LEGACY RIDGE AT ALPHARETTA

## November 2023

AR Activity Room CY Courtyard ML Main Lobby TH Theater

DR Dining Room

OC Out of Community WC Wellness Center MOD Assist

AT ALPHARETTA	AT ALPHARETTA					Diffing Floori
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
NOVEMBER	GATHER 8 GIVE THANKS	Wishing you a Wyou a Wonderful WANKSOUNG DAY	Wine Down Wednesday 1  10:45 Wc Wellness Checks: Wellness Office  11:30 OC Lunch Outing Frontera's  Mexican Grill  1:00 AR Fall Arts and Crafts  2:00 L Book Club  3:00 DR Wine Down Wednesday Social  Hour  4:00 CY Conversation on the Patio  6:00 L Card Games		10:00 AR Morning Stretch 11:00 AR Extreme Gaming With David 1:00 L Book Club / Journaling 2:00 ML Nature Stroll 3:00 DR Friday Afternoon Social/ Happy Hour 4:00 TH Arm Chair Travel Italy 6:00 CY Conversation on the Patio	10:30 AR Chair Yoga 11:00 ML Nature Stroll 1:30 L Rummikub   2:00 TH Saturday Afternoon Matines 3:00 ML Card Games 4:00 TH Arm Chair Travel California 6:00 L Evening Chat
5	Shopping at Dollar Tree 6	Spa Day 7	Wine Down Wednesday 8	9	Veterans Day (Observed) 10	Veterans Day 1
1:00 TH Bible Study / Singing Hymns	10:00 OC Shopping at Dollar Tree 10:30 AR Chair Yoga 11:00 TH Daily Chronicles 1:30 L Book Club 3:00 DR Al Urezzio Performing 3:30 TH Arm Chair Travel Italy 4:30 AR Card Games 6:00 DR Evening Chat	10:30 AR Morning Stretch 11:30 L Daily Chronicles 1:30 TH St. Benedicts Visits 2:30 AR Spa Day! Manicures and Hand Massages 3:30 DR Bingo With Bow! 4:30 CY Conversation on the Patio 6:00 TH Evening Movie	10:00 AR Morning Stretch 11:30 OC Lunch Outing Taco Mac 1:00 AR Fall Arts and Crafts 2:00 L Book Club 3:00 DR Wine Down Wednesday Social Hour 4:00 CY Conversation on the Patio 6:00 L Card Games	,	10:00 AR Morning Stretch 11:00 AR Daily Chronicles 1:00 L Book Club / Journaling 2:00 ML Nature Stroll 3:00 DR Veteran's Day Celebration! 4:00 TH Arm Chair Travel Italy 6:00 CY Conversation on the Patio	10:30 AR Chair Yoga 1:30 L Rummikub  2:00 TH Saturday Afternoon Matinee 3:00 ML Card Games 4:00 TH Arm Chair Travel California 6:00 L Evening Chat
0:30 AR St. Benedicts Visit 1:00 TH Bible Study / Singing Hymns	Shopping at Kroger  10:00 OC Shopping at Kroger  10:30 AR Chair Yoga  11:00 TH Daily Chronicles  1:30 L Book Club  2:30 DR Bingo With Bow!  3:30 TH Arm Chair Travel Italy  4:30 AR Card Games  6:00 DR Evening Chat	14 10:30 AR Morning Stretch 11:30 L Daily Chronicles 1:30 TH St. Benedicts Visits 2:00 AR Trivia 3:30 DR Bingo With Bow! 4:30 CY Conversation on the Patio 6:00 TH Evening Movie	Wine Down Wednesday  10:00 AR Morning Stretch  11:30 OC Lunch Outing Cracker Barrel  1:00 AR Fall Arts and Crafts  2:00 L Book Club  2:30 TH Monthly Food Committee  Meeting/ Demonstration  3:00 DR Wine Down Wednesday Social Hour  4:00 CY Conversation on the Patio  6:00 L Card Games		17 10:00 AR Morning Stretch 11:00 AR Extreme Gaming With David 1:00 Book Club / Journaling 2:00 ML Nature Stroll 3:00 DR Friday Afternoon Social/ Happy Hour 4:00 TH Arm Chair Travel Italy 6:00 CY Conversation on the Patio	18 10:30 AR Chair Yoga 11:00 ML Nature Stroll 1:30 L Rummikub   2:00 TH Saturday Afternoon Matinee 3:00 ML Card Games 4:00 TH Arm Chair Travel California 6:00 L Evening Chat
0:30 AR St. Benedicts Visit 1:00 TH Bible Study / Singing Hymns	Shopping at Target 20 10:00 OC Shopping at Target 10:30 AR Chair Yoga 11:00 TH Daily Chronicles 1:30 L Book Club 2:30 DR Bingo With Bow! 3:30 TH Arm Chair Travel Italy 4:30 AR Card Games 6:00 DR Evening Chat	10:30 AR Morning Stretch 11:30 L Daily Chronicles 1:30 TH St. Benedicts Visits 2:30 AR Spa Day! Manicures and Hand Massages 3:30 DR Bingo With Bow! 4:30 CY Conversation on the Patio 6:00 TH Evening Movie	Wine Down Wednesday 22  10:00 AR Morning Stretch  11:30 OC Lunch Outing Pastavino Italian Restaurant  1:00 AR Fall Arts and Crafts  2:00 L Book Club  3:00 DR Wine Down Wednesday Social Hour  4:00 CY Conversation on the Patio  6:00 L Card Games	Happy Thanksgiving 23 10:00 AR Chair Yoga 11:00 AR Daily Chronicles 1:00 L Book Club 2:00 DR Thankful and Blessed Notes of Thanksgiving 3:00 TH Bible Study / Singing Hymns 4:00 CY Conversation on the Patio 6:00 TH Evening Chat	10:00 AR Morning Stretch 11:00 AR Daily Chronicles 1:00 L Book Club / Journaling 2:00 ML Nature Stroll 3:00 DR Friday Afternoon Social 4:00 TH Arm Chair Travel Italy 6:00 CY Conversation on the Patio	10:30 AR Chair Yoga 1:30 L Rummikub  2:00 TH Saturday Afternoon Matinee 3:00 ML Card Games 4:00 TH Arm Chair Travel California 6:00 L Evening Chat
0:30 AR St. Benedicts Visit 1:00 TH Bible Study / Singing Hymns	Shopping at Dollar Tree  10:00 OC Shopping at Dollar Tree  10:30 AR Chair Yoga  11:00 TH Daily Chronicles  1:30 L Book Club  2:30 DR Bingo With Bow!  3:30 TH Arm Chair Travel Italy  4:30 AR Card Games  6:00 DR Evening Chat	10:30 AR Morning Stretch 11:30 L Daily Chronicles 1:30 TH St. Benedicts Visits 2:00 AR Trivia 3:30 DR Bingo With Bow! 4:30 CY Conversation on the Patio 6:00 TH Evening Movie	Wine Down Wednesday 29  10:00 AR Morning Stretch  11:00 OC Lunch Outing Taco Mac  1:00 AR Fall Arts and Crafts  2:00 L Book Club  3:00 DR Wine Down Wednesday  Social Hour  4:00 CY Conversation on the Patio  6:00 L Card Games	Big Monthly Birthday Bash! 30  10:00 AR Chair Yoga  11:00 AR Daily Chronicles  1:00 L Book Club  2:00 CY Conversation on the Patio  3:00 DR Big Monthly Birthday  Bash With Marty  4:00 CY Conversation on the Patio  6:00 TH Evening Chat	Thank You VETERANS	THANK YOU * FOR YOUR * SERVICE