


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
National Forgiveness Day 1 10:00 Morning Church Service 10:30 Snacks & Hydration 11:00 Color By Number 1:30 Ice Cream Social 2:00 Trivia (identifying items from the past) 5:30 Movie Night	Labor Day 2 10:30 Hydration and Snack 10:30 Morning Exercise (Chair Yoga) 11:00 Button Art 2:00 Cornhole 3:00 Outdoor garden walk 4:00 Trip to the library (for book club) 5:30 Documentary	National Cinema Day 3 10:30 Snacks & Hydration 10:30 Exercise Tai Chi 11:00 Spa Day (Nails Polished, cleaned and filed) 2:00 Book Club (resident choice) 2:30 watercolor and salt night painting 3:00 Puzzles 5:30 Documentary	4 10:30 Snacks & Hydration 11:00 Puzzles 2:00 Hummus and Pita Snack 3:00 Chocolate Bingo 4:00 Sun Print Art 5:30 Documentary	5 10:30 Snacks & Hydration Making Smoothies 10:30 Balloon Toss to the oldies 11:00 Elk Hunt (residents take aim at the directors) 2:00 Thirsty Thursdays 3:00 Trivia/Brain Teasers 5:30 Documentary	National Read a Book Day 6 10:30 Snacks & Hydration 11:00 Scenic tour (outdoor trip) with snacks and hydration 2:00 Trivia/Brain Teasers 3:00 Baking Cookies (Rocky Road) 5:30 Documentary	7 10:30 Snacks & Hydration 11:00 National Geographics 2:00 Outdoor walk 3:00 Word Search 4:00 Color by numbers 5:30 Movie Night Movie selection will be posted.
8 10:00 Morning Church Service 10:30 Snacks & Hydration 11:00 Color By Number 1:30 Ice Cream Social 2:00 Trivia (identifying items from the past) 5:30 Movie Night	9 10:30 Hydration and Snack 10:30 Morning Exercise (Chair Yoga) 11:00 Rocky Mountain Coloring Pages 2:00 Cornhole 3:00 Outdoor garden walk 4:00 Trip to the library (for book club) 5:30 Documentary	10 10:30 Snacks & Hydration 10:30 Exercise Tai Chi 11:00 Spa Day (Nails Polished, cleaned and filed) 11:30 Rocky Mountain Webcam 2:00 Book Club (resident choice) 3:00 Puzzles 5:30 Documentary	Remembering 9/11 11 10:30 Snacks & Hydration 11:00 Game Time (Chess, Uno, Checkers) 11:00 Lunch outing 3:00 Chocolate Bingo 4:00 Country concert 5:30 Documentary	12 10:30 Snacks & Hydration Making Smoothies 10:30 Balloon Toss to the oldies 11:00 baking banana bread 2:00 Thirsty Thursdays 3:30 Game Time (Chess, Uno, Checkers) 5:30 Documentary	National Peanut Day 13 10:30 Snacks & Hydration 11:00 Scenic tour (outdoor trip) with snacks and hydration 2:00 Trivia/Brain Teasers 3:00 Game Time (Chess, Uno, Checkers) 5:30 Documentary	14 10:30 Snacks & Hydration 11:00 National Geographics 2:00 Outdoor walk 3:00 Word Search 4:00 Color by numbers 5:30 Movie Night Movie selection will be posted.
15 10:00 Morning Church Service 10:30 Snacks & Hydration 11:00 Color By Number 1:30 Ice Cream Social 2:00 Trivia (identifying items from the past) 5:30 Movie Night	16 10:30 Hydration and Snack 10:30 Morning Exercise (Chair Yoga) 11:00 Campfire cutout craft 2:00 Cornhole 3:00 Outdoor garden walk 4:00 Trip to the library (for book club) 5:30 Documentary	17 10:30 Snacks & Hydration 10:30 Exercise Tai Chi 11:00 Spa Day (Nails Polished, cleaned and filed) 2:00 Book Club (resident choice) 3:00 Puzzles 5:30 Documentary	18 10:30 Snacks & Hydration 11:00 Game Time (Chess, Uno, Checkers) 11:00 Lunch outing 3:00 Chocolate Bingo 5:30 Documentary	19 10:30 Snacks & Hydration Making Smoothies 10:30 Balloon Toss to the oldies 11:00 Making Marshmallow Popcorn 2:00 Thirsty Thursdays 3:30 Game Time (Chess, Uno, Checkers) 5:30 Documentary	20 10:30 Snacks & Hydration 11:00 Scenic tour (outdoor trip) with snacks and hydration 2:00 Trivia/Brain Teasers 3:00 Game Time (Chess, Uno, Checkers) 5:30 Documentary	21 10:30 Snacks & Hydration 11:00 National Geographics 2:00 Outdoor walk 3:00 Word Search 4:00 Color by numbers 5:30 Movie Night Movie selection will be posted.
22 10:00 Morning Church Service 10:30 Snacks & Hydration 11:00 Color By Number 1:30 Ice Cream Social 2:00 Trivia (identifying items from the past) 5:30 Movie Night	23 10:30 Hydration and Snack 10:30 Morning Exercise (Chair Yoga) 11:00 Yarn Mountain Scape 2:00 Cornhole 3:00 Outdoor garden walk 4:00 Trip to the library (for book club) 5:30 Documentary	24 10:30 Snacks & Hydration 10:30 Exercise Tai Chi 11:00 Spa Day (Nails Polished, cleaned and filed) 2:00 Book Club (resident choice) 3:00 Puzzles 5:30 Documentary	25 10:30 Snacks & Hydration 11:00 Game Time (Chess, Uno, Checkers) 11:00 Lunch outing 3:00 Chocolate Bingo 5:30 Documentary	26 10:30 Snacks & Hydration Making Smoothies 10:30 Balloon Toss to the oldies 11:00 Making Smoothies 2:00 Thirsty Thursdays 2:30 Craft beer tasting 3:30 Bingo 5:30 Documentary	27 10:30 Snacks & Hydration 11:00 Scenic tour (outdoor trip) with snacks and hydration 2:00 Trivia/Brain Teasers 3:00 Game Time (Chess, Uno, Checkers) 5:30 Documentary	28 10:30 Snacks & Hydration 11:00 National Geographics 2:00 Outdoor walk 3:00 Word Search 4:00 Color by numbers 5:30 Movie Night Movie selection will be posted.
29 10:00 Morning Church Service 10:30 Snacks & Hydration 11:00 Color By Number 1:30 Ice Cream Social 2:00 Trivia (identifying items from the past) 5:30 Movie Night	30 10:30 Hydration and Snack 10:30 Morning Exercise (Chair Yoga) 11:00 Making S'mores 2:00 Cornhole 3:00 Outdoor garden walk 4:00 Trip to the library (for book club) 5:30 Documentary	<div style="text-align: center;">  PATRIOT DAY </div>	<div style="text-align: center;"> <h1>HEALTHY AGING MONTH</h1> </div>	<div style="text-align: center;"> <h2>All Events Are Subject to Change</h2> </div>	<div style="text-align: center;"> <h2>NATIONAL ASSISTED LIVING WEEK</h2> </div>	Inspiring Generations Sept 8-14 we will be celebrating National Assisted Living week with lots of fun and exciting events.