


September: Scotland

2025

Legacy Ridge at Buckhead Assisted Living

						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
ATW Men's Group Women's group Think Tank Memories and Mementos MOD Lead activities	1 10 am chair yoga 10:30 am Shopping trip 2pm wordle/cross word 2:30 pm Manicure Monday 3pm Bingo 7:30pm Movie madness	2 10am morning stretches 10:30am Tech Tuesday 11am Stained glass art 2pm Ladies Book Club 3pm brain games 6pm Ladies choice movie 7:30pm cinema night	3 10:30am Lunch outing 11am word search 2pm Bible study /David 3pm Jackpot Bingo 7:30pm movie/popcorn men's choice	4 10am ladies walking club 11am Art (Scotland Flag) 2pm Thirsty Thursday Tea Cookies 2:30 pm Memories (photos) 3pm Apples to Apples 7:30pm Movie	5 10am chair Yoga 11 puzzling 2pm Ice-cream social/SSC 3pm Documentary on Scotland 6pm Movie 7:30pm Movie men's choice	6 10am Morning news /coffee 11am MOD led activity 2pm Read a book 3pm Bingo 7pm Movie madness
7 10am morning service 11am word search 1pm garden walk 2pm Art activity 3pm Brain trivia	8 10 am chair yoga 10:30 am Shopping trip 2pm Create a unicorn horn With JoEllen 3pm Bingo 7:30pm Movie madness	9 10am morning stretches 10:30am Castle painting 11am bead making/Audrey 2pm Ladies Book Club 3pm brain games 7:30pm cinema night	10 10:30am Lunch outing 11wellness Wednesday with Melissa 2pm Bible study /David 3pm Jackpot Bingo 6pm movie night 7:30pm movie/popcorn	11 10am ladies walking club 11am cheesecake (Cassie) 2pm Thirsty Thursday 2:30 Dad jokes 3pm Trivia Pursuit 7:30pm Movie	12 10am ladies walking club 11 puzzling 2pm Ice-cream social 2:30 Taste of Scotland (Kevin) 3pm Apples to Apples 6pm Movie night 7:30 movie 7:30pm Movie Trivia	13 10am Morning news /coffee 11am MOD led activity 2pm Read a book 3pm Bingo 7pm Movie madness
14 10am morning service 11am word search 1pm garden walk 2pm Art activity 3pm Brain trivia 7pm Movie	15 10 am chair yoga 10:30 am Shopping trip 11am scotch/Whisky Tasting (Tonzia) Men's group 2:00 pm Manicure Monday 3pm Bingo 7:30pm Movie madness	16 10am morning stretches 10:30am decorate golf balls 11am Resident council 2pm Ladies Book Club 3pm Listen to a Pod cast	17 10:30am Lunch outing 11am word search 2pm Bible study /David 3pm Jackpot Bingo 6pm movie 7:30pm movie/popcorn	18 10am ladies walking club 11am Golfing tournament 2pm Thirsty Thursday 3pm Yahtzee 6pm movie 7:30pm Movie	19 10am ladies walking club 11 puzzling 2pm Ice-cream social 3pm Dream Catcher Art 6pm Movie night 7:30pm Movie Trivia	20 10am Morning news /coffee 11am MOD led activity 2pm Read a book 3pm Bingo 7pm Movie madness
21 10am morning service 11am word search 1pm garden walk 2pm Art activity 3pm Brain trivia 7pm Movie	22 10 am chair yoga 10:30 am Shopping trip 2pm wordle/cross word 2:30 pm Manicure Monday 3pm Bingo 6pm Ladies choice movie 7:30pm Movie madness	23 10am morning stretches 10:30 Murder Mystery game 2pm Ladies Book Club 3pm brain games 7:30pm cinema night	24 10:30am Lunch outing 11am word search 2pm Bible study /David 3pm Jackpot Bingo 6pm Movie night 7:30pm movie/popcorn	25 10am ladies walking club 11am Unicorn painting 2pm Thirsty Thursday 3pm Cornhole 6pm movie 7:30pm Movie	26 10am ladies walking club 11 puzzling 2pm Ice-cream social unicorn themed 3pm Bingo 6pm movie 7:30pm Movie Trivia	27 10am Morning news /coffee 11am MOD led activity 2pm Read a book 3pm Bingo 7pm Movie madness
28 10am morning service 11am word search 1pm garden walk 2pm Art activity 3pm Brain trivia 7pm Movie	29 10 am chair yoga 10:30 am Shopping trip 2pm wordle/cross word 2:30 pm Manicure Monday 3pm Bingo	30 10am morning stretches 10:30am Tech Tuesday 2pm Ladies Book Club 3pm brain games 7pm cinema night	National Assisted Living Week Sept 7-13th			