## **July** 2025

MOM	TUE	WED	THU	FRI	SAT	SUN
	1	2	3	4 4 <sup>Th</sup> of July	5	6
	10am- Morning workout 10:30 Hydration and snack 11am- States Craft 1:00 Care Led Activity 2:00 Spa Day 3:00- Trivia 4:00- Bingo 5:30 Movie Night	10am- Morning workout 10:30 Hydration and snack 11am- Trivia on New York 1:00 Care Led Activity 2:00 Wellness Wednesday 3:00- Spa Day 4:00- Bingo 5:30 Movie Night	10am-Morning workout 10:30 Hydration and snack 11am- Flag Craft 1:00 Care Led Activity 2:00 Thirsty Thursday 4:00-Bingo 5:30 Movie Night	10am- Morning workout 10:30 Hydration and snack 11am- Apple Pie Cooking Activity 1:00 Care Led Activity 2:00 Ice-cream social 3:00- Trivia 4:00- Bingo 5:30 Movie Night	10-News and coffee 10:30 Hydration and snack 11- Puzzles MOD led activity 2:00 Trivia 3:00 Family Feud 4:00 Outdoor Walk 5:30 Movie Night	10- Morning Service 10:30 Hydration and snack 11- Arts and craft MOD led activity 2:00 Trivia 3:00 Family Feud 4:00 Outdoor Walk 5:30 Movie Night
7	8	9	10	11	12	13
10am-Morning workout 10:30 Hydration and snack 11am-Karaoke 1:00 Care Led Activity 2:00 Make popsicles. 3:00- Trivia 4:00- Bingo 5:30 Movie Night	10am-Morning workout 10:30 Hydration and snack 11am-Trivia on California 1:00 Care Led Activity 2:00 -Spa Day 4:00- Bingo 5:30 Movie Night	10am-Morning workout 10:30 Hydration and snack 11am-Trivia on Alaska 1:00 Care Led Activity 2:00 Wellness Wednesday 3:00-Spa Day 4:00-Bingo 5:30 Movie Night	10am-Morning workout 10:30 Hydration and snack 11am-Trivia 1:00 Care Led Activity 2:00 Thirsty Thursday 4:00-Bingo 5:30 Movie Night	10am-Morning workout 10:30 Hydration and snack 11am-Tour of Hawaii 1:00 Care Led Activity 2:00 Ice-cream social 3:00-Trivia 4:00- Bingo 5:30 Movie Night	10-News and coffee 10:30 Hydration and snack 11-Puzzles MOD led activity 2:00 Trivia 3:00 Family Feud 4:00 Outdoor Walk 5:30 Movie Night	10- Morning Service 10:30 Hydration and snack 11- Arts and craft MOD led activity 2:00 Trivia 3:00 Family Feud 4:00 Outdoor Walk 5:30 Movie Night
14 10am-Morning workout 10:30 Hydration and snack 11am-Trivia 1:00 Care Led Activity 2:00 Spa Day 3:00- Edible Chocolate play dough 4:00- Bingo 5:30 Movie Night	10am-Morning workout 10:30 Hydration and snack 11am-Trivia on Washington 1:00 Care Led Activity 2:00 Spa Day 4:00- Bingo 5:30 Movie Night	16 10am- Morning workout 10:30 Hydration and snack 11am- Tour of North and South Dakota 1:00 Care Led Activity 2:00 Wellness Wednesday 3:00- Spa Day 4:00- Bingo 5:30 Movie Night	17 10am-Morning workout 10:30 Hydration and snack 11am-Trivia 1:00 Care Led Activity 2:00 Thirsty Thursday Cooking with Cassie 4:00-Bingo 5:30 Movie Night	10am-Morning workout 10:30 Hydration and snack 11am-Trivia on Washington D.C 1:00 Care Led Activity 2:00 Ice-cream social 4:00-Bingo 5:30 Movie Night	19 10-News and coffee 10:30 Hydration and snack 11-Puzzles MOD led activity 2:00 Trivia 3:00 Family Feud 4:00 Outdoor Walk 5:30 Movie Night	20 10- Morning Service 10:30 Hydration and snack 11- Arts and craft MOD led activity 2:00 Trivia 3:00 Family Feud 4:00 Outdoor Walk 5:30 Movie Night

21	22	23	24	25 Family Night	26	27
10am- Morning workout 10:30 Hydration and snack 11am- Sporting memories men's group with Tonzia 1:00 Care Led Activity 2:00 Spa Day 3:00- Trivia 4:00- Bingo 5:30 Movie Night	10am-Morning workout 10:30 Hydration and snack 11am-Center piece for Carnival making with JoEllen 1:00 Care Led Activity 2:00 Spa Day 4:00-Bingo 5:30 Movie Night	10am-Morning workout 10:30 Hydration and snack 11am-Trivia 1:00 Care Led Activity 2:00 Wellness Wednesday 3:00-Spa Day 4:00-Bingo 5:30 Movie Night	10am-Morning workout 10:30 Hydration and snack 11am-Trivia 1:00 Care Led Activity 2:00 Thirsty Thursday 4:00-Bingo 5:30 Movie Night	10am- Morning workout 10:30 Hydration and snack 11am- Karaoke 1:00 Care Led Activity 2:00 Ice-cream social 3:00- Trivia 4:00- Bingo 5:30 Movie Night	10-News and coffee 10:30 Hydration and snack 11-Puzzles MOD led activity 2:00 Trivia 3:00 Family Feud 4:00 Outdoor Walk 5:30 Movie Night	10- Morning Service 10:30 Hydration and snack 11- Arts and craft MOD led activity 2:00 Trivia 3:00 Family Feud 4:00 Outdoor Walk 5:30 Movie Night
28	29	30	31			
10am- Morning workout 10:30 Hydration and snack 11am- Pudding Making 1:00 Care Led Activity 2:00 Spa Day 3:00- Trivia 4:00- Bingo 5:30 Movie Night	10am-Morning workout 10:30 Hydration and snack 11am-Karaoke national state songs 1:00 Care Led Activity 2:00 Spa Day 3:00- Trivia 4:00- Bingo 5:30 Movie Night	10am-Morning workout 10:30 Hydration and snack 11am-Trivia Texas 1:00 Care Led Activity 2:00 Wellness Wednesday 3:00-Spa Day 4:00-Bingo 5:30 Movie Night	10am-Morning workout 10:30 Hydration and snack 11am-Trivia 1:00 Care Led Activity 2:00 Thirsty Thursday 4:00-Bingo 5:30 Movie Night			