ASSISTED LIVING LEGACY RIDGE AT BUCKHEAD

## February 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BLACK BLACK HISTORY Month		SUPER BOWL		CROUNDAIO CROUNDAIO DAY		National Dark Chocolate Day 1 10:00 Morning workout (chair Pilates) 10:30 Hydration and snacks 11:00 AR Puzzles with friends (MOD led activity) 2:00 AR trivia 3:00 AR Family Feud 4:00 OA Outdoor Walk 5:30 SR Movie Night (with Popcorn)
	3 10:00 Morning workout (chair Pilates) 10:30 Hydration and snacks 11:00 morning news 1:00 AR Word Search 2:00 AW Snow Cone Making 3:00 AR Trivia / Brain Games 4:00 OA BINGO 5:30 SR Movie Night (with Popcorn)	4 10:00 Morning workout (chair Pilates) 10:30 Hydration and snacks 11:00 morning news 11:00 AR Spa Day 1:00 AR Word Search 2:00 AW MELTING CRAYON ART 3:00 AR Trivia / Brain Games 4:00 OA BINGO 5:30 SR Movie Night (with Popcorr.)	5 10:00 Morning workout (chair Pilates) 10:30 Hydration and snacks 10:30 O Lunch Outing 11:00 morning news 1:00 AR Word Search 2:00 KARAOKE 3:00 AR Trivia / Brain Games 4:50 OA BINGO 5:30 SP Movie Night (with Popcorn)	10:30 Hydration and snacks 11:00 morning news 1:00 MEN Word Search 2:00 Thirsty Thursdays 3:00 MEN Trivia / Brain Games 4:00 OA BINGO 5:30 SR Movie Night (with Popcorn)	7 10:00 Morning workout (chair Pilates) 10:30 Hydration and snacks 11:00 morning news 1:00 AR Word Search 2:00 AW Brain games/ Puzzles 2:00 Ice Cream Social 3:00 AR Trivia / Brain Games 4:00 OA BINGO 5:20 SP Movie Night (with Pencere)	8 10:00 Morning workout (chair Pilates) 10:30 Hydration and snacks 11:00 morning news 11:00 AR Puzzles with friends (MOD led activity) 1:00 AR Word Search 2:00 AR trivia 3:00 AR Family Feud 4:00 OA Outdoor Walk
Super Bowl910:00 Morning workout (chair Pilates)10:30 Hydration and snacks	10 10:00 Morning workout (chair Pilates) 10:30 Hydration and snacks 11:00 morning news 1:00 AR Word Search 2:00 AW PAINT YOUR OWN HORSE 3:00 AR Trivia / Brain Games 4:00 OA BINGO 5:30 SR Movie Night (with Popcorn)	11 10:00 Morning workout (chair Pilates) 10:30 Hydration and snacks 11:00 Morning news 11:00 MY Spa Day 12:00 AW weaving craft 1:00 AR Word Search 3:00 AR Trivia / Brain Games 4:00 OA BINGO 5:30 SR Movie Night (with Popcom)	12 10:00 Morning workout (chair Pilates) 10:30 Hydration and snacks 10:30 O Lunch Outing 11:00 Mar Spa Day 11:00 AR Spa Day 11:00 AR Word Search 2:00 KARAOKE 3:00 AR Trivia / Brain Games 4:00 O BINGO		5:30 SR Movie Night (with Popcorn) Valentine's Day 14 10:00 Morning workout (chair Pilates) 10:30 Hydration and snacks 11:00 morning news 1:00 AR Word Search 2:00 AW Brain games/ Puzzles 2:00 Ice Cream Social 3:00 AR Trivia / Brain Games 4:00 OA BINGO 5:30 SR Movie Night (with Popcorn)	5:30 SR Movie Night (with Popcorn) 15 10:00 Morning workout (chair Pilates) 10:30 Hydration and snacks 11:00 Morning news 11:00 MR Puzzles with friends (MOD led activity) 1:00 MR Word Search 2:00 MR trivia 3:00 MR Family Feud 4:00 OA Outdoor Walk 5:30 SR Movie Night (with Popcorn)
<i>10:00 Morning workout (chair Pilates)</i> 10:30 Hydration and snacks	Presidents Day 17 10:00 Morning workout (chair Pilates) 10:30 Hydration and snacks 11:00 morning news 12:00 AW Documentary (You think you're alone) 1:00 AB Word Search 3:00 AB Trivia / Brain Games 4:00 OA BINGO 5:30 SR Movie Night (with Popcorn)	18	19		National Caregivers Day 21 10:00 Morning workout (chair Pilates) 10:30 Hydration and snacks 11:00 Morning news 1:00 AR Word Search 2:00 AW Brain games/ Puzzles 2:00 Ice Cream Social 3:00 AR Trivia / Brain Games 4:00 OA BINGO 5:30 SR Movie Night (with Popcorn)	22
-	24	25 10:00 Morning workout (chair Pilates) 10:30 Hydration and snacks 11:00 morning news 11:00 AR Spa Day 1:00 AR Word Search 3:00 AR Trivia / Brain Games 4:00 OA BINGO 5:30 SR Movie Night (with Popcorn)	26 10:00 Morning workout (chair Pilates) 10:30 Hydration and snacks 10:30 O Lunch Outing 11:00 morning news 11:00 AR Spa Day 1:00 AR Word Search 2:00 KARAOKE 3:00 AR Trivia / Brain Games 4:00 OA BINGO 5:30 SR Movie Night (with Popcorn)	27 10:00 Morning workout (chair Pilates) 10:30 Hydration and snacks 11:00 morning news 1:00 AR Word Search 2:00 Thirsty Thursdays 3:00 AR Trivia / Brain Games 4:00 OA BINGO 5:30 SR Movie Night (with Popcorn)	28 10:00 Morning workout (chair Pilates) 10:30 Hydration and snacks 11:00 morning news 1:00 AR Word Search 2:00 AW Brain games/ Puzzles 2:00 Ice Cream Social 3:00 AR Trivia / Brain Games 4:00 OA BINGO 5:30 SR Movie Night (with Popcorn)	All Events Are Subject to Change

AR	Activity Room
SR	Sitting Room
AW	Around the World
0	Outing
OA	Outdoor Activity