

# Brookstone News

Legacy Ridge of Brookstone | 5235 Stilesboro Rd. Kennesaw GA 30152| 770-423-0080|



## The Full Beaver Moon



According to some sources, the Full Moon for November is named after beavers because this is the time, they

become particularly active building their winter dams in preparation for the cold season. The beaver is mainly nocturnal, so they keep working under the light of the Full Moon.

Beavers make dams of wood and mud. In the middle, they build dome-shaped homes called lodges with underwater entrances. Beavers continue to grow throughout their lives, and so do their teeth. They constantly gnaw on wood, but because the enamel in a beaver's incisors contains iron, their front teeth never wear down.

There used to be more than 60 million North American beavers. However, because people have hunted them for fur and their glands for medicine, among other reasons, the beaver population has declined to around 12 million.

The Beaver Moon reaches peak illumination in the morning hours of Monday, November 27, at 4:16 A.M. EST. Of course, it will be very close to full the night before, so plan to look for it to start on Sunday, November 26, just after sunset!

## November Anniversary's

### Resident

Rebecca S. 11/2018  
Helen W. 11/2022

### Staff

Jamie H. 11/2020  
Marie B. 11/2020  
Marie R. 11/2022  
Joy W. 11/2022

### SYMBOLS OF NOVEMBER

- BIRTHSTONE: TOPAZ AND CITRINE
- FLOWER: CHRYSANTHEMUM
- ZODIAC SIGNS: SCORPIO AND SAGITTARIUS

### NOVEMBER IN OTHER LANGUAGES

- CHINESE (MANDARIN) - SHÍYIYUÈ
  - DANISH - NOVEMBER
  - FRENCH - NOVEMBRE
  - ITALIAN - NOVEMBRE
  - LATIN - NOVEMBER
  - SPANISH - NOVIEMBRE

### HISTORICAL NAMES:

- ROMAN: NOVEMBER
- SAXON: BLOTMONATH
- GERMANIC: NEBEL-MOND (FOG MONTH)

## Leadership Team

**Hudie Langston**  
Executive Director

**Lisa Jackart**  
Sales & Marketing Director

**Linda Lucas**  
Health & Wellness Director

**Stacey Wheeler**  
Business Office Manager

**Jamie Hatfield**  
Lifestyle Director

**Shawn Brown**  
Dining Services Director

**Brandon Smith**  
Director of Environmental Services

## A MESSAGE FROM OUR ED

Greetings Family Members,

As you all know, it is flu season and COVID-19 is still amongst us. If you are experiencing any cold or flu-like symptoms, I'm requesting that you do not visit your loved one until all symptoms have subsided. I want to ensure that all precautions are taken to protect residents' and staffs' safety and well-being.

Should a resident test positive for COVID-19, it will be required for he/she to quarantine for 5 days from last positive result or onset of symptoms and resident must be symptom free to come out of quarantine. In an effort to prevent the spreading of viruses, **the CDC recommends that our hands should be washed and scrubbed for 20 seconds. The use of hand sanitizer is recommended as well when you can't use soap or water.**

If you have any pending concerns that need to be addressed, please feel free to email me at [hlangston@legacyridgebrookstone.com](mailto:hlangston@legacyridgebrookstone.com) or contact me by phone at 770-423-0080.

Sincerely,

Hudie Langston, Executive Director

### Office Hours

Monday- Friday .....8:30a.m. – 5:00p.m.  
 Saturday .....10:00a.m. – 2:00p.m.  
 Sunday .....10:00a.m. – 2:00p.m.



**RESIDENT SPOTLIGHT**



Meet Alice M our November Resident spotlight! Alice was born and raised in Columbus Ga. During her 80 years of living in Columbus she worked for St. Francis Hospital as their Human Resources Director. She also met the love of her life of 34 years Harvey M, and they had one son who is now watching over her and their daughter alongside her husband.

Alice enjoys spending time with her three Grandchildren they brighten her day! Alice was asked what her favorite thing about Legacy Ridge is and she is said "It's the nicest facility I have lived in, everyone truly cares". You can always find Alice at Bingo, crafts, and games with a big smile on her face. If you can't find her there you can hear her angelic voice as you walk past her Apartment. Thank you deeply Alice for being amazing and making us all smile daily.

**November Birthday's**

**RESIDENT**

Martha G 11/27

**STAFF**

Elizabeth K. 11/10  
Zina D. 11/12

**FUN FACTS ABOUT NOVEMBER**

1. Where did November come from? Novem is the Latin word for 9. But wait, isn't November the 11th month? Interestingly, before January and February were added to the calendar, November was the 9th month.
2. Famous November Sagittarians How about the energetic and idealistic Sagittarius? Some famous people born under the sign of the archer in November are Jimi Hendrix (November 27th), Mark Twain (November 30th), Winston Churchill (November 30th) and Chadwick Boseman (November 29th).
3. We mentioned that Scorpios tend to be intense and imaginative, so it is no surprise that these people are November Scorpios! Pop singer Lorde on November 7th. Leonardo DiCaprio on November 11th. Whoopi Goldberg on November 13th. And Jimmy Kimmel also on November 13th.

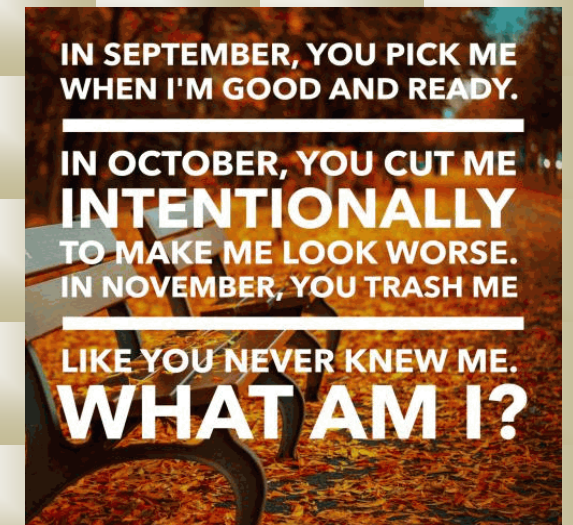
**EMPLOYEE SPOTLIGHT**



Meet Joy W. Our November Employee of the month. When Joy is away from work you can find her enjoying Quality time with her family. One of her Favorite Memories includes summer of 2022 in Dubai where she enjoyed her time swimming. The next thing on her bucket list is to travel to Fiji Island. Joy looks forward to coming to work and putting a smile on the Residents faces! She looks forward to growing with the company and becoming a State Certified Medication Aide.

Joy is dedicated to her Residents and team. She doesn't mind helping when and where she is needed. One Resident Quoted "Joy Brings Joy to my day, she is always so happy and always has a smile on her face." Thank you from the bottom of all of our hearts here at Legacy Ridge for your dedication and hard work.

**RIDDLE ME THIS**



*In September, you pick me when I'm good and ready.*

*In October, you cut me intentionally to make me look worse.*

*In November, you trash me.*

*What am I?*

ANSWER: A pumpkin, jack-o-lantern

**Events of the month**

**11/4 1PM Girl scouts Troop 23170 parade**

**11/16 4PM Thanksgiving dinner with friends and family.**

**11/25 1pm Starr Ranch Rescue**

- **Don't forget to leave us a google review!**

