

2026 AUGUST 1970'S

Legacy Ridge Buckhead MEMORY CARE



Sunday



Monday



Tuesday



Wednesday



thursday



Friday



Saturday

Men's Group
Women's Group
Memories and Mementos
Think Tank
Through the Decades
Leadership

1 -Snack/Hydration
-Garden walk
-MOD led activity
-Snack/Hydration
-Movie night

2 -Snack/Hydration
-Church Services
-MOD led activity
-Garden Walk
-Snack/Hydration
-Movie night

3 -Snack/Hydration
-Game time
-Outdoor walk
-Snack /Hydration
-Manicure Monday
-Movie night

4 -Snack/Hydration
-Create a LRB scrapbook
-Snack/Hydration
-Bingo
-Movie night

5 -Snack/Hydration
-Movie Matinee
Grease
-Snack/Hydration w/
Melissa
-Movie Night

6 -Snack/Hydration
-Minimalist painting
-Thirsty Thursday
smoothies w/Cassie
-Snack/Hydration
-Movie Night

7 -Snack/Hydration
-Cookie Decorating
w/Kevin
-Ice Cream social
- Karaoke
-Movie Night

8 -Snack/Hydration
-Chair Yoga
-MOD led activity
-Finish the phrase
-Snack/Hydration
-Movie night

9 -Snack/Hydration
-Church Service
-MOD led activity
-Snack/Hydration
-Movie night

10 -Snack/Hydration
-70's Slang/Phrases
-Outdoor walk
-Snack /Hydration
-Manicure Monday
-Movie night

11 -Snack/Hydration
-Music/ Movement
-Snack/Hydration
-1970 Fashion Trivia
-Movie night

12 -Snack/Hydration
-Movie Matinee
-B&B with Noel
-Snack/Hydration
-Movie Night

13 -Snack/Hydration
-Macramé Art
-Thirsty Thursday
Vinyl records w/Tonzia
-Movie Night

14 -Snack/Hydration
-Chair Yoga
- Ice Cream Social
w/Black forest Cake
-Movie Night

15 -Snack/Hydration
-Music/ Movement
-MOD led activity
-Art activity
-Snack/Hydration
-Movie night

16 -Snack/Hydration
-Church Services
-MOD led activity
-Balloon Toss
-Snack/Hydration
-Movie night

17 -Snack/Hydration
-Memory Game
-Garden Club
-Snack /Hydration
-Manicure Monday
-Movie night

18 -Snack/Hydration
- Karaoke
-Pet Rock Painting
-Snack/Hydration
-Movie Night

19 -Snack/Hydration
-Movie Matinee Willy
Wonka
-Trivia
-Snack/Hydration
-Movie Night

20 -Snack/Hydration
-Generation Disco
-Thirsty Thursday
-Paint a Planter
-Movie Night

21 -Snack/Hydration
-70's Jewelry w/ Audrey
-Ice cream social
-Movie Night

22 -Snack/Hydration
-Chair Yoga
-MOD led activity
-Name that tune
-Snack/Hydration
-Movie night

23 -Snack/Hydration
-Church Services
-MOD led activity
-Match the cards
-Snack/Hydration
-Movie night

24 -Snack/Hydration
-Match the cards
-Outdoor walk
-Snack /Hydration
-Manicure Monday
-Movie night

25 -Snack/Hydration
-Guess the price 70's
-Snack/Hydration
-Garden Walk
-Movie night

26 -Snack/Hydration
-Movie Matinee: The
Muppet Movie
-B&B with Noel
-Snack/Hydration

27 -Snack/Hydration
-Plant an Herb w/Joellen
-Snack/Hydration
-Garden Walk
-Movie night

28 FAMILY NIGHT

29 -Snack/Hydration
-Chair Tai Chi
-MOD led activity
-Music/ Movement
-Snack/Hydration
-Movie night

30 -Snack/Hydration
-Chair Yoga
-MOD led activity
-Trivia
-Snack/Hydration
-Movie night

31 -Snack/Hydration
-Then and Now 70's
-Outdoor walk
-Snack /Hydration
-Manicure Monday
-Movie night

ALL
ACTIVITIES
SUBJECT TO
CHANGE