

OCTOBER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 9:00 Daily Chronicles 10:00 Hydration/Snacks 11:00 Chair Exercise 2:00 Hydration/Snacks 3:00 Community Walk 5:00 50's Music
2 9:00 Daily Chronicles 10:00 Hydration/Snacks 11:00 Workout 2:00 Hydration/Snacks 3:00 Joel Osteen 5:00 Soft Music	3 9:00 Daily Chronicles 10:00 Hydration/Snacks 11:00 Monday Workout 2:00 Hydration/Snacks 3:00 Puzzle Time 5:00 Swing Music	4 9:00 Daily Chronicles 10:00 Hydration/Snacks 11:00 Fitness Tuesday 2:00 Hydration/Snacks 3:00 Let's Color 5:00 60's Music	5 9:00 Daily Chronicles 9:30 Bible Study W/ Pastor Barry Gillis 10:00 Hydration/Snacks 11:00 Workout Wednesday 2:00 Hydration/Snacks 3:00 Movie Time 5:00 50's Music	6 9:00 Daily Chronicles 10:00 Hydration/Snacks 11:00 Fitness Thursday 2:00 Hydration/Snacks 3:00 Crafts 5:00 Soft Music	7 9:00 Daily Chronicles 10:00 Hydration/Snacks 11:00 Workout Friday 2:00 Hydration/Snacks 3:00 Happy Hour W/Music 5:00 Swing Music 6:00 Popcorn & Movie	8 9:00 Daily Chronicles 10:00 Hydration/Snacks 11:00 Matching Cards 2:00 Hydration/Snacks 3:00 Balloon Tennis 5:00 50's Music
9 9:00 Daily Chronicles 10:00 Hydration/Snacks 11:00 Workout 1:30 Communion W/Glenda 2:00 Hydration/Snacks 3:00 Joel Osteen 5:00 Soft Music	10 9:00 Beauty/Barber Shop 9:00 Daily Chronicles 10:00 Workout W/Judy 11:00 Monday Workout 2:00 Hydration/Snacks 3:00 Crafts 5:00 Swing Music	11 9:00 Daily Chronicles 10:00 Hydration/Snacks 11:00 Fitness Tuesday 2:00 Hydration/Snacks 3:00 Puzzle Time 5:00 60's Music	12 9:00 Daily Chronicles 9:30 Bible Study W/ Pastor Barry Gillis 10:00 Hydration/Snacks 11:00 Workout Wednesday 2:00 Hydration/Snacks 3:00 Bean Bag Toss 5:00 50's Music	13 9:00 Daily Chronicles 10:00 Hydration/Snacks 11:00 Fitness Thursday 2:00 Hydration/Snacks 3:00 Balloon Tennis 5:00 Soft Music	14 9:00 Daily Chronicles 10:00 Hydration/Snacks 11:00 Workout Friday 2:00 Hydration/Snacks 3:00 Happy Hour W/Ice cream 5:00 Swing Music 6:00 Popcorn & Movie	15 9:00 Daily Chronicles 10:00 Hydration/Snacks 11:00 Chair Exercise 2:00 Hydration/Snacks 3:00 Community Walk 5:00 50's Music
16 9:00 Daily Chronicles 10:00 Hydrations/Snacks 11:00 Workout 2:00 Hydration/Snacks 3:00 Joel Osteen 5:00 Soft Music	17 9:00 Daily Chronicles 10:00 Hydration/Snacks 11:00 Monday Workout 2:00 Hydration/Snacks 3:00 Coloring Time 5:00 Swing Music	18 9:00 Daily Chronicles 10:00 Hydration/Snacks 11:00 Fitness Tuesday 2:00 Hydration/Snacks 3:00 Nailcare/Painting 5:00 60's Music	19 9:00 Daily Chronicles 9:30 Bible Study W/ Pastor Barry Gillis 10:00 Hydration/Snacks 11:00 Workout Wednesday 2:00 Hydration/Snacks 3:00 Movie Time 5:00 50's Music	20 9:00 Daily Chronicles 10:00 Hydration/Snacks 11:00 Fitness Thursday 2:00 Hydration/Snacks 3:00 Crafts 5:00 Soft Music	21 9:00 Daily Chronicles 10:00 Hydration/Snacks 11:00 Workout Friday 3:00 Happy Hour 4:00 Birthday Party (Oct.B-Day's) (W/CenterWell) 6:00 Movie & Popcorn	22 9:00 Daily Chronicles 10:00 Hydration/Snacks 11:00 Matching Cards 2:00 Hydration/Snacks 3:00 Balloon Tennis 5:00 50's Music
23/30 9:00 Daily Chronicles 10:00 Hydration/Snacks 11:00 Workout 2:00 Hydration/Snacks 3:00 Joel Osteen 5:00 Soft Music	24/31 9:00 Beauty/Barber Shop 9:00 Daily Chronicles 10:00 Workout W/Judy 11:00 Monday Workout 2:00 Hydration/Snacks 3:00 Crafts/ Halloween Party 5:00 Swing Music	25 9:00 Daily Chronicles 10:00 Hydration/Snacks 11:00 Fitness Tuesday 2:00 Hydration/Snacks 3:00 Puzzle Time 5:00 60's Music	26 9:00 Daily Chronicles 9:30 Bible Study W/ Pastor Barry Gillis 10:00 Hydration/Snacks 11:00 Workout Wednesday 2:00 Hydration/Snacks 3:00 Bean Bag Toss 5:00 50's Music	27 9:00 Daily Chronicles 10:00 Hydration/Snacks 11:00 Fitness Thursday 2:00 Hydration/Snacks 3:00 Nail care 5:00 Soft Music	28 9:00 Daily Chronicles 10:00 Hydration/Snacks 11:00 Workout Friday 2:00 Hydration/Snacks 3:00 Happy Hour W/Ice cream 5:00 Swing Music 6:00 Popcorn & Movie	29 9:00 Daily Chronicles 10:00 Hydration/Snacks 11:00 Chair Exercise 12:00 Oktoberfest 2:00 Hydration/Snacks 3:00 Community Walk 5:00 50's Music