

May 2024

PH Physical VC Vocational
CG Cognitive RM Reminiscent
SC Social MV Movie Time CR Creative SP Spiritual

& Care Staff Assist

| AT ALPHARETTA | | | | | SP Spiritual | |
|---|---|--|---|---|---|--|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| nay | HAPPY MARK'S | | 1 10:30 PH Morning Stretch 1:00 CR Arts and Crafts 2:00 CG Poetry Hour 3:00 SC Afternoon Social 4:00 SP Meditation Hour: Nature Sounds 6:00 MV Movie Time 4 | 10:00 PH Morning Stretch 1:00 VC Bird Watching 2:00 CG Balloon Tennis 3:00 SC Afternoon Social 4:00 RM Meditation Hour: Soothing Piano 6:00 MV Evening Movie | 10:30 PH Morning Nature Stroll 11:00 CR Sort and Match 1:00 CG Sing Along 2:00 CR Arts and Crafts 3:00 SC Afternoon Social 4:00 SP Listening to Hymns 6:00 MV Evening Movie | 10:30 PH Morning Stretch 1:00 VC Book Club 2:00 CR Flower Arranging 3:00 SP Singing to Our Favorite Hymns 4:00 CG Meditation Hour: Sounds of Nature 3:00 SC Living Room Talk with Friends |
| Sunday Funday 5 | 6 | Tasty Tuesday 7 | 8 | 9 | 10 | 11 |
| 10:30 SP Bible Study / Singing Hymns 11:00 PH Morning Stretch 1:00 CG Partner Up Puzzles 2:00 SC Afternoon Social 3:00 MV Sunday Matinee 4:00 SP Sing Along / Hymns 6:00 RM Meditation Hour: Ocean Sounds | 10:30 PH Chair Yoga 1:00 CR Arts and Crafts 2:00 VC Baking Club & 3:00 SC Afternoon Social 4:00 CG Meditation Hour: Ocean Sounds 6:00 MV Movie Time & | 10:30 PH Nature Stroll 12:00 Tasty Tuesday 1:00 RM Conversation with Friends 2:00 CR Afternoon Nature Stroll 3:00 SC Baking Club 4:00 CG Meditation Hour: Nature Sounds 6:00 MV Movie Time & | 10:30 PH Morning Stretch & 1:00 CR Arts and Crafts 2:00 CG Poetry Hour 3:00 SC Afternoon Social 4:00 SP Meditation Hour: Nature Sounds 6:00 MV Movie Time & | 10:00 PH Morning Stretch 1:00 VC Bird Watching 2:00 CG Balloon Tennis 3:00 SC Afternoon Social 3:00 SC Afternoon Social 4:00 RM Meditation Hour: Soothing Piano 6:00 MV Evening Movie | 10:30 PH Morning Nature Stroll 11:00 CR Sort and Match 1:00 CG Sing Along 2:00 CR Arts and Crafts 3:00 SC Afternoon Social 4:00 SP Listening to Hymns 6:00 MV Evening Movie | 10:30 PH Morning Stretch 1:00 VC Book Club 2:00 CR Flower Arranging 3:00 SP Singing to Our Favorite Hymns 4:00 CG Meditation Hour: Sounds of Nature 6:00 SC Living Room Talk with Friends |
| Happy Mother's Day! 12 | | 14 | 15 | 16 | | 18 |
| 10:30 SP Bible Study / Singing Hymns 11:00 PH Morning Stretch 1:00 CG Partner Up Puzzles 2:00 SC Afternoon Social 3:00 MV Sunday Matinee 4:00 SP Sing Along / Hymns 6:00 RM Meditation Hour: Ocean Sounds | 10:30 PH Chair Yoga 1:00 CR Arts and Crafts 2:00 VC Baking Club & 3:00 SC Afternoon Social 4:00 CG Meditation Hour: Ocean Sounds 6:00 MV Movie Time & | 10:30 PH Nature Stroll 12:00 Tasty Tuesday 1:00 RM Conversation with Friends 2:00 CR Afternoon Nature Stroll 3:00 SC Baking Club 4:00 CG Meditation Hour: Nature Sounds 6:00 MV Movie Time & | 10:30 PH Morning Stretch 1:00 CR Arts and Crafts 2:00 CG Poetry Hour 3:00 SC Afternoon Social 4:00 SP Meditation Hour: Nature Sounds 6:00 MV Movie Time 5 | 10:00 PH Morning Stretch 1:00 VC Bird Watching 2:00 CG Balloon Tennis 3:00 SC Afternoon Social 4:00 RM Meditation Hour: Soothing Piano 6:00 MV Evening Movie | 10:30 PH Morning Nature Stroll 11:00 CR Sort and Match 1:00 CG Sing Along 2:00 CR Arts and Crafts 3:00 SC Afternoon Social 4:00 SP Listening to Hymns 6:00 MV Evening Movie | 10:30 PH Morning Stretch 1:00 VC Book Club 2:00 CR Flower Arranging & 3:00 SP Singing to Our Favorite Hymns 4:00 CG Meditation Hour: Sounds of Nature & 6:00 SC Living Room Talk with Friends |
| Sunday Funday 19 | | | 22 | | | 25 |
| 10:30 SP Bible Study / Singing Hymns 11:00 PH Morning Stretch 1:00 CG Partner Up Puzzles 2:00 SC Afternoon Social 3:00 MV Sunday Matinee 4:00 SP Sing Along / Hymns 6:00 RM Meditation Hour: Ocean Sounds | 10:30 PH Chair Yoga 1:00 CR Arts and Crafts 2:00 VC Baking Club & 3:00 SC Afternoon Social 4:00 CG Meditation Hour: Ocean Sounds 6:00 MV Movie Time & | 10:30 PH Nature Stroll 12:00 Tasty Tuesday 1:00 RM Conversation with Friends 2:00 CR Afternoon Nature Stroll 3:00 SC Baking Club 4:00 CG Meditation Hour: Nature Sounds 6:00 MV Movie Time & | 10:30 PH Morning Stretch 1:00 CR Arts and Crafts 2:00 CG Poetry Hour 3:00 SC Afternoon Social 4:00 SP Meditation Hour: Nature Sounds 6:00 MV Movie Time 4 | 10:00 PH Morning Stretch 1:00 VC Bird Watching 2:00 CG Balloon Tennis 3:00 SC Afternoon Social 3:00 SC Afternoon Social 4:00 RM Meditation Hour: Soothing Piano 6:00 MV Evening Movie | 10:30 PH Morning Nature Stroll 11:00 CR Sort and Match 1:00 CG Sing Along 2:00 CR Arts and Crafts 3:00 SC Afternoon Social 4:00 SP Listening to Hymns 6:00 MV Evening Movie | 10:30 PH Morning Stretch 1:00 VC Book Club 2:00 CR Flower Arranging & 3:00 SP Singing to Our Favorite Hymns 4:00 CG Meditation Hour: Sounds of Nature & 6:00 SC Living Room Talk with Friends |
| | Memorial Day 27 | 28 | 29 | 30 | 31 | * * * |
| 10:30 SP Bible Study / Singing Hymns 11:00 PH Morning Stretch 1:00 CG Partner Up Puzzles 2:00 SC Afternoon Social 3:00 MV Sunday Matinee 4:00 SP Sing Along / Hymns 6:00 RM Meditation Hour: Ocean Sounds | 10:30 PH Chair Yoga 1:00 CR Arts and Crafts 2:00 VC Baking Club & 3:00 SC Afternoon Social 4:00 CG Meditation Hour: Ocean Sounds 6:00 MV Movie Time & | 10:30 PH Nature Stroll 12:00 Tasty Tuesday 1:00 RM Conversation with Friends 2:00 CR Afternoon Nature Stroll 3:00 SC Baking Club 4:00 CG Meditation Hour: Nature Sounds 6:00 MV Movie Time & | 10:30 PH Morning Stretch & 1:00 CR Arts and Crafts 2:00 CG Poetry Hour 3:00 SC Afternoon Social 4:00 SP Meditation Hour: Nature Sounds 6:00 MV Movie Time & | 10:00 PH Morning Stretch 1:00 VC Bird Watching 2:00 CG Balloon Tennis 3:00 SC Afternoon Social 4:00 RM Meditation Hour: Soothing Piano 6:00 MV Evening Movie | 10:30 PH Morning Nature Stroll 11:00 CR Sort and Match 1:00 CG Sing Along 2:00 CR Arts and Crafts 3:00 SC Afternoon Social 4:00 SP Listening to Hymns 6:00 MV Evening Movie | CINCO DE 45 MAYO |