

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 Fitness Club 11:00 Worship Services 3:00 Daily Chronicle 5:30 Evening Stretch	2 9:00 Improved Health Range of Motion Exercise 10:00 Daily Devotion 1:00 Sight Sensory - Character Matching Game 2:00 Christmas Tree Decorating 3:30 Magnificent Glacier National Park, Vintage Documentary 6:00 Nightly Wind Down - Soft Music and Stretching	3 9:00 Chair Exercises with Improved Health 10:00 Daily Devotion 10:30 Christmas Tree Lighting Ceremony 1:00 Hearing Sensory - Guess that Sound 2:00 Bingo! 3:00 Dance Party with Devon 6:00 Nightly Wind Down - Soft Music and Stretching	4 9:00 Improved Health Improve Mobility, ROM and Flexibility Exercise 10:00 Bingo! 11:30 Christmas Carol Karaoke 4:00 Pinecone Decorating 6:00 Nightly Wind Down - Soft Music and Stretching	5 9:00 Morning Wake Up Music and Coloring 10:00 Daily Devotion 1:00 Smell Sensory - Aromatherapy 2:00 Bingo! 3:00 Glacier NP Snowglobe Ornament 6:00 Nightly Wind Down - Soft Music and Stretching	6 9:00 Improved Health Seated Full Body Exercise 10:00 Daily Devotion 2:00 One-on-Ones with Residents 3:00 Puzzle Table 6:00 Nightly Wind Down - Soft Music and Stretching	7 9:30 Sit and Fit Exercise Club 10:30 Devotion with Larry (RA) 12:30 Puzzle Corner 3:30 Daily Chronicle 5:30 Evening Stretch
8 9:30 Fitness Club 11:00 Worship Services 3:00 Daily Chronicle 5:30 Evening Stretch	9 9:00 Improved Health Range of Motion Exercise 10:00 Daily Devotion 1:00 Sight Sensory - Character Matching Game 3:30 Glacier NP Ice Fishing 6:00 Nightly Wind Down - Soft Music and Stretching	10 9:00 Chair Exercises with Improved Health 10:00 Daily Devotion 1:00 Music with Alan 2:00 Bingo! 3:00 Dance Party with Devon 6:00 Nightly Wind Down - Soft Music and Stretching	11 9:00 Improved Health Improve Mobility, ROM and Flexibility Exercise 10:00 Bingo! 12:00 Paper Christmas Wreath Craft 1:30 Glacier NP Cinnamon Roll Baking 2:30 Christmas Candy Dice 6:00 Nightly Wind Down - Soft Music and Stretching	12 9:00 Morning Wake Up Music and Coloring 10:00 Daily Devotion 1:00 Smell Sensory - Aromatherapy 2:00 Bingo! 3:00 Dynamic Static Stretching Exercises 6:00 Nightly Wind Down - Soft Music and Stretching	13 9:00 Improved Health Seated Full Body Exercise 10:00 Daily Devotion 2:00 Classical Conversations of Marietta - Caroling 3:00 Classical Conversations of Marietta - Hot Chocolate and Cookie Decorating 6:00 Nightly Wind Down - Soft Music and Stretching	14 9:30 Sit and Fit Exercise Club 10:30 Devotion with Larry (RA) 12:30 Puzzle Corner 3:30 Daily Chronicle 5:30 Evening Stretch
15 9:30 Fitness Club 11:00 Worship Services 3:00 Daily Chronicle 5:30 Evening Stretch	16 9:00 Improved Health Range of Motion Exercise 10:00 Daily Devotion 1:00 Sight Sensory - Character Matching Game 2:30 Glacier Mountain Coloring 6:00 Nightly Wind Down - Soft Music and Stretching	17 9:00 Chair Exercises with Improved Health 10:00 Daily Devotion 1:00 Hearing Sensory - Guess that Sound 2:00 Happy Tails Visit 3:00 Dance Party with Devon 6:00 Nightly Wind Down - Soft Music and Stretching	18 9:00 Improved Health Improve Mobility, ROM and Flexibility Exercise 10:00 Bingo! 12:00 Gingerbread House Decorating 2:00 When Harry Met Sally Movie 6:00 Nightly Wind Down - Soft Music and Stretching	19 9:00 Morning Wake Up Music and Coloring 10:00 Daily Devotion 1:00 Smell Sensory - Aromatherapy 2:00 Bingo! 3:00 Dynamic Static Stretching Exercises 6:00 Nightly Wind Down - Soft Music and Stretching	20 9:00 Improved Health Seated Full Body Exercise 10:00 Daily Devotion 2:00 One-on-Ones with Residents 3:00 Puzzle Table 6:00 Nightly Wind Down - Soft Music and Stretching	21 9:30 Sit and Fit Exercise Club 10:30 Devotion with Larry (RA) 12:30 Puzzle Corner 3:30 Daily Chronicle 5:30 Evening Stretch
22 9:30 Fitness Club 11:00 Worship Services 3:00 Daily Chronicle 5:30 Evening Stretch	23 9:00 Improved Health Range of Motion Exercise 10:00 Daily Devotion 1:00 Sight Sensory - Character Matching Game 2:00 Christmas Ball Toss 6:00 Nightly Wind Down - Soft Music and Stretching	24 9:00 Chair Exercises with Improved Health 10:00 Daily Devotion 1:00 Hearing Sensory - Guess that Sound 12:00 Eggnog Bar - Glacier NP Inspired 3:00 Love in Glacier National: A National Park Romance 6:00 Nightly Wind Down - Soft Music and Stretching	25 Christmas 9:00 It's a Wonderful Life Movie 11:00 White Christmas Movie 1:30 Miracle on 34th Street Movie 3:30 A Christmas Carol 5:30 Charlie Brown Christmas	26 9:00 Morning Wake Up Music and Coloring 10:00 Daily Devotion 1:00 Smell Sensory - Aromatherapy 2:00 Bingo! 3:00 Dynamic Static Stretching Exercises 6:00 Nightly Wind Down - Soft Music and Stretching	27 9:00 Improved Health Seated Full Body Exercise 10:00 Daily Devotion 2:00 One-on-Ones with Residents 3:00 Puzzle Table 6:00 Nightly Wind Down - Soft Music and Stretching	28 9:30 Sit and Fit Exercise Club 10:30 Devotion with Larry (RA) 12:30 Puzzle Corner 3:30 Daily Chronicle 5:30 Evening Stretch
29 9:30 Fitness Club 11:00 Worship Services 3:00 Daily Chronicle 5:30 Evening Stretch	30 9:00 Improved Health Range of Motion Exercise 10:00 Daily Devotion 1:00 Sight Sensory - Character Matching Game 2:30 Christmas Taboo 6:00 Nightly Wind Down - Soft Music and Stretching	31 9:00 Chair Exercises with Improved Health 10:00 Daily Devotion 1:00 Hearing Sensory - Guess that Sound 2:00 Bingo! 3:00 Dance Party with Devon 6:00 Nightly Wind Down - Soft Music and Stretching	Resident Birthdays Larry D - 12/4 Jack H - 12/18	Staff Birthday Jai - 12/15		