



LEGACY RIDGE

AT ALPHARETTA

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Sporty September

September marks the beginning of the NFL season, and the MLB season is nearing an exciting end. Two of the most popular sports in America, football and baseball share just one person in their halls of fame: Cal Hubbard, who was a linebacker for three NFL teams and spent 16 seasons as an MLB umpire.

Humming on By

A favorite of backyard bird-watchers, hummingbirds begin migrating south as the sun sets on summer and crisp fall temperatures begin. Most of these itty-bitty beauties spend the winter in Mexico and Central America, with some flying thousands of miles to their vacation destination. That's a long trip for such little birds, which can flap their wings up to 80 times a second to complete the journey, but they fuel up at flowers and feeders along the way.



September 2023

Resident in the Spotlight



Our resident of the month for September is Mrs. Linda Sue Bell Gartin, AKA Suzy Bell. Linda was born in Corinth, Mississippi. She has three children, John, Jeff and Laura, five grandchildren and three great-grandchildren. Linda attended Transylvania University, where she studied Science and Biology. She also attended St. Joseph Hospital School of Medical Technology,

where she became a Registered Medical Technologist. Linda worked in various healthcare settings. Linda has an affectionate and witty personality that makes everyone happy. We all love Linda; she is our shining light.

Associate in the Spotlight!



Joe is our associate of the month for September. Joe is our amazing dietary server. With his kind heart and warming personality, he is always willing to go above and beyond for our residents. Joe enjoys listening to music and hopes to someday be an owner of his own clothing store. Congratulations, Joe! We're happy to have you a part of our team.



Head of the Class

Many of us have known teachers who inspired their students to live, laugh and learn. And some of those teachers were on screen or in the pages of a book! Study this list of fictional teachers to see who made the grade.

Year(s)	Teacher	Book, Movie or TV Series
1975–1979	Gabe Kotter	“Welcome Back, Kotter”
1980	Lydia Grant	“Fame”
1986–2021	Valerie Frizzle	“The Magic School Bus”
1988	Jennifer Honey	“Matilda”
1989	John Keating	“Dead Poets Society”
1993–2000	George Feeny	“Boy Meets World”
1995	Glenn Holland	“Mr. Holland’s Opus”
1997	Albus Dumbledore	“Harry Potter”
2003	Dewey Finn	“School of Rock”
2009–2015	Will Schuester	“Glee”
2020–2023	Manish Kulkarni	“Never Have I Ever”

“This Month In History”

SEPTEMBER

1916: The British Army uses the offensive tank in battle for the first time amidst World War I. Ushering in a new era of mechanical warfare, the tanks were unrefined and unreliable during their first battles.

1931: The weekly broadcast “15 Minutes With Bing Crosby” debuts, launching the iconic career of the multimedia superstar.

1947: The U.S. Air Force becomes an official branch of the Armed Forces. The Air Force is the second-youngest branch, just ahead of the Space Force, which was established in 2019.

1956: Play-Doh is marketed and sold as a child’s toy for the first time! Originally, it was used to remove soot marks from wallpaper.

1960: The first televised debate between two presidential candidates occurs, with John F. Kennedy and Richard Nixon discussing domestic concerns.

1979: ESPN airs their first broadcast, “SportsCenter.” The sports news show remains the network’s flagship program, with segments playing multiple times a day.

1986: The House of Representatives votes “aye” on the rose resolution. By the end of the year, President Ronald Reagan would declare the rose the national flower of America.

2020: Norman Lear is the oldest person to ever win an Emmy. First setting the record in 2019, the TV writer and producer surpassed himself the next year, when he won an Emmy for outstanding variety special at age 98.