

2026

September 1980'S

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MEMORY CARE CALENDAR

An Active Living Community



Sunday



Monday



Tuesday



Wednesday



thursday



Friday



Saturday

TTD 1980's
Think tank
Woman's Group
Men's Group
Memory & Mementos
Managers



↑ Forgiveness Day
-Hydration
-Morning workout
-1980's Photo shoot
-Snack/Hydration
-Garden Club

↑ Hydration
-Movie Matinee
-Wellness Wednesday
w/Melissa
-Movie Night Ghost
Busters

3 -Hydration
-Pop Art Painting
-Thirsty Thursday
-Bingo
-Movie Night

4 -Hydration
-Scrapbooking
-Ice cream Social
mini fruit tart
w/Kevin
-Music & Movement

5 Hydration & News
-Self-Care Saturday
-Morning workout
-Snack/ Hydration
-MOD Activity Art

6 -Sunday Worship
w/ Coffee
-Music/Movement
-MOD activity
Puzzles
-Snack/ Hydration

7 Labor Day
-Hydration
-Morning workout
-Learn the moonwalk
-Snack/Hydration
-Manicure Monday

8 -Hydration
-Tinker Tuesday
-Snack/Hydration
-Karaoke 1980's
-Movie night

9 Teddy Bear Day
-Hydration
-Movie Matinee Field
of Dreams
-B & B w/Noel
-Wellness
Wednesday (Juicing)

10 Hydration
-Letter art Canvas
-Thirsty Thursday
-Milkshakes w/ Cassie
-Music & Movement
-Movie Night

11 Hydration
-Jewelry Making
w/Audrey
-Ice Cream Social
w/Cookies
-Garden Walk
-Movie Night

12 Choco Milk Day
-Hydration & News
-Self-Care Saturday
-Morning workout
-Snack/ Hydration
-MOD Activity Art

13 -Sunday Worship
w/ Coffee
-Music/Movement
-MOD activity
Puzzles
-Snack/ Hydration

14 Hydration
-Make Peach
Melba's
-Snack/Hydration
-Manicure Monday
-Movie night

15 -Hydration
-Morning Workout
-Make Corsages
w/JoEllen
-Snack/Hydration
-Movie Night

16 Guacamole Day
-Hydration
-Movie Matinee The
Karate Kid
-Make Guacamole
-Garden Walk
-Movie Night

17 -Hydration
-Generation Disco
-Thirsty Thursday
(Fresh squeezed OJ)
-Chocolate Bingo
-Movie Night

18 FAMILY
GATHERING
SENIOR PROM
12pm
PARTY BUS RIDE
2PM

19 -Hydration & News
-Self-Care Saturday
-Morning workout
-Snack/ Hydration
-MOD Activity Art

20 -Sunday Worship
w/ Coffee
-Music/Movement
-MOD activity
Puzzles
-Snack/ Hydration

21 Intl Day of Peace
-Hydration
-Meditation/
Aromatherapy
-Name the price
1980's
-Snack/Hydration
-Movie Night

22 Hydration
-Coaster Art
-Finish the phrase
-Bingo
-Movie Night

23 Hydration
-Movie Matinee The
Breakfast Club
-B & B w/Noel
-Wellness Wednesday
(Juicing)
-Movie Night

24 -Hydration
-Bottle Lamp Art
-Thirsty Thursday
-Sorting Game
-Movie Night

25 Hydration
-Scenic Tour w/Tonzia
-Ice Cream social
-Garden Walk
-Uno
-Movie Night

26 Hydration & News
-Self-Care Saturday
-Morning workout
-Snack/ Hydration
-MOD Activity Art

27 -Sunday Worship
w/ Coffee
-Music/Movement
-MOD activity
Puzzles
-Snack/ Hydration

28 Hydration
-1980's Workout
-Finish the Phrase
-Make your own
Yogurt Parfaits
-Manicure Monday

29 Hydration
-Morning Stretch
-Trivia Tuesday
1980's
-Snack/Hydration
Movie Night

30 Hydrate
-Movie Matinee
Back to the future
-Snack/Hydration
-UNO
-Movie Night

