



LEGACY RIDGE AT BUCKHEAD

ASSISTED LIVING & MEMORY CARE

4804 Roswell Road • Atlanta, GA 30342 • (404) 531-0145

March 2025

Lucky Charms

Do you have a lucky coin or a pair of socks that you believe brings you good fortune? You may be on to something. Studies show that simply believing a lucky charm works can boost a person's confidence, helping them perform a task better.

Popular Pages: 'Anne of Green Gables'

Lucy Maud Montgomery's 1908 novel about a spunky, redheaded 11-year-old orphan has captured the hearts of readers across the world. Anne's adventures begin when she is sent to the town of Avonlea to help aging brother and sister Matthew and Marilla Cuthbert with their farm, called Green Gables. Bubbly and imaginative, Anne doesn't always exhibit proper behavior, but her kindness and intelligence pave the way for a promising future. The book and its sequels have been adapted for stage and screen, and every year more than 125,000 fans visit Green Gables Heritage Place on Canada's Prince Edward Island, the inspiration for the story's setting.

Remember When: Silly Putty

During World War II, a rubber shortage prompted a search for a synthetic substitute. Two chemists—one at General Electric and the other with Dow Corning—combined boric acid and silicone oil. Though they were working independently, they got the same result: a bouncy, stretchy material. It wasn't a good rubber replacement, but it was entertaining to play with. A toy marketer packaged 1-ounce balls of the putty in plastic eggs and sold them for a dollar apiece, and Silly Putty became one of the most popular toys of the 20th century.



Resident of the Month
Judy Caldwell

A Cheery Sight

Wearing a chest of bold orange feathers and chirping a cheery song, the robin is known as the herald of spring. This hardy North American bird is often a year-round resident that spends the winter roosting in trees to conserve energy. As the weather warms, robins become a more noticeable sight as they come out to search for food and begin nesting.

March 2025

- Sunroom
- Bistro
- Media Room
- Library
- Resident Led
- AWT
- Outing
- Food
- Bible
- AWT
- Cinema

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<p>10:00 ■ Morning News & Coffee</p> <p>11:00 ■ Arts & Crafts - MOD led Activity</p> <p>3:00 ■ Bingo</p> <p>7:00 ■ Movie Night</p>
2	3	4	5	6	7	8
<p>10:00 Morning Church Services †</p> <p>11:00 ■ Word Search</p> <p>2:00 ■ Color Art</p> <p>3:00 ■ Bingo</p> <p>7:00 ■ Movies & Popcorn 🍿</p>	<p>10:00 ■ Morning workout (chair Pilates)</p> <p>10:30 ■ Manicure Monday</p> <p>11:00 ■ Bible Study</p> <p>2:00 ■ Shopping Trip 🚗</p> <p>3:00 ■ Bingo</p> <p>7:00 ■ Movie Night (Roman Holiday) ★</p>	<p>10:00 ■ Morning Workout</p> <p>10:30 ■ Trivia Tuesday</p> <p>2:00 ■ AWT (creating Masquerade Masks) ★</p> <p>3:00 ■ Chocolate Bingo</p> <p>7:00 ■ Movies & Popcorn 🍿</p>	<p>10:00 ■ Morning Yoga Stretches</p> <p>11:00 ■ Word Search 🗄</p> <p>3:00 ■ Bible Study with David Nutter</p> <p>4:00 ■ Bingo</p> <p>7:00 ■ Women's Choice Movie Night</p>	<p>10:00 ■ Morning Exercise</p> <p>10:30 ■ ATW* Leaning Tower of Pisa</p> <p>2:00 Oreo Cookie Day (Fun Facts)</p> <p>2:00 ■ Thirsty Thursday</p> <p>3:00 ■ Bingo</p> <p>7:00 ■ Movies & Popcorn 🍿</p>	<p>10:00 ■ Morning Exercise</p> <p>10:30 ■ Word search & Crossword</p> <p>2:00 ■ AWT Adding cones to Ice cream social ††</p> <p>2:00 ■ Ice cream Social</p> <p>3:00 ■ Bingo</p> <p>6:30 ■ Movie night</p>	<p>10:00 ■ Morning News & Coffee</p> <p>11:00 ■ Arts & Crafts - MOD led Activity</p> <p>3:00 ■ Bingo</p> <p>7:00 ■ Movie Night</p>
9	10	11	12	13	14	15
<p>10:00 Morning Church Services †</p> <p>11:00 ■ Word Search</p> <p>2:00 ■ Color Art</p> <p>3:00 ■ Bingo</p> <p>7:00 ■ Movies & Popcorn 🍿</p>	<p>10:00 ■ Morning workout (chair Pilates)</p> <p>10:30 ■ Manicure Monday</p> <p>11:00 ■ Bible Study</p> <p>2:00 ■ Shopping Trip 🚗</p> <p>3:00 ■ Bingo</p> <p>7:00 ■ AWT Movie Night (Eat Pray Love) ★</p>	<p>10:00 ■ Morning Workout</p> <p>10:30 ■ Trivia Tuesday</p> <p>2:00 ■ AWT Tour Of Italy Documentary ★</p> <p>3:00 ■ Chocolate Bingo</p> <p>7:00 ■ Movies & Popcorn 🍿</p>	<p>10:00 ■ Morning Yoga Stretches</p> <p>11:00 ■ Word Search 🗄</p> <p>11:30 ■ National Plant a flower Day (JoEllen)</p> <p>3:00 ■ Bible Study with David Nutter</p> <p>4:00 ■ Bingo</p> <p>7:00 ■ Women's Choice Movie Night</p>	<p>10:00 ■ Morning Exercise</p> <p>10:30 ■ AWT Beaded Necklace ★</p> <p>11:00 ■ Karaoke</p> <p>2:00 ■ AWT Making pasta with Chef Kevin</p> <p>2:00 ■ Thirsty Thursday</p> <p>3:00 ■ Bingo</p> <p>7:00 ■ Movies & Popcorn 🍿</p>	<p>10:00 ■ Morning Exercise</p> <p>10:30 ■ Word search & Crossword</p> <p>2:00 ■ Ice cream Social</p> <p>3:00 ■ Bingo</p> <p>6:30 ■ Movie night</p>	<p>10:00 ■ Morning News & Coffee</p> <p>11:00 ■ Arts & Crafts - MOD led Activity</p> <p>3:00 ■ Bingo</p> <p>7:00 ■ Movie Night</p>
16	17	18	19	20	21	22
<p>March Madness Begins</p> <p>10:00 Morning Church Services †</p> <p>11:00 ■ Word Search</p> <p>2:00 ■ Color Art</p> <p>3:00 ■ Bingo</p> <p>7:00 ■ Movies & Popcorn 🍿</p>	<p>St. Patrick's Day</p> <p>10:00 ■ Morning workout (chair Pilates)</p> <p>10:30 ■ Manicure Monday</p> <p>11:00 ■ Bible Study</p> <p>2:00 ■ Have a green beer with Tonzia</p> <p>2:00 ■ Shopping Trip 🚗</p> <p>3:00 ■ Bingo</p> <p>7:00 ■ AWT Movie Night (The Godfather) ★</p>	<p>10:00 ■ Morning Workout</p> <p>10:30 ■ Trivia Tuesday</p> <p>2:00 ■ Spintopia</p> <p>3:00 ■ Chocolate Bingo</p> <p>7:00 ■ Movies & Popcorn 🍿</p>	<p>10:00 ■ Morning Yoga Stretches</p> <p>11:00 ■ Word Search 🗄</p> <p>3:00 ■ Bible Study with David Nutter</p> <p>4:00 ■ Bingo</p> <p>7:00 ■ Women's Choice Movie Night</p>	<p>10:00 ■ Morning Exercise</p> <p>11:00 ■ AWT Trivia On Italy ★</p> <p>2:00 Make Your own Pizza</p> <p>2:00 ■ Thirsty Thursday</p> <p>3:00 ■ Bingo</p> <p>7:00 ■ Movies & Popcorn 🍿</p>	<p>10:00 ■ Morning Exercise</p> <p>10:30 ■ Word search & Crossword</p> <p>11:00 ■ AWT National Fragrance Day. Make your own Perfume with Cassie</p> <p>2:00 ■ Ice cream Social</p> <p>3:00 ■ Bingo</p> <p>6:30 ■ Movie night</p>	<p>10:00 ■ Morning News & Coffee</p> <p>11:00 ■ Arts & Crafts - MOD led Activity</p> <p>3:00 ■ Bingo</p> <p>7:00 ■ Movie Night</p>
23	24	25	26	27	28	29
<p>10:00 Morning Church Services †</p> <p>11:00 ■ Word Search</p> <p>2:00 ■ Color Art</p> <p>3:00 ■ Bingo</p> <p>7:00 ■ Movies & Popcorn 🍿</p>	<p>10:00 ■ Morning workout (chair Pilates)</p> <p>10:30 ■ Manicure Monday</p> <p>11:00 ■ Bible Study</p> <p>2:00 ■ Shopping Trip 🚗</p> <p>3:00 ■ Bingo</p>	<p>10:00 ■ Morning Workout</p> <p>10:30 ■ Trivia Tuesday</p> <p>11:00 ■ AWT Word Search/ Puzzles on Italy</p> <p>2:00 ■ Spintopia</p> <p>3:00 ■ Chocolate Bingo</p> <p>7:00 ■ Movies & Popcorn 🍿</p>	<p>10:00 ■ Morning Yoga Stretches</p> <p>11:00 ■ Word Search 🗄</p> <p>3:00 ■ Bible Study with David Nutter</p> <p>4:00 ■ Bingo</p> <p>7:00 ■ Women's Choice Movie Night</p>	<p>10:00 ■ Morning Exercise</p> <p>10:30 ■ AWT Mosaic Art</p> <p>2:00 ■ March Birthday Celebration</p> <p>2:00 ■ Thirsty Thursday</p> <p>3:00 ■ Bingo</p> <p>7:00 ■ Movies & Popcorn 🍿</p>	<p>10:00 ■ Morning Exercise</p> <p>10:30 ■ Word search & Crossword</p> <p>11:00 ■ Vision Boards (Ladies' Group)</p> <p>2:00 ■ Ice cream Social</p> <p>2:00 ■ Resident Council Meeting</p> <p>3:00 ■ Bingo</p> <p>6:30 ■ Movie night</p>	<p>10:00 ■ Morning News & Coffee</p> <p>11:00 ■ Arts & Crafts - MOD led Activity</p> <p>3:00 ■ Bingo</p> <p>7:00 ■ Movie Night</p>
30	31					
<p>10:00 Morning Church Services †</p> <p>11:00 ■ Word Search</p> <p>2:00 ■ Color Art</p> <p>3:00 ■ Bingo</p> <p>7:00 ■ Movies & Popcorn 🍿</p>	<p>10:00 ■ Morning workout (chair Pilates)</p> <p>10:30 ■ Manicure Monday</p> <p>11:00 ■ Bible Study</p> <p>2:00 ■ Shopping Trip 🚗</p> <p>3:00 ■ Bingo</p>					



Our Leadership Team

Executive Director

Jo Ellen Spivey

Memory Care Coordinator

Audry Bennett

Business Office Director

Cassandra Ethridge

Maintenance Director

Tonzia Wei

Dining Services Director

Kevin Perry

Sales and Marketing Director

Beverly Alston

Lifestyle Director

Deakina Green

Assistant Lifestyle Director

Brittany Washington

