

September: Scotland

2025

LEGACY RIDGE
BUCKHEAD
MEMORY CARE



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

ATW
WOMEN'S GROUP
MEN'S GROUP
MEMORIES AND MEMENTOS
THINK TANK SERIES
BREATH AND BALANCE WITH NOEL
MANEGER LED

1- 10- Snack/Hydration
11- Unscramble the word
2- Snack/ Hydration
3- Spa Day
4- Outdoor Walk
5:30 Movie Night- Brave

2- 10- Snack/ Hydration
11- Scotland Flag Craft
2- Snack/Hydration
3- Spa Day
4- Outdoor Walk
5:30 Movie Night

3- 10- Snack/ Hydration
11- Finish the phrase
2- Snack /Hydration
3- Decorate Golf balls
4- Outdoor Walk
5:30 Movie Night

4- 10- Snack/Hydration
11- Finish the phrase
2- Thirsty Thursday
Scottish Tea cookies
4- Outdoor Walk
5:30 Movie Night

5- 10- Snack/ Hydration
11- Finish the phrase
2- Ice cream social
and strawberry
shortcakes
4- Outdoor Walk
5:30 Movie Night

6- 10- Snack/Hydration
11-Morning News
1- MOD Led Activity
2- Snack/ Hydration
3- Outdoor walk
5:30 Movie Night

7- 10- Snack/ Hydration
11- Church services
1- MOD Led Activity
2- Snack/Hydration
3- Outdoor walk
5:30 Movie Night

8- 10- Snack/ Hydration
10:30 Tour of Scotland
11- Finish the phrase
2- Snack/ Hydration
2:30 Create a Unicorn Horn
with JoEllen
3- Spa Day
4- Outdoor Walk
5:30 Movie Night

9- 10-Snack/Hydration
10:30 Finish the phrase
11- Bead Maling with
Audrey
2- Snack/Hydration
3- Spa Day
4- Outdoor Walk
5:30 Movie Night- Harry
Potter

10- 10- Snack /Hydration
11- Finish the phrase
1:30 Wellness
Wednesday
2- Snack/Hydration
3- Spa Day
4- Outdoor Walk
5:30 Movie Night

11- 10- Snack/ Hydration
11-No-bake Cheesecake
with Cassie
1:30 Make Knot Pillows
2- Thirsty Thursday
4- Outdoor Walk
5:30 Movie Night

12- 10- Snack/ Hydration
11- Finish the phrase
2- Ice cream social
Taste of Scotland
with Kevin
4- Outdoor Walk
5:30 Movie Night-
Sherlock Holmes

13- 10- Snack/ Hydration
11-Morning News
1- MOD Led Activity
2- Snack/Hydration
3- Outdoor walk
5:30 Movie Night

14- 10- Snack/Hydration
11- Church services
1- MOD Led Activity
2- Snack/Hydration
3- Outdoor walk
5:30 Movie Night

15- 10- Snack/ Hydration
11- Finish the phrase
1:30- Edinburgh Rock
Candy
2- Snack/Hydration
3- Spa Day
4- Outdoor Walk
5:30 Movie Night

16- 10- Snack/ Hydration
11- How many words
found in Scotland
2- Snack/Hydration
3- Spa Day
4- Outdoor Walk
5:30 Movie Night

17- 10- Snack/Hydration
11- Finish the phrase
2- Snack/Hydration
3- Gardening Club
women's group
4- Outdoor Walk
5:30 Movie Night

18- 10- Snack/Hydration
11- Finish the phrase
2- Thirsty Thursday
with Gingersnaps
4- Outdoor Walk
5:30 Movie Night

19- 10- Snack/Hydration
11- Finish the phrase
2- Ice cream social-
Tablet Ice Cream
3- Spa Day
4- Outdoor Walk
5:30 Movie Night

20- 10- Snack/Hydration
11-Morning News
1- MOD Led Activity
2- Snack/Hydration
3- Outdoor walk
5:30 Movie Night

21- 10- Snack/Hydration
11- Church services
1- MOD Led Activity
2- Snack/Hydration
3- Outdoor walk
5:30 Movie Night

22- 10- Snack/ Hydration
11- Learn Scottish
Gaelic
2- Snack/Hydration
3- Spa Day
4- Outdoor Walk
5:30 Movie Night

23- 10- Snack/Hydration
11- Finish the phrase
1:30- Men's group Golf
with Tonzia
2- Snack/ Hydration
3- Spa Day
4- Outdoor Walk
5:30 Movie Night

24- 10- Snack/ Hydration
11- Finish the phrase
1:30 Wellness
Wednesday
2- Snack/Hydration
3- Spa Day
4- Outdoor Walk
5:30 Movie Night

25- 10- Snack/ Hydration
11- Finish the phrase
2- Thirsty Thursday
Scottish Pineapple
Tarts
3- Spa Day
4- Outdoor Walk
5:30 Movie Night

26- 10- Snack/ Hydration
11- Finish the phrase
2- Ice Cream social
3- Spa Day
4- Memory and
Mementos
5:30 Movie Night

27- 10- Snack/Hydration
11-Morning News
1- MOD Led Activity
2- Snack/ Hydration
3- Outdoor walk
5:30 Movie Night

28- 10- Snack/Hydration
11- Church services
1- MOD Led Activity
2- Snack/ Hydration
3- Outdoor walk
5:30 Movie Night

29- 10- Snack/Hydration
11- Finish the phrase
1:30 Knot Blankets
2- Snack/Hydration
3- Spa Day
4- Outdoor Walk
5:30 Movie Night

30- 10- Snack/ Hydration
11- Finish the phrase
2- Snack/Hydration
3- Spa Day
4- Memory and
Mementos
5:30 Movie Night