	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
THE STATE OF THE S	Janu	lary Spirit	2025	Happy New Year 10:00 Showtunes and Snacks 11:00 Game Shows 1:00 Rest and Recharge 2:30 Storytime with Staff 3:00 Wednesday Westerns 6:00 After Dinner Song Favorites New Year's Day	10:00 Good Morning Stretching Exercises with Penney 10:30 Spirit Band Practice 1:30 Luna the Amazing Therapy Dog 2:00 Sweet Treats and Samba Dancing AW 3:00 Coloring and Puzzles AW 6:00 Magazines and Jazz	10:00 a.m. Show Tunes in Living Room 10:30 Balloon Volleyball with Staff 1:00 Hello Brazil Documentary AW 1:30 Transfiguration Catholic Church Theatre 6:00 Friday Night Movie	9:30 Daily Chronicles w/ Staff 10:30 Fun Activity with staff 1:00 Rest and Recharge 2:30 Chair Soccer AW 3:00 Movie Matinee 6:00 Sing A Long	
	9:30 Daily Chronicles w/ Staff 10:00 Live Streaming Church Service Surprise Activity with MOD 1:00 Rest and Relax 2:00 Puzzles and Tabletop Activities 3:00 Sunday Matinee with Popcorn 6:00 Brazil Armchair Travel AW		7 10:00 Stretching with Penney 10:30 Viva Brazil Music and Band Practice AW 1:30 Story Time with Penney 2:00 Magic Painting 6:00 Hallmark Movie with Cookies	10:00 Sandy Plains Staff Spa 10:30 Stretching with Penney 1:30 Rest and Recharge 1:30 Brazil Themed Coloring AW 3:00 Wednesday Westerns Living Room 6:00 Classical Music in Common Area		10 10:00 Armchair Exercises with Penney 10:30 Sing A Long 1:00 Rest and Relax 2:00 Armchair Soccer AW 6:00 Jazz and Jokes	9:30 Daily Chronicles w/ Staff Fun Activity with staff 1:00 Tabletop Activities 2:30 Movie Matinee 6:00 Favorite TV	
	9:30 Daily Chronicles w/ Staff 10:00 Live Streaming Church Service Activity with MOD 1:00 Rest and Relax 2:00 Puzzles and Tabletop Activities 3:00 Samba Concert YouTube AW	10:00 Game Show in Living Room 11:00 Sing A Long with Suzi Q You Tube 1:30 Rest and Recharge 2:30 Animal Bingo 6:00 Hallmark Holiday Movie	14 10:00 Armchair Exercise in Living Room 1:00 Aroma Therapy and Relaxation 1:30 Bible Study in Theatre 2:00 Birds of Paradise Coloring Project 3:00 Live Entertainment with Butch in Living Room 6:00 Sing A Long	15 10:00 Game Shows in Living Room 10:30 Balloon Volleyball 1:30 Rest and Recharge 2:30 Rainforest Armchair Travel AW 6:00 Puzzles and Art	16 10:00 Armchair Exercises 1:30 Luna the Amazing Therapy Dog 2:00 Storytime 2:30 Popsicles and Pop Music 3:00 Armchair Soccer AW 6:00 Jazz after Dinner	17 10:00 Game Shows 10:30 Courtyard Bird Watching 1:30 Transfiguration Catholic Church in Theatre 1:30 Bus Ride to Krispy Kreme Donuts 6:00 Music Sing a Long	9:30 Daily Chronicles w/ Staff 10:30 Fun Activity with staff 1:00 Tabletop Activities 2:30 Movie Matinee 6:00 Group Puzzles	
	9:30 Daily Chronicles w/ Staff 10:00 Live Streaming Church Service Activity with MOD 1:00 Rest and Relax 2:00 Puzzles and Tabletop Activities 3:00 Sunday Movie Matinee 6:00 Popular Show Tunes Activity Professionals Week	10:00 Let's Stretch	21 10:00 Let's Get Moving 10:30 Brazil Travel Trivia Contest AW 1:00 Aroma Therapy and Relaxation 1:30 Story Time 3:00 Card Workshop 6:00 Show Tunes	10:00 Spa Morning with Staff 1:00 Rest and Recharge 2:00 The Name Game 3:00 Dominoes for Fun 4:00 Sights of Brazil Coloring AW 6:00 Wednesday Cowboy TV	10:30 Games Shows 11:00 Showtunes	10:00 Exercise with Penney 10:30 Balloon Volleyball 1:00 Bus Trip to Senior Center for Dancing and Live Entertainment 2:00 Magic Painting 4:00 Hot Chocolate Party 6:00 Relaxing Tunes	9:30 Daily Chronicles w/ Staff 10:30 Fun Activity with staff 1:00 Tabletop Activities 2:30 Cowboy Matinee 6:00 Favorite TV	
	9:30 Daily Chronicles w/ Staff 10:00 Live Streaming Church Service Surprise Activity with MOD 2:30 Popsicle Party 3:00 Armchair Soccer 6:00 Favorite TV Shows	10:00 Let's Stretch in Living	10:00 Daily Chronicles 10:30 Armchair Stretching 11:00 Rain Forest Documentary You Tube 1:00 Rest and Recharge 3:00 Live Entertainment in Gathering Room with FPC on Demand (First Presbyterian Church of Marietta)	10:00 Music and Rhythm 10:30 Game Shows 1:30 Rest and Recharge 2:30 Rainforest Armchair Travel AW 6:00 Puzzles and Art Chinese New Year (Year of the Snake)	10:00 Armchair Exercise with Penney 1:30 Luna the Amazing Therapy Dog 2:00 Storytime 2:30 Popsicle Party 3:00 Balloon Volleyball 6:00 Jazz after Dinner		£ LEGACY RIDGE	
	EGACY RIDGE AT SANDY PLAINS 3039 SANDY PLAINS ROAD, MARIETTA GA 30066. Activities are subject to change.							