

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:30 Daily Chronicles w/ Staff 10:00 Live Streaming Church Service 1:00 Rest and Relax 2:00 Puzzles and Tabletop Activities 3:00 Sunday Matinee with Popcorn 6:00 Rocky Mountain Documentary Living Room NP</p> <p><b>1</b></p>	<p>10:00 Daily Chronicles 10:30 Table Hockey 1:00 Aromatherapy and relaxation 1:00 Hallmark Movie 2:30 Rocky Road Ice Cream with John Denver Tunes NP 3:30 Rocky Mountain Coloring NP</p> <p>Labor Day</p> <p><b>2</b></p>	<p>10:00 Armchair Exercises with Penney 10:30 Rocky Mountains National Park Trivia NP</p> <p>2:00 Special Visit Miniature Ponies NP 6:00 Hallmark Movie with Cookies</p> <p><b>3</b></p>	<p>10:00 Let's Get Moving with Penney 10:30 Word in a Word NP 1:00 Rest and Recharge</p> <p>3:00 Wednesday Westerns 6:00 After Dinner Song Favorites</p> <p><b>4</b></p>	<p>10:00 Let's Get Moving with Penney 10:30 Poetry Workshop 1:30 Luna the Amazing Therapy Dog 2:00 Picture Bingo 3:00 Coloring and Puzzles NP 6:00 Books and Jazz</p> <p><b>5</b></p>	<p>10:00 Bubbles and Exercise 10:30 Balloon Volleyball 1 Rest and Recharge 1:00 A Sweet Scenic Bus Trip 1:30 Transfiguration Catholic Church Theatre 6:00 p.m. Friday movie with Popcorn</p> <p><b>6</b></p>	<p>9:30 Daily Chronicles w/ Staff 10:30 Fun Activity with staff 1:00 Tabletop Activities 2:30 Movie Time with Snack 6:00 Sing A Long</p> <p><b>7</b></p>
<p><b>National Assisted Living Week "Inspiring Generations"</b> 9:30 Daily Chronicles w/ Staff 10:00 Live Streaming Church Service 11:00 Inspiring Generations, Chat with Darrell Brown, Wellness Director 1:00 Rest and Relax 2:00 Puzzles and Tabletop Activities 3:00 Music Concert YouTube</p> <p>Grandparents Day</p> <p><b>8</b></p>	<p><b>National Assisted Living Week "Inspiring Generations"</b> 10:00 Exercise with Penney 11:00 NALW Clown Theatre 1:00 Rest and Relaxation 2:00 Balloon Volleyball 6:00 After Dinner Movie</p> <p><b>9</b></p>	<p><b>National Assisted Living Week "Inspiring Generations"</b> 10:00 Stretch and Move 10:30 Happiness Project 1:00 Aroma Therapy and Relaxation 2:00 Magic Painting 3:00 NALW Celebrating The Decades with Butch Living Room 6:00 Sing A Long You Tube</p> <p><b>10</b></p>	<p><b>National Assisted Living Week "Inspiring Generations"</b> 10:00 Music Sing a Long 10:30 Tabletop Activities 1:00 Rest and Recharge 1:30 Fresh Air Walk 3:00 Wednesday Westerns 6:00 NALW Wine Down Celebrating Generations</p> <p><b>11</b></p>	<p><b>National Assisted Living Week "Inspiring Generations"</b> <b>Spirit Day - wear your favorite team jersey</b> 10:00 Stretching with Penney to John Denver Tunes NP 10:30 Happiness Project 1:30 Visit with Therapy dog, Luna 2:00 Live Entertainment Upstairs by the Piano 6:00 After Dinner Movie</p> <p><b>12</b></p>	<p><b>National Assisted Living Week "Inspiring Generations"</b> <b>Rocky Mountain Western Bandana Day</b> 10:00 Armchair Exercises with Penney 10:30 Magic Painting 1:00 Bus Ride to Senior Center 3:00 Rocky Road Happy Hour NP 6:00 Jazz and Jokes</p> <p><b>13</b></p>	<p><b>National Assisted Living Week "Inspiring Generations"</b> 9:30 Daily Chronicles w/ Staff 10:30 Fun Activity with staff 1:00 NALW Photo Shoot - Celebrating Generations 2:30 Movie Matinee 6:00 Favorite TV</p> <p><b>14</b></p>
<p>9:30 Daily Chronicles w/ Staff 10:00 Live Streaming Church Service 1:00 Rest and Relax 2:00 Puzzles and Tabletop Activities 3:00 Sunday Movie Matinee 6:00 Popular Show Tunes</p> <p><b>15</b></p>	<p>10:00 Exercise with Penney 10:30 Spirit Band Practice 1:00 Aroma Therapy and Relaxation 2:00 The Name Game 3:00 Group Word Search 6:00 Classic TV</p> <p><b>16</b></p>	<p>10:00 Let's Get Moving with Penney 10:30 Rocky Mountain Trivia NP 1:00 Aroma Therapy and Relaxation 1:30 Story Time 2:00 Table Hockey 3:00 US Puzzle and Chat 6:00 Show Tunes</p> <p><b>17</b></p>	<p>10:00 Nail Spa with Staff 10:30 Island Music NP 1:30 Rest and Recharge 2:00 Magic Painting 3:00 Life Entertainment with Jim in Living Room 6:00 Puzzles and Art NP</p> <p><b>18</b></p>	<p>10:00 Exercise with Penney 10:30 Stories and Secrets 1:30 Visit with Therapy Dog, Luna 2:00 Let's Bake Cookies 3:00 TV Show Favorites with our Baked Cookies 6:00 Classic TV</p> <p><b>19</b></p>	<p>10:00 Let's Stretch with Penney 10:30 Courtyard Bird Watching 1:30 Transfiguration Catholic Church in Theatre 2:30 Ice Cream Sundae with Trail Mix NP 6:00 Music Sing A Long</p> <p><b>20</b></p>	<p>9:30 Daily Chronicles w/ Staff 10:30 Fun Activity with staff 1:00 Tabletop Activities 2:30 Movie Matinee 6:00 Group Puzzles</p> <p>Oktoberfest Begins</p> <p><b>21</b></p>
<p>9:30 Daily Chronicles w/ Staff 10:00 Live Streaming Church Service 1:00 Rest and Relax 2:00 Ice Cream in the House Day 3:00 Bird Watching in the Courtyard 6:00 Favorite TV Shows</p> <p>Autumn Begins</p> <p><b>22</b></p>	<p>10:00 Let's Stretch with Penney 10:30 Word in a Word 1:00 Rest and Relaxation 2:00 Balloon Volleyball 3:00 Favorite Showtunes 6:00 Art and Word Puzzles</p> <p><b>23</b></p>	<p>10:00 Let's Get Moving with Penney 10:30 Tell Me a Story 1:00 Aroma Therapy and Relaxation 2:00 Live Entertainment Upstairs by Piano 6:00 Puzzles and Art</p> <p><b>24</b></p>	<p>10:00 Let's Get Moving with Penney 10:30 Showtunes with Spirit Band 12:00 Community Birthday Celebration 1:00 Armchair Travel to Rocky Mountain National Park NP 3:30 Wednesday Westerns</p> <p><b>25</b></p>	<p>10:00 Armchair Exercises with Penney 10:30 Bird Hose Project NP 1:30 Visit with Therapy dog, Luna 2:00 Rocky Mountain Celebration NP 3:00 Table Hockey with Staff 6:00 Classical Music</p> <p><b>26</b></p>	<p>10:00 Sing A Long 10:30 Activity Boxes 1:00 Rest and Recharge 2:00 Magic Painting 3:30 Friday Afternoon at the Movies 6:00 Relaxing Tunes</p> <p><b>27</b></p>	<p>9:30 Daily Chronicles w/ Staff 10:30 Fun Activity with staff 1:00 Tabletop Activities 2:30 Movie Matinee 6:00 Favorite TV</p> <p><b>28</b></p>
<p>9:30 Daily Chronicles w/ Staff 10:00 Live Streaming Church Service 1:00 Rest and Relax 2:00 Puzzles and Tabletop Activities 3:00 Sunday Movie Matinee 6:00 Jazz and Jokes</p> <p><b>29</b></p>	<p>10:00 The Majestic Rocky Mountains of North America You Tube NP 1:00 Aroma Therapy and Relaxation 2:00 Table Hockey 3:00 Brain Games 6:00 Camp Fire Tunes NP</p> <p><b>30</b></p>	<p>We love our Residents</p> <h1>September 2024</h1> <p>Spirit Calendar</p>				