

MEDICAL NOTES

Breast Cancer Awareness

No matter who you are or where you live, breast cancer may touch your life. It's necessary to understand the warning signs of breast cancer, your risk and what's normal for you, so if there are any changes in your breasts, you can act.

Since 1989, Susan G. Komen has helped drive down mortality rates from breast cancer thanks to our focus on early detection and improvements in treatment—however, that progress is in jeopardy. During the COVID-19 pandemic, many people delayed their regular screening and the pandemic disrupted treatment and research progress.

And progress is needed. Through research, growing knowledge about breast cancer has led to new therapies and targeted treatments that improved outcomes for many people and replaced the one-size-fits-all treatments of three decades ago. It is research that brings hope to patients facing this disease, especially those living with MBC. We need to ensure more options for patients, especially when treatments stop working.

The COVID-19 pandemic also highlighted the disparity in breast cancer treatments for rural and low-income people across the country, as well as the disparity in treatment between Black and white women. Black women in the U.S. are about 40 percent more likely to die from breast cancer than white women.

Employee Spotlight



GEORGETTE DUMAY

Georgette has been working for Legacy Ridge since June of last year. She loves cooking for her family, attending church, and going to the movies. We are so happy to have her here with us at Legacy Ridge Sweetwater Creek! Thank you for all that you do for our residents and their families. Congratulations to you!!!

RESIDENT SPOTLIGHT



PATTI BOYTOS

Congratulations goes to Patti Boytos who is a resident here at Legacy Ridge Sweetwater Creek! Patti loves walking, painting, drawing, and playing with pets. Patti grew up in New Jersey before moving here to Georgia with her one and only son and their cat Justine. We are so happy to have her here with us at Legacy!



LEGACY RIDGE
AT SWEETWATER CREEK

THE JOURNAL

The Monthly Newsletter of the Legacy Ridge Sweetwater Creek Community

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Dining Services Director

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BIRTHDAY'S

Brenda Bailey 10/14

Deborah Cook 10/23

FALL IS HERE!!!!



FUN FACTS FOR THE MONTH OF OCTOBER

National Caramel Apples Day

National Cookies Day

Pumpkin Cheesecake Day

Breast Cancer Month

Emotional Wellness Month

American Cheese Month