

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div> <div> <div>Memory Care Calendar</div> <div>January 2026</div> </div> <div> </div> </div>				<div> <div>10am Move and Groove</div> <div>11am Nature Walk</div> <div>1pm Story Hour</div> <div>3pm Snack and Hydration</div> <div>4pm Music and Dance</div> <div>6pm Movie with Friends</div> </div>	<div> <div>10am Morning Stretch</div> <div>11am Craft Time</div> <div>2pm UNO Time</div> <div>3pm Snacks and Hydration</div> <div>4pm Meditation (Smooth Jazz)</div> <div>6pm Movie with Friends</div> </div>	<div> <div>10am Morning Stretch</div> <div>11am Nature Stroll</div> <div>1pm Saturday Matinee</div> <div>2pm Flower Arranging</div> <div>3pm Snack and Hydration</div> <div>4pm Meditation (Soft Blues)</div> <div>6pm Movie Time</div> </div>
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