

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 7:00 WISDOM WEDNESDAY 10:00 VOLLEYBALL TOSS 11:00 JOKES AND RIDDLES 2:00 WALERS UNITE 4:00 SOFT MELODIES 6:00 BREATHE IN, BREATHE OUT	2 7:00 THANKFUL THURSDAY 10:00 MAKE BIRD FEEDERS 11:00 HELPING HANDS 2:00KAROE 4:00 SOFT MELODIES 6:00 BREATHE IN, BREATHE OUT	3 7:00 FREEDOM FRIDAY 10:00 FOIL PAINTING 11:00 HELPING HANDS 2:00 WALKERS UNITE 3:00 BAKING WITH FRIENDS 6:00 SOOTHING TUNES	4 7:00 SATURDAY DEVOTION 10:00 CHAIR YOGA 11:00 MUSIC TRIVIA 2:00 WALKERS UNITE 3:00 COLLEGE FOOTBALL 4:00 MEDITATION HOUR 6:00 MOVIE
5 7:00 MORNING DEVOTION 10:00 RHYTHM IN MOTION 10:30 CHURCH SERVICES 1:00 BIBLE TRIVIA 2:00 WALKERS UNITE 4:00 HELPING HANDS 6:00 NIGHTTIME STRETCHES	6 7:00 MORNING DEVOTION 10:00 MORNING STRETCH 10:30 CARD- MATCHING GAMES 11:00 HELPING HANDS 2:00 FOLLOW THE LEADER 4:00 MEDITATION 6:00 SOOTHING SOUNDS	7 7:00 INSPIRATIONAL TUESDAY 10:00 BINGO 11:00 FRESHEN UP 2:00 WATER THE PLANTS 4:00 HELPING HANDS 6:00 MEDITATION	8 7:00 WISDOM WEDNESDAY 10:00 SENSORY BINS 10:30 SORT DIFFERENT FABRICS 11:00 HELPING HANDS 2:00 WALKERS UNITE 4:00 MEDITATION 6:00 SOOTHING SOUNDS	9 7:00 THANKFUL THURSDAY 10:00 GARDENING 11:00 HELPING HANDS 2:00 WHAT'S IN THE POT? 4:00 SOFT MELODIES 6:00 NIGHTTIME STRETCH	10 7:00 FREEDOM FRIDAY 10:00 MAKE CARE PACKAGES FOR THE HOMELESS 11:00 SOOTHING TUNES 2:00 ATW: TOUR OF GERMANY 3:00 WALKERS UNITE 4:00 HELPING HANDS 6:00 MOVIE NIGHT	11 7:00 SATURDAY DEVOTION 10:00 KARAOKE 11:00 MEDITATION HOUR 2:00 COLLEGE FOOTBALL 3:00 WALKERS UNITE 4:00 HELPING HANDS 6:00 NIGHTITME STRETCH
12 7:00 MORNING DEVOTION 10:00 RHYTHM IN MOTION 10:30 CHURCH SERVICES 1:00 SUNDAY FOOTBALL 4:00 BIBLE TRIVIA 6:00 BREATHE IN, BREATHE OUT	13 7:00 MORNING DEVOTION 10:00 MORNING STRETCH 10:30 PINK THEMED SONGS 11:00 HELPING HANDS 2:00 PAINT PINK PUMPKINS 4:00 MEDITATION HOUR 6:00 WIND DOWN	14 7:00 INSPIRATIONAL TUESDAY 10:00 WATERING THE GARDEN 10:30 WALKERS UNITE 11:00 HELPING HANDS 2:00 FANCY NAILS 4:00 BLAST FROM THE PAST 6:00 NIGHTTIME STRETCHES	15 7:00 WISDOM WEDNESDAY 10:30: ATW: GERMANY DANCE LESSONS 11:00 CHAIR YOGA 2:00 BAKE WITH.FRIENDS 4:00 HELPING HANDS 6:00 NIGHTTIME STRETCHES	16 7:00 THANKFUL THURSDAY 10:00 GRADITUDE JOURNAL 11:00 WALKERS UNITE 2:00 WHAT'S IN THE POT? 4:00 MEDITATION HOUR 6:00 SOOTHING JAZZ	17 7:00 FREEDOM FRIDAY 10:00 MEMORY GAMES 11:00 HELPING HANDS 2:00 NATURE WALK 4:00 BLAST FROM THE PAST 6:00 NIGHTTIME STORIES	18 7:00 SATURDAY DEVOTION 10:00 MUSIC TRIVIA 11:00 HELPING HANDS 12:00 COLLEGE FOOTBALL 4:00 HELPING HANDS 6:00 SOOTHING MELODIES
19 7:00 MORNING DEVOTION 10:00 RHYTHM IN MOTION 10:30 CHURCH SERVICES 11:00 BIBLE TRIVIA 2:00 WALKERS UNITE 4:00 FRESHEN UP 6:00 MOVIE NIGHT	20 7:00 MOTIVATIONAL MONDAY 10:00 SORT IT OUT 11:00 ATW: GERMAN DANCE LESSONS 2:00 RIDDLE ME THIS 4:00 HELPING HANDS 6:00 SOFT MELODIES	21 7:00 INSPIRATIONAL TUESDAY 10:00 BINGO 11:00 WORSHIP WITH FRIENDS 2:00 ART & RELAXATION 4:00 WALKERS UNITE 6:00 NIGHTTIME STRETCH	22 7:00 WIDSOM WEDNESDAY 10:00 FOIL PAINTING 11:00 BOARD GAMES 2:00 NATURE WALK 4:00 HELPING HANDS 6:00 NIGHTTIME MELODIES	23 7:00 THANKFUL THURSDAY 10:00 GRADITUDE JOURNAL 11:00 RIDDLE ME THIS 2:00 WALKERS UNITE 4:00 SOFT TUNES 6:00 NIGHTTIME STRETCH	24 7:00 FREEDOM FRIDAY 10:00 WHAT'S IN THE POT? 11:00 GET YOUR GROOVE ON 2:00 ICE CREAM SOCIAL 4:00 CHAT WITH FRIENDS 6:00 NIGHTTIME STRETCH	25 7:00 SATURDAY DEVOTION 10:00 MUSIC TRIVIA 11:00 HELPING HANDS 2:00 COLLEGE FOOTBALL 4:00 CHATS WITH FRIENDS 6:00 MOVIE NIGHT
26 7:00 MORNING DEVOTION 10:00 RHYTHM IN MOTION 10:30 CHURCH SERVICES 1:00 BIBLE TRIVIA 2:00 WALKERS UNITE 6:00 SMOOTH JAZZ	27 7:00 MOTIVATIONAL MONDAY 10:00 HALLOWEEN CRAFTS 11:00 WHAT'S IN THE POT? 2:00 CHAIR YOGA 4:00 HELPING HANDS 6:00 SMOOTH JAZZ	28 7:00 INSPIRATIONAL TUESDAY 10:00 MOVE AND GROOVE 11:00 HELPING HANDS 2:00 LETS BOWL 4:00 WALKERS UNITE 6:00 NIGHTTIME MELODIES	29 7:00 WISDOM WEDNESDAY 10:00 MUSIC TRIVIA 11:00 HELPING HANDS 2:00 WALKERS UNITE 4:00 SMOOTH JAZZ 6:00 BREATHE IN, BREATHE OUT	30 7:00 THANKFUL THURSDAY 10:00 MORNING STRETCH 11:00 HELPING HANDS 2:00 BINGO 4:00 DECORATE FOR HALLOWEEN 6:00 SOFT MELODIES	31 7:00 FREEDOM FRIDAYS 10:00 BUILD A SCARECROW 11:00 TRICK OR TREATS 2:00 HALLOWEEN PARTY 4:00 HELPING HANDS 6:00 HALLOWEEN MOVIE	