

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
November 2025 Memory Care Calendar						7:00 Saturday Devotion 10:00 Hello November Social 11:00 Autumn Sing-Along 2:00 Walker's Unite 3:30 College Football 6:00 Movie Night 1
7:00 Morning Devotion 10:00 Sunday Worship & Reflection 11:00 Helping Hands 2:00 Move & Groove 4:00 Checkers 6:00 wind down stretches 2	7:00 Motivational Monday 10:00 Chair Yoga W/ Gratitude Meditation 11:00 What's in the Cornucopia? 2:00 Fill the Bird feeders 4:00 Reminiscence Hour 6:00 Soothing Sounds 3	7:00 Inspirational Tuesday 10:00 Leaf Rubbing Art 11:00 Music & Movement 2:00 ATW Fun Facts on Australia 4:00 Bird Watching 6:00 Soothing Sounds 4	7:00 Wisdom Wednesday 10:00 Yard Games 11:00 Helping Hands 2:00 Classic Movie Afternoon 4:00 Walker's Unite 6:00 Wind Down 5	7:00 Thankful Thursday 10:00 Autumn Nature Walk 11:00 Sensory Bin - What do you feel? 2:00 Autumn Music Concert 4:00 Chats With Friends 6:00 Nighttime Stretches 6	7:00 Freedom Friday 10:00 Pie Scent Guessing Game 11:00 Chair Yoga W/ Gratitude Meditation 2:00 Baking Club- Pumpkin Bread 4:00 Soothing Sounds 6:00 Movie Night 7	7:00 Saturday Devotion 10:00 Name That Tune - Fall Edition 11:00 Board Games 2:00 Music & Movement 4:00 Breathe in, Breathe Out (fresh air) 6:00 Nighttime stretches 8
7:00 Morning Devotion 10:00 Interfaith Service Of Gratitude 11:00 Fancy Nails 2:00 Soothing Hand Massages 4:00 Meditation Hour 6:00 Chat With Friends 9	7:00 Motivational Monday 10:00 Move & Groove 11:00 Sensory Bin - What do you feel? 2:00 Craft Hour - Patriotic Pins 4:00 Checkers 6:00 Poultry Puns & Jokes 10	7:00 Inspirational Tuesday 10:00 Chair Yoga W/ Gratitude Meditation 11:00 Helping Hands 2:00 Veterans Day Ceremony 4:00 Let's Golf 6:00 Chat With Friends On The Patio 11	7:00 Wisdom Wednesday 10:00 ATW Documentary on Australia 11:00 Walker's Unite 2:00 Storytelling Circle-Military Memories 4:00 Meditation Hour 6:00 Nighttime Stretches 12	7:00 Thankful Thursday 10:00 Music & Movement 11:00 Poultry Puns & Jokes 2:00 Turkey Trot Indoor Walk 4:00 Reminiscence Hour 6:00 Soothing Sounds & Stretch 13	7:00 Freedom Friday 10:00 Chat With Friends 11:00 Helping Hands 2:00 Bingo & Apple Cider Social 4:00 Family Gratitude Night 6:00 Breathe in, Breathe Out 14	7:00 Saturday Devotion 10:00 Foil Painting 11:00 Walker's Unite 2:00 Board Games & Pie Night 4:00 Talking Turkey 6:00 Movie Night 15
7:00 Morning Devotion 10:00 Chair Yoga W/ Gratitude Meditation 11:00 Church Service 2:00 Hymns of Thanksgiving Sing-Along 4:00 Patio Chat With Friends 6:00 Worship Songs 16	7:00 Motivational Monday 10:00 ATW Virtual Tour: Australia 11:00 Autumn Nature Walk 2:00 Gratitude Tree Craft 4:00 Poultry Puns & Jokes 6:00 Soothing Tunes 17	7:00 Inspirational Tuesday 10:00 Word Games 11:00 Sensory Bin - What do you feel? 2:00 Thankful Notes Exchange 4:00 Reminiscence Hour 6:00 Nighttime Stretches 18	7:00 Wisdom Wednesday 10:00 What's in the Cornucopia? 11:00 Card Games 2:00 Movie - Planes, Trains, & Automobiles 4:00 Move and Groove 6:00 Chat With Friends 19	7:00 Thankful Thursday 10:00 Soothing Hand Massages 11:00 Music & Movement 2:00 Brain Games: Trivia 4:00 Walker's Unite 6:00 Meditation Hour 20	7:00 Freedom Friday 10:00 ATW: Great Barrier Reef 11:00 Helping Hands 2:00 Harvest Dance 4:00 Reminiscence Hour 6:00 Breathe in, Breathe Out 21	7:00 Saturday Devotion 10:00 Autumn Coloring & Coffee Club 11:00 Poultry Puns & Jokes 2:00 Chair Yoga W/ Gratitude Meditation 4:00 College Football 6:00 Patio Chats With Friends 22
7:00 Morning Devotion 10:00 Inspiration Service- Give Thanks 11:00 Foil Painting 2:00 Autumn Nature Walk 4:00 Twenty Questions (person, place, thing) 6:00 Nighttime Stretches/Songs 23	7:00 Motivational Monday 10:00 What's in the Cornucopia? 11:00 Music & Movement 2:00 Baking Club - Cranberry Cookies 4:00 Helping Hands 6:00 Meditation Hour 24	7:00 Inspirational Tuesday 10:00 DIY Centerpieces 11:00 ATW: Fun Facts About Australia 2:00 Thanksgiving Karaoke 4:00 Poultry Puns & Jokes 6:00 Chair Yoga/ Soothing Sounds 25	7:00 Wisdom Wednesday 10:00 Learn The Chicken Dance 11:00 Helping Hands 2:00 Handprint Turkey Painting 4:00 Reminiscence Hour 6:00 ATW: Back to the Outback (movie) 26	7:00 Thankful Thursday 8:30 Macy's Day Parade 10:00 Gratitude Journal 11:00 Chair Yoga 2:00 Patio Chats With Friends 4:00 Thanksgiving Feast 6:00 A Charlie Brown Thanksgiving 27	7:00 Freedom Friday 10:00 Autumn Nature Walk 11:00 Music & Movement 2:00 Pajama Day + Movie Marathon 4:00 Chat With Friends On The Patio 6:00 Wind Down Stretches 28	7:00 Saturday Devotion 10:00 Chair Exercises with Music 11:00 Let's Bowl 2:00 Sensory Bin - What do you feel? 4:00 Soft Jazz 6:00 Reminiscence Hour 29
7:00 Morning Devotion 10:00 Reflection Service- Welcoming December 11:00 Music Trivia 2:00 Soothing Hand Massages 4:00 Patio Chats With Friends 6:00 Worship Songs 30	Legacy Ridge At Alpharetta 4125 North Point Pkwy, Alpharetta, GA 30022 (678) 661-6704 *activities subject to change					