

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ACTIVITIES ARE SUBJECT TO CHANGE!		1 7:00 SP Inspirational Tuesday 10:00 PH Chair Yoga For Beginners 10:30 SC Refresh & Renew 11:00 CA Sort It Out 3:00 CR Chip and Paint 4:00 RM Smooth Jazz (Meditation Hour) 6:00 MV Movie Night (Residents' Choice)	2 7:00 SP Wisdom Wednesday 11:00 CA Cheffing it up with Friends 1:00 SP Scripture with Rosie 2:00 SC Winning Wednesday (Bingo) 6:00 VC Aromatherapy with Inspirational Tunes 6:00 MV Movie Night (Residents' Choice)	3 7:00 SP Thankful Thursday 10:00 PH Volleyball Toss 11:00 CA Follow the Leader 4:00 RM Soft Melodies 6:00 MV Movie Night (Residents' Choice)	4 Independence Day 7:00 SP Freedom Friday 10:00 RM What's Tea? 10:30 PH Hip Hop Fitness 11:00 CR ATW (USA) Creations 2:00 VC Game Day With Friends 6:00 MV Movie Night (Residents' Choice)	5 7:00 SP Saturday Devotion 10:00 PH Hip Hop Fitness 10:30 SC Refresh & Renew 11:00 VC Music Trivia 2:00 CA Taking A Stroll 3:00 CR Art And Relaxation (Kinetic Sand) 4:00 RM Smooth Jazz (Meditation Hour) 6:00 PH Breathe In, Breathe Out and Stretch Wine Down 6:00 MV Movie Night (Residents' Choice)
6 7:00 SP Sold Out Sunday 10:00 PH Rhythm in Motion 10:30 SP Church Services 11:00 SC Refresh & Renew 1:00 VC Bible Trivia 2:00 CA Walkers Unite (Fun Facts About Flowers) 3:00 RM Name that Object (Food Items) 6:00 CA Finish the Phase with Friends 6:00 MV Movie Night (Residents' Choice)	7 7:00 SP Morning Devotion 10:00 PH Morning Stretch 10:30 SC Refresh & Renew 11:00 CR You're a Genius 3:00 CA Friendly Competition With Staff 4:00 RM Soothing Sound Social 6:00 MV Movie Night (Residents' Choice)	8 7:00 SP Inspirational Tuesday 10:00 PH Chair Yoga For Beginners 10:30 SC Refresh & Renew 11:00 CA Sort It Out 2:00 VC National Blueberry Day 3:00 CR Chip and Paint 4:00 RM Smooth Jazz (Meditation Hour) 6:00 MV Movie Night (Residents' Choice)	9 7:00 SP Wisdom Wednesday 11:00 CA Cheffing it up with Friends 1:00 SP Scripture with Rosie 2:00 SC Winning Wednesday (Bingo) 6:00 VC Aromatherapy with Inspirational Tunes 6:00 MV Movie Night (Residents' Choice)	10 7:00 SP Thankful Thursday 10:00 PH Volleyball Toss 11:00 CA Follow the Leader 4:00 RM Soft Melodies 6:00 MV Movie Night (Residents' Choice)	11 7:00 SP Freedom Friday 10:00 RM What's Tea? 10:30 PH Hip Hop Fitness 11:00 CR ATW (USA) Creations 2:00 VC Game Day With Friends 6:00 MV Movie Night (Residents' Choice)	12 7:00 SP Saturday Devotion 10:00 PH Hip Hop Fitness 10:30 SC Refresh & Renew 11:00 VC Music Trivia 2:00 CA Taking A Stroll 3:00 CR Art And Relaxation (Kinetic Sand) 4:00 RM Smooth Jazz (Meditation Hour) 6:00 PH Breathe In, Breathe Out and Stretch Wine Down 6:00 MV Movie Night (Residents' Choice)
13 7:00 SP Sold Out Sunday 10:00 PH Rhythm in Motion 10:30 SP Church Services 11:00 SC Refresh & Renew 1:00 VC Bible Trivia 2:00 CA Walkers Unite (Fun Facts About Flowers) 3:00 RM Name that Object (Food Items) 6:00 CA Finish the Phase with Friends 6:00 MV Movie Night (Residents' Choice)	14 7:00 SP Morning Devotion 10:00 PH Morning Stretch 10:30 SC Refresh & Renew 11:00 CG Spa Day 2:00 VC Sip & Chill 3:00 CA Friendly Competition With Staff 4:00 RM Soothing Sound Social 6:00 MV Movie Night (Residents' Choice)	15 7:00 SP Inspirational Tuesday 10:00 PH Chair Yoga For Beginners 10:30 SC Refresh & Renew 11:00 CA Sort It Out 3:00 CR Chip and Paint 4:00 RM Smooth Jazz (Meditation Hour) 6:00 MV Movie Night (Residents' Choice)	16 7:00 SP Wisdom Wednesday 11:00 CA Cheffing it up with Friends 1:00 SP Scripture with Rosie 2:00 SC Winning Wednesday (Bingo) 6:00 VC Aromatherapy with Inspirational Tunes 6:00 MV Movie Night (Residents' Choice)	17 7:00 SP Thankful Thursday 10:00 PH Volleyball Toss 11:00 CA Follow the Leader 4:00 RM Soft Melodies 6:00 MV Movie Night (Residents' Choice)	18 7:00 SP Freedom Friday 10:00 RM What's Tea? 10:30 PH Hip Hop Fitness 11:00 CR ATW (USA) Creations 2:30 SC LRA'S Stars, Stripes, and Bites 6:00 MV Movie Night (Residents' Choice)	19 7:00 SP Saturday Devotion 10:00 PH Hip Hop Fitness 10:30 SC Refresh & Renew 11:00 VC Music Trivia 2:00 CA Taking A Stroll 3:00 CR Art And Relaxation (Kinetic Sand) 4:00 RM Smooth Jazz (Meditation Hour) 6:00 PH Breathe In, Breathe Out and Stretch Wine Down 6:00 MV Movie Night (Residents' Choice)
20 7:00 SP Sold Out Sunday 10:00 PH Rhythm in Motion 10:30 SP Church Services 11:00 SC Refresh & Renew 1:00 VC Bible Trivia 2:00 CA Walkers Unite (Fun Facts About Flowers) 3:00 RM Name that Object (Food Items) 6:00 CA Finish the Phase with Friends 6:00 MV Movie Night (Residents' Choice)	21 7:00 SP Morning Devotion 10:00 PH Morning Stretch 10:30 SC Refresh & Renew 11:00 CG Spa Day 2:00 VC Sip & Chill 3:00 CA Friendly Competition With Staff 4:00 RM Soothing Sound Social 6:00 MV Movie Night (Residents' Choice)	22 7:00 SP Inspirational Tuesday 10:00 PH Chair Yoga For Beginners 10:30 SC Refresh & Renew 11:00 CA Sort It Out 3:00 CR Chip and Paint 4:00 RM Smooth Jazz (Meditation Hour) 6:00 MV Movie Night (Residents' Choice)	23 7:00 SP Wisdom Wednesday 11:00 CA Cheffing it up with Friends 1:00 SP Scripture with Rosie 2:00 SC Winning Wednesday (Bingo) 6:00 VC Aromatherapy with Inspirational Tunes 6:00 MV Movie Night (Residents' Choice)	24 7:00 SP Thankful Thursday 10:00 PH Volleyball Toss 11:00 CA Follow the Leader 4:00 RM Soft Melodies 6:00 MV Movie Night (Residents' Choice)	25 7:00 SP Freedom Friday 10:00 RM What's Tea? 10:30 PH Hip Hop Fitness 11:00 CR ATW (USA) Creations 2:00 VC Game Day With Friends 6:00 MV Movie Night (Residents' Choice)	26 7:00 SP Saturday Devotion 10:00 PH Hip Hop Fitness 10:30 SC Refresh & Renew 11:00 VC Music Trivia 2:00 CA Taking A Stroll 3:00 CR Art And Relaxation (Kinetic Sand) 4:00 RM Smooth Jazz (Meditation Hour) 6:00 PH Breathe In, Breathe Out and Stretch Wine Down 6:00 MV Movie Night (Residents' Choice)
27 7:00 SP Sold Out Sunday 10:00 PH Rhythm in Motion 10:30 SP Church Services 11:00 SC Refresh & Renew 1:00 VC Bible Trivia 2:00 CA Walkers Unite (Fun Facts About Flowers) 3:00 RM Name that Object (Food Items) 6:00 CA Finish the Phase with Friends 6:00 MV Movie Night (Residents' Choice)	28 7:00 SP Morning Devotion 10:00 PH Morning Stretch 10:30 SC Refresh & Renew 11:00 CG Spa Day 2:00 VC Sip & Chill 3:00 CA Friendly Competition With Staff 4:00 RM Soothing Sound Social 6:00 MV Movie Night (Residents' Choice)	29 7:00 SP Inspirational Tuesday 10:00 PH Chair Yoga For Beginners 10:30 SC Refresh & Renew 11:00 CA Sort It Out 3:00 CR Chip and Paint 4:00 RM Smooth Jazz (Meditation Hour) 6:00 MV Movie Night (Residents' Choice)	30 7:00 SP Wisdom Wednesday 11:00 CA Cheffing it up with Friends 1:00 SP Scripture with Rosie 2:00 SC Winning Wednesday (Bingo) 6:00 VC Aromatherapy with Inspirational Tunes 6:00 MV Movie Night (Residents' Choice)	31 7:00 SP Thankful Thursday 10:00 PH Volleyball Toss 10:30 SC Refresh & Renew 11:00 CA Follow the Leader 1:00 CR Trinity Hospice Activity 4:00 DR It's a Celebration! 6:00 MV Movie Night (Residents' Choice)	HAPPY BIRTHDAY TO EVERYONE BORN IN THE MONTH OF JULY! 	