

An Atlas Senior Living Community

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10:00-Morning Workout 10:30 Hydration and Snacks 10:30 Morning Service 1:00 Care Led Activities 2:00 Trivia 3:00 Family Feud 4:00 Outdoor Walk 5:30 Movie Night (with popcorn)	2 10:00-Morning Workout 10:30 Hydration and Snacks 11:00 Peruvian Flag Coloring 1:00 Care Led Activities 2:00 Spa Day 3:00 Trivia/ Brain Games 4:00 BINGO 5:30 Movie Night (with popcorn)	 3 10:00-Morning Workout 3 10:30 Hydration and Snacks 11:00 Create Rain Stick 1:00 Care Led Activities 2:00 Spa Day 3:00 Trivia/ Brain Games 4:00 BINGO 5:30 Movie Night (with popcorn) 	10:00-Morning Workout 10:30 Hydration and Snacks 1:00 Care Led Activities 2:00 Karaoke 3:00 Trivia/ Brain Games 4:00 BINGO 5:30 Movie Night (with popcorn)	5 10:00-Morning Workout 10:30 Hydration and Snacks 11:00 Virtual Trip to Peru 1:00 Care Led Activities 2:00 Thirsty Thursday 3:00 Trivia/ Brain Games 4:00 BINGO 5:30 Movie Night (with popcorn)	6 10:00-Morning Workout 10:30 Hydration and Snacks 11:00 Watercolor Peruvian Textile with Cassie 1:00 Care Led Activities 2:00 Ice Cream/ Popsicle social 3:00 Trivia/ Brain Games 4:00 BINGO 5:20 Movie Night (with percent)	7 10:00-Morning Workout 10:30 Hydration and Snacks 11:00- Puzzles MOD LED 1:00 Care Led Activities 2:00 Create Cancer Ribbon Mural for Survivors 3:00 Family Feud 4:00 Outdoor Walk 5:30 Movie Night (with popcorn)
8 10:00-Morning Workout 10:30 Hydration and Snacks 10:30 Morning Service 1:00 Care Led Activities 2:00 Trivia 3:00 Family Feud 4:00 Outdoor Walk 5:30 Movie Night (with popcorn)	9 10:00-Morning Workout 10:30 Hydration and Snacks 11:00 Care Led Activities 2:00 Spa Day 3:00 Trivia/ Brain Games 4:00 BINGO 5:30 Movie Night (with popcorn)	10:00-Morning Workout 10:30 Hydration and Snacks 11:00 Rainbow Mountain Art 1:00 Care Led Activities 2:00 Spa Day 3:00 Trivia/ Brain Games 4:00 BINGO 5:30 Movie Night (with popcorn)	11 10:00-Morning Workout 10:30 Hydration and Snacks 11:00 Memory Boxes Women's Group 1:30 Breath and Balance with Noel 2:00 Spa Day 3:00 Trivia/ Brain Games 4:00 BINGO	1210:00-Morning Workout 10:30 Hydration and Snacks 11:00 Coconut Cookies with Kevin 1:00 Care Led Activities 2:00 Thirsty Thursday 3:00 Trivia/ Brain Games 4:00 BINGO 5:30 Movie Night (with popcorn)	13 10:00-Morning Workout 10:30 Hydration and Snacks 11:00 Jewelry Making with Audrey 12:00 New Resident Lunch 1:00 Care Led Activities 1:30 Bus Outing 2:00 Ice Cream/ Popsicle social 4:00 BINGO	14 10:00-Morning Workout 10:30 Hydration and Snacks 11:00- Puzzles MOD LED 1:00 Care Led Activities 2:00 Trivia 3:00 Family Feud 4:00 Outdoor Walk 5:30 Movie Night (with popcorn)
10:00-Morning Workout 10:30 Hydration and Snacks 10:30 Morning Service 1:00 Care Led Activities 2:00 Trivia 3:00 Family Feud 4:00 Outdoor Walk 5:30 Movie Night (with popcorn)	16 10:00-Morning Workout 10:30 Hydration and Snacks 11:00 Spanish Class 1:00 Care Led Activities 2:00 Spa Day 3:00 Trivia/ Brain Games 4:00 BINGO 5:30 Movie Night (with popcorn)	17:00-Morning Workout 10:30 Hydration and Snacks 11:00 Pottery Art with Joellen 1:00 Care Led Activities 2:00 Spa Day 3:00 Trivia/ Brain Games 4:00 BINGO 5:30 Movie Night (with popcorn)	18 10:00-Morning Workout 10:30 Hydration and Snacks 1:00 Care Led Activities 2:30 Wellness Wednesday with Linda 3:00 Trivia/ Brain Games 4:00 BINGO 5:30 Movie Night (with popcorn)	Juneteenth 10:00-Morning Workout 10:30 Hydration and Snacks 11:00 Lemonade w/ Lemongrass and mint 1:00 Care Led Activities 2:00 Thirsty Thursday 4:00 BINGO 5:30 Movie Night (with popcorn)	2 010:00-Morning Workout 10:30 Hydration and Snacks 11:00 Dads and Doughnuts Tonzia 1:00 Care Led Activities 2:00 Ice Cream/ Popsicle social 3:00 Trivia/ Brain Games	2110:00-Morning Workout 10:30 Hydration and Snacks 11:00- Puzzles MOD LED 1:00 Care Led Activities 2:00 Trivia 3:00 Family Feud 4:00 Outdoor Walk 5:30 Movie Night (with popcorn)
2210:00-Morning Workout 10:30 Hydration and Snacks 10:30 Morning Service 1:00 Care Led Activities 2:00 Trivia 3:00 Family Feud 4:00 Outdoor Walk 5:30 Movie Night (with popcorn)	2310:00-Morning Workout 10:30 Hydration and Snacks 11:00 Build your own Terrarium 1:00 Care Led Activities 2:00 Spa Day 3:00 Trivia/ Brain Games 4:00 BINGO 5:30 Movie Night (with popcorn)	2410:00-Morning Workout 10:30 Hydration and Snacks 11:00 Layered Sand Art Rainbow Mountain 1:00 Care Led Activities 2:00 Karaoke 3:00 Trivia/ Brain Games 4:00 BINGO 5:30 Movie Night (with popcorn)	2510:00-Morning Workout 10:30 Hydration and Snacks 1:30 Breath and Balance with Noel 2:00 Karaoke 3:00 Building together Men's Group 4:00 BINGO 5:30 Movie Night (with popcorn)	2610:00-Morning Workout 10:30 Hydration and Snacks 11:00 Lost City of Machu Picchu 1:00 Care Led Activities 2:00 Thirsty Thursday 3:00 Trivia/ Brain Games 4:00 BINGO 5:30 Movie Night (with popcorn)	2710:00-Morning Workout 10:30 Hydration and Snacks 1:00 Care Led Activities 1:30 Bus Outing 2:00 Ice Cream/ Popsicle social 3:00 Trivia/ Brain Games 4:00 BINGO 5:30 Movie Night (with popcorn)	2810:00-Morning Workout 10:30 Hydration and Snacks 11:00-Puzzles MOD LED 1:00 Care Led Activities 2:00 Trivia 3:00 Family Feud 4:00 Outdoor Walk 5:30 Movie Night (with popcorn)
2 9 ^{10:00-Morning Workout} 10:30 Hydration and Snacks 10:30 Morning Service 1:00 Care Led Activities 2:00 Trivia 3:00 Family Feud 4:00 Outdoor Walk 5:30 Movie Night (with popcorn)	30 ^{10:00} -Morning Workout 10:30 Hydration and Snacks 12:30 Birthday Celebration 1:00 Care Led Activities 2:00 Spa Day 3:00 Trivia/ Brain Games 4:00 BINGO 5:30 Movie Night (with popcorn)	All activities are subject to change	Happy CNA Week! CNAs: you are the heart of healthcare.	JUNETEENTH Celebrate Freedom JUNE 19	SUPER DELOVED DAD DELOVED DAD Tothers BEST DAD EVER	GO CANCER SURVIVORSI