

2026 March: 1920's

Memory Care Legacy Ridge Buckhead



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 10- Snack/Hydration 10:30 Church Services 11- MOD Led activity 2-Snack/Hydration	2 10 Snack/Hydration 10:30 Morning Workout 11: Create Memory box 2-Snack/Hydration 3: Spa Day 4: Outdoor Walk	3 10 Snack/Hydration 10:30 Morning Workout 11: Trivia 1:30 Crystal Headbands 2-Snack/Hydration 3: Spa Day 4: Outdoor Walk	4 10 Snack/Hydration 10:30 Morning Workout 11: Documentary on age of Jazz 2-Snack/Hydration 3: Spa Day 4: Outdoor Walk 5:30 Movie Night	5 10-Snack/Hydration 10:30 Make apple pie 2-Thirsty Thursday with apple Pie 3-Karaoke 4: Outdoor Walk 5:30 Movie Night	6 10 Snack/Hydration 10:30 Morning Workout 11: Simon Says 2-Ice Cream Social 4: Outdoor Walk 5:30 Movie Night	7 10- Snack/Hydration 10:30 Morning News 11- MOD Led activity 2-
8 International Woman's Day 10- Snack/Hydration 10:30 Church Services 11- MOD Led activity 2-Snack/Hydration 3- Outdoor Walk 5:30 Movie Night	9 10 Snack/Hydration 10:30 Morning Workout 11: Trivia 2-Snack/Hydration 3: Spa Day 4: Outdoor Walk 5:30 Movie Night	10 10 Snack/Hydration 10:30 Morning Workout 11: Memory 2-Snack/Hydration 3: Spa Day 4: Outdoor Walk 5:30 Movie Night	11 10 Snack/Hydration 10:30 Harlem Renaissance Documentary 1:30 Wellness with Noel 2-Snack/Hydration 3: Spa Day 4: Outdoor Walk	12 10 Snack/Hydration 10:30 Photo Shoot 1920's 11: Trivia 2-Thirsty Thursday Tea and finger sandwiches 4: Outdoor Walk	13 10 Snack/Hydration 10:30 Morning Workout 11: Trivia 2-Ice Cream social 4: Outdoor Walk 5:30 Movie Night	14 10- Snack/Hydration 10:30 Morning News 11- MOD Led activity 2-Snack/Hydration
15 10- Snack/Hydration 10:30 Church Services 11- MOD Led activity 2-Snack/Hydration	16 10 Snack/Hydration 10:30 Morning Workout 11- Wellness with Melissa 2-Snack/Hydration 3: Spa Day 4: Outdoor Walk 5:30 Movie Night	17 St Patrick's Day 10 Snack/Hydration 10:30 Ballon Toss 11: Flapper Headbands 2-Snack/Hydration Men's group with Tonzia 3: Spa Day 5:30 Movie Night	18 10 Snack/Hydration 10:30 Amelia Arhart first flight in 1920 11: Trivia 2-Snack/Hydration 3: Spa Day 4: Outdoor Walk 5:30 Movie Night	19 10 Snack/Hydration 10:30 Morning Workout 11: Trivia 2-Thirsty Thursday Happy Hour Mocktails 4: Outdoor Walk	20 International Day of Happiness ☺ FAMILY NIGHT ROARING 20's	21 10- Snack/Hydration 10:30 Morning News 11- MOD Led activity 2-Snack/Hydration
22 10- Snack/Hydration 10:30 Church Service 11- MOD Led activity 2-Snack/Hydration	23 10 Snack/Hydration 10:30 Morning Workout 11: Trivia 2-Snack/Hydration 3: Spa Day 4: Outdoor Walk 5:30 Movie Night singing in the rain	24 10 Snack/Hydration 10:30 Ballon Toss 1:30 Women's Group Beaded Jewelry with Audrey 2-Snack/Hydration 3: Spa Day 4: Outdoor Walk 5:30 Movie Night	25 10 Snack/Hydration 10:30 Documentry on the 19th Amendment 1:30 Wellness with Noel 2-Snack/Hydration 3: Spa Day 4: Outdoor Walk 5:30 Movie Night	26 10 Snack/Hydration 10:30 Morning Workout 11: Pineapple upside down cake 2-Thirsty Thursday 4: Outdoor Walk 5:30 Movie Night	27 10 Snack/Hydration 10:30 Morning Workout 11: Trivia 1:30 Fork N Film Princess and the frog 4: Outdoor Walk	28 10- Snack/Hydration 10:30 Morning News 11- MOD Led activity 2-Snack/Hydration
29 10- Snack/Hydration 10:30 Church Service 11- MOD Led activity 2-Snack/Hydration	30 10 Snack/Hydration 10:30 Learn to do the Charleston 11: Trivia 2-Snack/Hydration 3: Spa Day 4: Outdoor Walk 5:30 Movie Night	31 10 Snack/Hydration 10:30 Morning Workout 11: Airplane Flying Contest 2-Snack/Hydration 3: Spa Day 4: Outdoor Walk 5:30 Movie Night				