Sunday Monday Tuesday Wednesday Thursday Friday Saturday

9:30 Breathing and

Balance movement!

11:30 - Snackin' w/ Serita

2: 00 -Music Sing a long

Memory Care Calendar - February 2025 Welcome to Iceland!

- 2	KEY: Blue= V	isitors or Off Campus Event	/ Highlighted = Around The	World Activity		6:00 Music Wind Down
9:30 - Music & 2 Movement 11:30 Sunday Blessing 3:00 Ground Hog Day News 6:00 Music Wind Down	9:30- Breathing & 3 Balance 11:30 Daily Devotional 1:00 Rickey Sims Band 2: 00 - Daily Chronicle 6:00 Music Wind Down	9:30 - Seated 4 Muscle & Weights Guide 12:00 - HEART HEALTH art activity 2:00 - Iceland Find a Fact 6:00 - Music Wind Down	9:30 Stretch Band 5 Stretch 11:30 Daily Devotional 1:00 HOPE THE COMFORT DOG 6:00 Music Wind Down	9:30 - Music & 6 Movement 11:30 - National Chopsticks Day Fine motor fun! 2:00-Iceland Picture Find 6:00 Music Wind Down	9:30 - Shake, Rattle, & 7 Roll 11:30 - Black History Month story chat 2: 00 - What Doesn't Belong? 6:00 Music Wind Down	9:30 - Guided 8 Exercise 11:30 - Devotion w/Larry 2: 00 -Music Sing a long 6:00 Music Wind Down
9:30 - Music & 9 Movement	9:30 Breathing & 10 Balance W/ Noel!	9:30 -Guide 11 Peppermint Patty Toss	9:30 Stretch Band 12 Stretch		9:30 - VALENTINE'S DAY 4 YOGA!	9:30 - Guided 15 Exercise
10:00 Legacy Ridge Worship Service 2:00 Snack Box Creations SUPER BOWL SUNDAY @ 6PM	11:30 - Daily Devotion 1:00- V-Day Candy Dice 2: 00 - Riddle Me This! 6:00 Music Wind Down	12:30 "Cupid Says" Fun 1:00- Mr. Allan guitar Special 2:00 Iceland Book Read 6:00 - Music Wind Down	10:30 Daily Chronicle Iceland Edition "What's in the flag? 2: 00 - Volley Balloon 6:00 Music Wind Down	11:30 - National Cheddar Day- Fondue Fun! 1:00pm SEARCH & SHOP 6:00 Music Wind Down	1:00 - Candy Cart- How many Kiss in the jar? 2: 00 - What Doesn't Belong? 6:00 Music Wind Downs	11:30 - Dog Days w/ Ann 2: 00 -Music Sing a long 6:00 Music Wind Down
9:30 - Music & 16 Movement 11:30 Sunday Blessing 3:00 Daily Chronicle	9:30- Breathing & 17 Balance 11:30 - Black History Month story chat 2: 00 - Riddle Me This!	9:30 - Seated 18 Muscle & Weights Guide 1: 00 HAPPY TAILS VISITS! 2: 00 - Daily Chronicle	9:30 Stretch Band 19 Stretch 10:30-National Horse Day with virtual video 2: 00- Moments &	9:30 - Breathing and 20 Balance! 11:30 - Blue Lagoon Virtual Visit! 2: 00 - Card Games	9:30 - Shake, Rattle, & 21 Roll 10:00- Musical guest Jeanette Conway 2: 00 - What Doesn't	9:30 - Guided 22 Exercise 11:30 - Lookin' Around w/Lee 2: 00 -Music Sing a long
6:00 Music Wind Down	6:00 Music Wind Down	6:00 - Music Wind Down	Mementos (Show & Tell) 6:00 Music Wind Down	6:00 Music Wind Down	Belong? *Legacy Laughter & Love Family hour 4pm-6pm	
9:30 - Music & 23 Movement 11:30 Sunday Blessing	Balance W/ Noel! 11:30 - Daily Devotion	9:30 - Seated 25 Muscle & Weights Guide 11:00 - Riddle Me This	FEBRUARY BDAY 26 CELEBRATION DAY w/ SANDRA! 9:30 Stretch Band	9:30 - Breathing and 27 Balance! 11:30 - Moments and Mementos (Show & Tell)	9:30 - Shake, Rattle, & 28 Roll 1:00 - Table-Card Games in the dining room	Resident Birthday Mr. Ernie 2/2 Mr. Jose 2/4
3:00 Daily Chronicle 6:00 Music Wind Down	1:00- Chips & Salsa Day 2: 00 - Riddle Me This! 6:00 Music Wind Down	Iceland Edition 1:00 Heart to Heart with Lauren from Affinity	Stretch 10:30 Daily Devotional 2: 00 - BINGO 6:00 Music Wind Down	1:00- Valentines Cookie Bar w/ Drew @Mercury 3:00 - Iceland Stamp Tally 6:00 Music Wind Down	2:00- Yogurt Bar Haley	Staff Birthday Ruth 2/2 Crystal 2/26