lobby BT 4:00 Buzz Words L 6:00 Evening News L	18 9:30 Word Search L 11:00 Workout Tuesday AR 11:30 Coffee Chat L 2:00 BINGO AR 3:00 Football Pick'em AR 3:30 Crafts AR 6:00 Get to Know You Social L	19 9:30 Bible Study W/ Pastor Barry Gillis L 11:00 Stretch & Flex AR 11:30 Trivia AR 2:00 BINGO AR 3:00 Let's Paint AR 6:00 Coffee Chat W/Friends L	20 9:30 Word Search L 10:30 Stretch & Flex AR 2:00 BINGO AR 3:00 Hand & Nails Care AR 4:00 Hangman AR 6:00 Evening News W/Friends L	21 9:30 Word Search L 11:00 Workout Friday AR 12:00 Out to Lunch BT 3:00 Happy Hour L 4:00 Birthday Party (Oct.B-day's) (W/CenterWell) 6:00 Movie & Popcorn L	22 9:30 Word Search L 10:00 Workout L 10:30 Get To Know You Social L 2:00 The Price Is Right AR 3:00 Walking Club L 6:00 News Chat W/Friends L
23/30 10:00 Get Fit L 10:30 Coffee Chat W/Friends L 2:00 BINGO AR 3:00 Church Worship (TV) L 4:00 Walking Club L 6:00 News Chat W/Friends CS	24/31 9:00 Beauty/Barber Shop HS 9:30 Word Search L 10:00 Stretch & Flex W/Judy AR 11:00 Hangman AR 1:15 Ross/ Marshall's BT 4:00 Card Games AR 6:00 Evening News L	25 9:30 Word Search L 11:00 Workout Tuesday AR 2:00 Bingo AR 3:00 Craft AR 4:00 Card Games W/Friends AR 6:00 Uno W/Friends L	26 9:30 Bible Study W/ Pastor Barry Gillis L 11:00 Stretch & Flex AR 11:30 Buzz Words AR 2:00 BINGO AR 4:00 Pling Pong L 6:00 Coffee Chat W/Friends L	27 9:30 Word Search L 10:30 Chair Aerobics AR 11:00 Hot Tea Social AR 2:00 EOM BINGO Auction AR 4:00 Italian Ice Social AR 6:00 Evening News L	28 9:30 Word Search L 11:00 Workout Friday AR 12:00 Out to Lunch BT 3:00 Happy Hour L 4:00 Wine Down Friday L 6:00 Movie & Popcorn L	29 9:30 Word Search L 10:00 Workout L 10:30 Get To Know You Social L 12:00 Oktoberfest 2022 OS 6:00 News Chat W/Friends L