

2026

JANUARY: 1900's

Legacy Ridge at Buckhead MEMORY CARE 2026

An Atlas Senior Living Community



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
ALL ACTIVITIES ARE DISRUPTED		1900's Women's Group Men's Group Think Tank Tech Tuesday Memories and Mementos	TODAY, WE SMILE TOGETHER  HAPPY MARTIN LUTHER KING JR. DAY	1 10-Snacks/Hydration 10:30 Art Calendar 11: Morning Workout 2-Thirsty Thursday 3-Music and Movement 1900's 5:30-Movie Night	2 10-Snacks/Hydration 10:30 Art Calendar Cont... 11- Morning Workout 2-Icecream Social 3- Music and Movement 5:30-Movie Night	3 10-Snack/Hydration 10:30 Morning News 1-MOD led activity 2-Snack/Hydration 3-Music & Movement 5:30 Movie Night
4 10-Snack/Hydration 10:30 Church Service 1-MOD led activity 2-Snack/Hydration 3-Music & Movement 5:30 Movie Night	5 10-Snacks/Hydration 10:30 Morning Workout 11- Trivia 1900's 2- Snacks/Hydration 3- Spa Day 5:30-Movie Night	6 10-Snacks/Hydration 10:30 Morning Workout 11- Videos and Discussions 1:30- Snacks/Hydration 2-Crayon Art 3-Spa Day 5:30-Movie Night	7 10-Snacks/Hydration 10:30 Tour of the world 1-Wellness with Noel 1:30 Exercise with Haley 2- Snacks/Hydration 3-Spa Day 5:30-Movie Night	8 10-Snacks/Hydration 10:30 Morning Workout 11- Trivia 2-Thirsty Thursday Generational Disco 5:30-Movie Night	9 10-Snacks/Hydration 10:30- Build Model Planes 11- Morning Workout 2-Icecream Social 3-Bingo 5:30-Movie Night	10 10-Snack/Hydration 10:30 Morning News 1-MOD led activity 2-Snack/Hydration 3-Music & Movement 5:30 Movie Night
11 10-Snack/Hydration 10:30 Church Service 1-MOD led activity 2-Snack/Hydration 3-Music & Movement 5:30 Movie Night	12 10-Snacks/Hydration 10:30 Morning Workout 11- Wright Brothers Documentary 2- Snacks/Hydration 3-Spa Day 5:30-Movie Night	13 10-Snacks/Hydration 10:30 Morning Workout 1:30- Snacks/Hydration 2 Pressed Flower Art 3-Spa Day 4-Bingo 5:30-Movie Night	14 10-Snacks/Hydration 11- Tour of the World 2- Snacks/Hydration 3- Sap day 4-Outdoor Walk 5:30-Movie Night	15 10-Snacks/Hydration 10:30 Morning Workout 11- Finish the phrase 2-Thirsty Thursday 3- Woman's Group Craft 4-Bingo 5:30-Movie Night	16 10-Snacks/Hydration 10:30 Scavenger Hunt 1900's Inventions 2-Icecream Social 3- Monopoly on IN2L 5:30-Movie Night	17 10-Snack/Hydration 10:30 Morning News 1-MOD led activity 2-Snack/Hydration 3-Music & Movement 5:30 Movie Night
18 10-Snack/Hydration 10:30 Church Service 1-MOD led activity 2-Snack/Hydration 3-Music & Movement 5:30 Movie Night	19 10-Snacks/Hydration 10:30 MLK Speech 11- Titanic Documentary 2- Snacks/Hydration 3-Will It sink or float? 4- Spa Day 5:30-Movie Night	20 10-Snacks/Hydration 10:30 Photo Shoot from the 1900's 1:30- Snacks/Hydration 2 Making Gumball Machines 3-Spa Day 5:30-Movie Night	21 10-Snacks/Hydration 10:30 Tour of the world 1-Wellness with Noel 1:30 Exercise with Haley 2- Snacks/Hydration 3-Spa Day 5:30-Movie Night	22 10-Snacks/Hydration 10:30 Create Paper Fans 11- Brownie Making 2-Thirsty Thursday National Brownie Day 5:30-Movie Night	23 10-Snacks/Hydration 10:30 Build a Bear 2-Icecream Social Banana Splits with Cassie 5:30-Movie Night	24 10-Snack/Hydration 10:30 Morning News 1-MOD led activity 2-Snack/Hydration 3-Music & Movement 5:30 Movie Night
25 10-Snack/Hydration 10:30 Church Service 1-MOD led activity 2-Snack/Hydration 3-Music & Movement 5:30 Movie Night	26 10-Snacks/Hydration 10:30 Morning Workout 11-Make Strawberry Jello 1 National Green Juice Day with Melissa 2- Snacks/Hydration 5:30-Movie Night	27 10-Snacks/Hydration 10:30 Morning Workout 11- 1900s Jewelry Making 2- Snacks/Hydration 3-Spa Day 4-Bingo 5:30-Movie Night	28 10-Snacks/Hydration 10:30- Tour of the World 11- Men's Group build model Cars w/ Tonzia 2- Snacks/Hydration 3- Spa Day 5:30-Movie Night	29 10-Snacks/Hydration 10:30 Art Craft Blue Period 1900's 2-Thirsty Thursday PB and Jelly Sandwiches 5:30-Movie Night	30 10-Snacks/Hydration 10:30 Morning Workout 11- Sepia Photos 2-Icecream Social 3: Music and Movement 5:30-Movie Night	31 10-Snack/Hydration 10:30 Morning News 1-MOD led activity 2-Snack/Hydration 3-Music & Movement 5:30 Movie Night