Sunday Monday Tuesday Wednesday Thursday Friday Saturday 10:00 - Breathing and **Balance movement!** Assisted Living Calendar - February 2025 11:30 - Snackin' w/ Serita Welcome to Iceland! 2: 00 - Open Game

cabinet Activity (Life)

KEY: Blue= Visitors or Off Campus Event / Highlighted = Around The World Activity						6:00 Daily Chronicle
10:00 - Guided seated 2 exercise  11:30 Sunday Blessing in the Private Dining Room  3:00 Daily Chronicle  6:00 Evening News in the Lobby	exercise 11:30 Daily Devotional in private dining 2: 00 - BINGO	10:00 - Seated 4 Muscle & Weights Guide  12:00 - Lunch and Learn Table by Table 3:00 Iceland Documentary  6:00 - Music Wind Down	9:30 Stretch Band 5 Stretch 10:30 Bible Study w/ Lisa 1:00 HOPE THE COMFORT DOG 2: 00 - BINGO 6:00 Daily Chronicle	10:00 - Breathing and 6 Balance movement!  11:30 - Moments and Mementos in private dining room  2:00-Iceland Word Find 6:00 Daily Chronicle	10:00 - Breathing and 7 Balance movement!  11:30 - Black History Month group chat  2: 00 - BINGO  6:00 Daily Chronicle	10:00 - Guided 8 Exercise 11:30 - Devotion w/Larry 2: 00 - Open Game cabinet activities (Scrabble) 6:00 Daily Chronicle
9:30 - Chat and Chew! 9 10:00 Legacy Ridge Worship Service 2:00 Snack Box Creations SUPER BOWL SUNDAY @ 6PM	9:30 Breathing & 10 Balance W/ Noel! 11:30 - Daily Devotion in private dining 1:00- V-Day Candy Dice 2: 00 - BINGO 6:00 Daily Chronicle	10:00 - Seated 11 Muscle & Weights Guide 1:00- Cobb Mobile Library visits 2: 00- Iceland Flag Chat! 6:00 - Music Wind Down	9:30 Stretch Band 12 Stretch  10:30 Bible Study w/ Lisa  1:00- Ricky the Trivia Man  2: 00 - BINGO  6:00 Daily Chronicle	10:00 Music & 13 Movement  11:30 - Black History Month group chat  1: 00pm COMMUNITY STORE  6:00 Daily Chronicle	VALENTINE'S DAY 14  10:00 - STORE OUTING  1:00 - Table Card Games in the dining room  2:00 BINGO  6:00 Daily Chronicle	10:00 - Guided 15 Exercise 11:30 - Dog Days w/ Ann 2: 00 - Open Game Cabinet activities (Dominoes) 6:00 Daily chronicle
<ul> <li>10:00 - Guided seated 16 exercise</li> <li>11:30 Sunday Blessing in the Private Dining Room</li> <li>3:00 Daily Chronicle</li> <li>6:00 Evening News in the Lobby</li> </ul>	exercise  1:00 - 360 Games Trivia in the private dining  2: 00 - BINGO	10:00 - Seated 18 Muscle & Weights Guide 1: 00 HAPPY TAILS VISITS! 2: 00 - Daily Chronicle 6:00 - Music Wind Down	9:30 Stretch Band 19 Stretch  10:30 Bible Study w/ Lisa  2: 00 - BINGO  6:00 Daily Chronicle	10:00 - Breathing and 20 Balance movement!  11:30 - Blue Lagoon Virtual Visit!  2: 00 - Card Games  6:00 Daily Chronicle	10:00 - Breathing and 21 Balance movement!  11:30 - Resident Council  Legacy Laughter & Love Family hour 4pm-6pm	10:00 - Guided 22 Exercise  11:30 - Lookin' Around w/Lee  2: 00 - Open Game Cabinet activities (Checkers) 6:00 Daily Chronicle
<ul> <li>10:00 - Guided seated 23 exercise</li> <li>11:30 Sunday Blessing in the Private Dining Room</li> <li>3:00 Daily Chronicle</li> <li>6:00 Evening News in the Lobby</li> </ul>	Balance W/ Noel!  11:30 - Daily Devotion in private dining  2: 00 - BINGO	10:00 - Seated 25 Muscle & Weights Guide  12:00 - Riddle Me This Iceland Edition  2: 00 - Daily Chronicle  6:00 - Music Wind Down	FEBRUARY BDAY 26 CELEBRATION DAY w/ SANDRA!  9:30 Stretch Band Stretch 10:30 Bible Study w/ Lisa 2: 00 - BINGO 6:00 Daily Chronicle	10:00 - Breathing and 27 Balance movement! 11:30 - Moments and Mementos in private dining room 1:00- Valentines Cookie Bar w/ Drew @Mercury 6:00 Daily Chronicle	10:00 - CHIC FIL A 28 OUTING  1:00 - Table-Card Games in the dining room  Iceland Stamp Tally  2:00 BINGO 6:00 Daily Chronicle	Resident Birthday Mr. Ernie 2/2 Mr. Jose 2/4  Staff Birthday Ruth 2/2 Crystal 2/26