

January 2024

Fitness Mindful
Social Creative
Spiritual Assisted Living Common Area
Outing Purposeful
Sensory Q Outing

ASSISTED LIVING & MEMORY CARE				Sensory Q Outing		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
JANUARY	New Year's Day 9:30 Exercise 10:30 Daily Devotion 1:00 Golf Putting 2:00 Sensory Activity 4:00 Storytelling 6:00 News & Chat	9:30 Exercise 10:30 Daily Devotion 1:30 Bible Study with Jack 2:30 Creative Activity 3:00 Sing-a-Long 6:00 Evening News & Chat	9:30 Exercise 10:30 Baking 11:00 Arts & Crafts 12:00 Daily Chronicle 2:00 Snack & Chat 6:00 Classic Movie	9:30 Exercise 10:30 Daily Devotion 1:00 Sensory Activity 2:00 Daily Chronicle 3:00 Sing-a-Long 6:00 Lawrence Welk Show	9:30 Exercise 10:30 Daily Devotion 1:00 Cornhole Game 2:00 Storytelling 3:00 Creative Activity 6:00 Best Shows '50s / '60s	9:30 Exercise 10:30 Daily Devotion 1:30 Cognitive Activity 2:30 Puzzles 4:00 Daily Chronicles 6:00 Favorite TV Shows
9:30 Exercise 9:45 Sunday Worship 1:00 Sensory Activity 2:00 Creative Activity 8:00 Sing-a-Long 1:00 Puzzles	9:30 Exercise 10:30 Daily Devotion 1:00 Golf Putting 2:00 Sensory Activity 4:00 Storytelling 6:00 News & Chat	9:30 Exercise 10:30 Daily Devotion 1:30 Bible Study with Jack 2:30 Creative Activity 3:00 Sing-a-Long 6:00 Evening News & Chat	9:30 Exercise 10:30 Baking 11:00 Arts & Crafts 12:00 Daily Chronicle 2:00 Snack & Chat 6:00 Classic Movie	9:30 Exercise 10:30 Daily Devotion 1:00 Sensory Activity 2:00 Special Guest Activity 3:00 Sing-a-Long 6:00 Lawrence Welk Show	9:30 Exercise 10:30 Daily Devotion 1:00 Cornhole Game 2:00 Storytelling 3:00 Creative Activity 6:00 Best Shows '50s / '60s	9:30 Exercise 10:30 Daily Devotion 1:30 Cognitive Activity 2:30 Puzzles 4:00 Daily Chronicles 6:00 Favorite TV Shows
9:30 Exercise 9:45 Sunday Worship 1:00 Sensory Activity 2:00 Creative Activity 3:00 Sing-a-Long 4:00 Puzzles	Martin Luther King Jr. Day 9:30 Exercise 10:30 Daily Devotion 1:00 Ice Cream Outing! Q 2:00 Sensory Activity 4:00 Storytelling 6:00 News & Chat	9:30 Exercise 10:30 Daily Devotion 1:30 Bible Study with Jack 2:30 Creative Activity 3:00 Sing-a-Long 6:00 Evening News & Chat	9:30 Exercise 10:30 Baking 11:00 Arts & Crafts 12:00 Daily Chronicle 2:00 Snack & Chat 6:00 Classic Movie	9:30 Exercise 10:30 Daily Devotion 1:00 Sensory Activity 2:00 Daily Chronicle 3:00 Sing-a-Long 6:00 Lawrence Welk Show	9:30 Exercise 10:30 Daily Devotion 1:00 Cornhole Game 2:00 Travel & Taste 3:00 Creative Activity 6:00 Best Shows '50s / '60s	9:30 Exercise 10:30 Daily Devotion 1:30 Cognitive Activity 2:30 Puzzles 4:00 Daily Chronicles 6:00 Favorite TV Shows
2:30 Exercise 2:45 Sunday Worship 1:00 Sensory Activity 2:00 Creative Activity 3:00 Sing-a-Long 1:00 Puzzles	9:30 Exercise 10:30 Daily Devotion 1:00 Golf Putting 2:00 Sensory Activity 4:00 Storytelling 6:00 News & Chat	9:30 Exercise 10:30 Daily Devotion 1:30 Bible Study with Jack 2:30 Creative Activity 3:00 Sing-a-Long 6:00 Evening News & Chat	9:30 Exercise 10:30 Baking 11:00 Arts & Crafts 12:00 Daily Chronicle 2:00 Snack & Chat 6:00 Classic Movie	9:30 Exercise 10:30 Daily Devotion 1:00 Sensory Activity 2:00 Daily Chronicle 3:00 Sing-a-Long 6:00 Lawrence Welk Show	9:30 Exercise 10:30 Daily Devotion 1:00 Cornhole Game 2:00 Storytelling 3:00 Creative Activity 6:00 Best Shows '50s / '60s	9:30 Exercise 10:30 Daily Devotion 1:30 Cognitive Activity 2:30 Puzzles 4:00 Daily Chronicles 6:00 Favorite TV Shows
9:30 Exercise 0:45 Sunday Worship 1:00 Sensory Activity 2:00 Creative Activity 3:00 Sing-a-Long 1:00 Puzzles	9:30 Exercise 10:30 Daily Devotion 1:00 Outing TBA 2 2:00 Sensory Activity 4:00 Storytelling 6:00 News & Chat	9:30 Exercise 10:30 Daily Devotion 1:30 Bible Study with Jack 2:30 Creative Activity 3:00 Sing-a-Long 6:00 Evening News & Chat	9:30 Exercise 10:30 Baking 11:00 Arts & Crafts 12:00 Daily Chronicle 2:00 Snack & Chat 6:00 Classic Movie	31		