

Carving a Legend

One of the most beloved traditions of the Halloween season is carving pumpkins into jack-o'-lanterns. The term *jack-o'-lantern* comes from an old Irish folktale about a clever and miserly old man known as Stingy Jack.

Legend has it that Stingy Jack invited the Devil to have a drink with him. True to his nickname, Jack did not want to pay the bill, so he convinced the Devil to transform into a coin that Jack could use to pay for their drinks. The Devil agreed to go along with the trick, but then Jack decided to keep the coin, placing it in his pocket alongside a silver cross, which prevented the Devil from transforming back.

Jack then made a bargain with the Devil, allowing him to transform back on the condition that the Devil would not bother Jack for a year and, if Jack should die, the Devil would not claim his soul. The Devil had to agree, and Jack was safe for the year. When the year was up, Jack cleverly tricked the Devil into climbing a tree to pick some fruit. Jack once again trapped the Devil by carving a cross into the tree's bark. A new bargain was struck for the Devil's release. This time the Devil agreed to not bother Jack for 10 years.



Soon after, Jack died. God would not allow him into Heaven, and the Devil would not allow him into Hell. The Devil instead sent Jack off into the dark of night with nothing but a lump of coal to guide

him. Jack put the burning coal into a lantern carved from a turnip and has been wandering the earth ever since. The Irish call his wandering spirit Jack of the Lantern, or jack-o'-lantern.

The Irish carved their lanterns out of turnips and potatoes and placed them at their doors and windows to scare away Stingy Jack and other malevolent spirits. The English carved large beets. When Irish immigrants arrived in the United States, they discovered that pumpkins made the best lanterns of all. We've used them as jack-o'-lanterns ever since.

Anniversary's

Let's all take some time to celebrate these resident and employee anniversary here at Legacy Ridge at Brookstone! We are so glad you chose to be here with us!!

Residents

Mary Lee- October 21, 2020

Drawing Success



In 1923, the talented cartoonist Walt Disney moved to Los Angeles, California, after his Laugh-O-Gram animation studio went bankrupt. On October 16 of that year, Walt and his brother Roy founded

the Disney Brothers Cartoon Studio, the studio that would eventually become the Walt Disney Company. It would be five years before Disney created Mickey Mouse, who debuted in the cartoon short *Steamboat Willie*. Mickey would become so popular that Walt used the character in several cartoon shorts. Walt's ambitions then grew. In 1934, he decided to produce a feature-length cartoon. The film employed over 300 animators, artists, and assistants and went 400% over budget. Some called it "Disney's Folly," but we now know it as *Snow White and the Seven Dwarfs*. This smash-hit would make the Walt Disney Company the most successful media company in the world.

October 2022

Brookstone News

Legacy Ridge at Brookstone | 5235 Stilesboro Kennesaw ga 30152 | 770.423.0080 | AL / MC

Leadership Team

Lisa Kerr
Executive Director

Chelsey Nemchik
Sales & Marketing Director

Melissa Grayson
Health & Wellness Director

Stacy Wheeler
Business Office Manager

Ariel Kemp
Lifestyle Director

Kevin Perry
Dining Service Director

Nery Recinos
Maintenance & Housekeeping Director

ED CORNER

Welcome to Fall Y'all, it's pumpkin spice season! Like many of you, fall is my favorite time of the year. As the weather gets cooler, we also start to see the leaves change which triggers a change in ourselves. This fall I want us to focus on gratitude. Try to spend a few seconds each day making someone smile, then sit back and see the chain reaction that one smile causes. In the spirit of smiling, we are planning quite a few fun events for you this month and I hope everyone will take the time out to join us.

Our Legacy at Brookstone staff is dedicated to making you feel at home. We have had several new residents move in last month, and I wanted to extend a warm welcome to all of them. Our job is to make sure your life here is comfortable, enjoyable, and safe. We want you to be happy here and to feel as if you've found a place to stay. If you do like it here- and we truly hope you do- please tell everyone you know. Having a friend as a neighbor is a wonderful feeling so, please make sure you ask the office about our Forever Friends Program and scan our QR code inside to leave a Google Review!

~ Lisa Robinson-Kerr

OFFICE HOURS

Monday- Friday8:30a.m.- 5:00 p.m.
Saturday10 a.m.-2:00 p.m.
Sunday10 a.m.-2:00 p.m.

Resident Spotlight



Meet June Woodruff “JUNE BUG” our October 2022 Resident Spotlight. June was born in Blue Lick, Kentucky, where she lived until she completed High school. After High School, June moved to Debary, Florida with her Highschool Sweetheart Don Woodruff who later served in the Korean war. June’s favorite job was being a Real Estate Agent. Don and June have two sons together Steve and Kent Woodruff who she loves dearly.

Some of June’s interest include reading and watching Law and Order. Her favorite foods include spaghetti and hamburgers, and of course her chocolate desserts. You can always find June socializing with her friends. She is a very happy person who is always trying to make someone’s day better. First thing in the morning you can find Ms. Woodruff drinking coffee and reading her Daily Chronicle. June has always been a very loving, positive, caring, and social person and Legacy Ridge at Brookstone is happy to have her as part of our family. Thank you, June Bug, for being you and making us all smile daily.

October Birthdays

In astrology, those born from October 1–22 balance the scales of Libra. Libras strive for equilibrium and symmetry and flourish in harmonious partnerships. Libras surround themselves with balanced environments. Those born from October 23–31 are Scorpios. Scorpios cherish the truth and are not afraid to go to extraordinary lengths to uncover mysteries and get what they want.

Residents

10/11 Ronald C.
10/12 Nicholas P.
10/16 Brenda M.
10/20 Joyce C.
10/21 Sara J

Staff

10/4 Jamie H
10/10 Elizabeth K.

EVENTS OF THE MONTH

- **October 1st -28th Door Decorating Contest**
- **October 6th - What’s New for Medicare 2023 @ 6PM**
- **October 10th - MARY KAY Cosmetic Pamper Day**
- **October 22nd - Homecoming Dance**
- **October 17th -21st – Spirit Week**
- **October 28th - Halloween Bash**

Employee of the Month

Meet Cheryl Berardi our September 2022 Employee of the Month. Cheryl is From New Hampshire, lived in Florida for 16 years and moved to GA in 2018. She Has 5 Wonderful and Kind Daughters. When Cheryl isn’t working you can find her Baking or reading a book. Her favorite part about working for Legacy Ridge at Brookstone would be making the residents smile and laugh. One interesting fact about Cheryl is that she used to sing in her uncle’s band for weddings and events.



Cheryl is our Monday through Friday Concierge. You can always find Cheryl laughing and carrying on with our Residents and their families. If Cheryl isn’t sitting at the Front desk, you can find her in our Gardens watering the flowers or Dancing around the Main Lobby. We want to thank you for your Dedication to Legacy Ridge at Brookstone and for all the laughter and smiles that you Bring to the Community!

A Shocking Discovery

While American Founding Father Ben Franklin was not the first to hypothesize that lightning was made of electricity, he was one of the first to conduct experiments to prove it. On October 19, 1752, Franklin published an account of his now-famous kite experiment in the *Pennsylvania Gazette*.

Before Franklin’s ingenious use of a kite to harness electricity from lightning, he used pointed metal rods, the first lightning rods, to draw electricity “out of a cloud silently.” Franklin placed these rods atop weathervanes and ship masts, with wires running down to the ground or water, to protect buildings and ships from lightning strikes. His key and kite experiment logically followed. Franklin’s account in the *Pennsylvania Gazette* described exactly how to both build and fly a kite to repeat his experiment. The kite was outfitted with a long metal lightning rod to draw the electricity from the storm clouds. The electricity then traveled down the length of string, wet with rain, to a metal key tied near the hand. It was from this electrified key that “all the other Electrical Experiments be perform’d.”

Monthly Highlight’s

- **We are having a door decorating contest from October 1st to October 28th. We will have 3 winners for The Scariest Door, Funniest Door, and Most Creative Door. The winners will be announced at the Halloween Bash.**
- **Don’t forget to leave us a Google Review!**

