

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
10:30 PH Morning Stretch 11:00 SP Listening to our favorite Hymns 1:30 VC Nature Stroll 2:30 CR Arts and Crafts 3:30 CG Partner Up Puzzles 4:00 RM Listening to Soothing Nature Sounds	Labor Day 10:00 PH Morning Nature Stroll 11:00 CR Arts and Crafts 1:00 RM Picking Flowers 2:30 CG Sort and Match & 3:00 SC Afternoon Social Hour 4:00 VC Meditation Hour Ocean Sounds 6:00 MV Movie Time &	10:00 PH Jazzercise 11:00 VC Nature Stroll 1:00 RM Sing Along 2:30 CG Puppy Love W/ Zoe 3:30 SC Social Hour 6:00 MV Movie Time &	10:30 PH Morning Stretch & 1:00 RM Manicures & Hand Massages 2:00 CR Arts and Craft 3:00 SC Social Hour 4:00 CG Meditation Hour: Nature Sounds 6:00 MV Movie Time &	10:30 PH Morning Nature Stroll 1:00 CR Water Painting 2:00 CG Poetry Hour 3:00 SC Afternoon Social Hour 4:00 VC Meditation Hour Beautiful Birds 6:00 MV Classic Movie	10:30 PH Morning Nature Stroll 1:00 CG Book Club 2:00 CR Arts and Crafts 3:00 SC Afternoon Social 4:00 VC Meditation Hour Island Scenes w/ Soothing Music 6:00 MV Evening Movie	10:30 PH Morning Stretch 1:00 RM Family Photos 2:00 CR Flower Arranging & 3:00 SP Listening to Hymns 4:00 CG Meditation Hour: Sounds of Nature & 6:00 SC Living Room Talk with Friends
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