LEGACY RIDGE AT ALPHARETTA

## September 202

B Bistro

AR Activity Room WC Wellness Center MOD Assist ✓ Resident Led

	Diotio	
122	TH Theater	
	DR Dining Room	
	CY Courtyard	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
NATIONAL ASSISTED LIVING WEEK	<i>Нарру</i> Grandparents Day!	HAPPY LABOR DAY!	happy fall!	9:00 DR Coffee and Chat 10:30 AR TheraBand Thursday 11:00 AR Journaling 2:00 AR Hangman 3:00 DR Beer and Bingo 4:00 TH Old TV Shows	9:00 DR Coffee and Chat 11:00 AR David with Extreme Gaming 2:00 DR BINGO 3:00 TH Movie Time and Refreshments	9:00 DR Coffee and Chat  10:30 DR Checkers and Friends  1:30 AR Wine & Word N Words  2:00 TH Old TV Shows & Popcorn  5:30 CY Sun Relaxation
9:00 DR Coffee and Chat 10:00 AR Online Church  2:00 DR Sunday Stretches  3:00 AR Social Hour	Labor Day 5 9:00 DR Coffee and Chat 1:00 CY Let Us Get Some Sun ✓ 2:00 DR Bingo for Bucks 3:00 CY Snow Cones	9:00 DR Coffee and Chat 10:30 AR Tone It Up Tuesday 11:00 AR Journaling 2:00 AR Women's Meet-Up 3:00 AR Men's Meet-Up 4:00 TH Old TV Shows	9:00 DR Coffee and Chat 10:00 AR Wednesday Workout 10:30 B Outing to Tj Maxx 10:45 WC Wellness Checks: Wellness Office 2:00 DR Monthly Activity Meeting 3:00 DR Beer and Bingo 4:00 TH Arm Chair Travels	9:00 DR Coffee and Chat 10:30 AR TheraBand Thursday 11:00 AR Journaling 2:00 AR Hangman 3:00 DR Beer and Bingo 4:00 TH Old TV Shows	9:00 DR Coffee and Chat 10:30 AR Yard Games 2:00 DR BINGO 3:00 TH Movie Time and Refreshments	9:00 DR Coffee and Chat 10:30 AR Saturday Stretches 1:30 AR Wine & Word N Words 2:00 TH Old TV Shows & Popcorn 5:30 CY Sun Relaxation
First Day of Assisted Living Week 11 9:00 DR Coffee and Chat 10:00 AR Online Church  2:00 DR Sunday Stretches  3:00 AR Social Hour	Assisted Living Week/ Crazy Sock 12  Day  9:00 DR Coffee and Chat  10:30 B Outing to Target  1:00 CY Let Us Get Some Sun ✓  2:00 DR Bingo for Bucks  3:00 CY Staff Appreciation Card  Making  4:00 TH Arm Chair Travels	Assisted Living Week/ Superhero Day  9:00 DR Coffee and Chat 10:30 AR Tone It Up Tuesday 11:00 AR Journaling 2:00 AR Create your own Superhero 2:30 AR Superhero Jeopardy 4:00 TH Old TV Shows	Assisted Living Week/ Safari Day 9:00 DR Coffee and Chat 10:00 AR Wednesday Workout 11:00 AR Word N Words 2:00 DR Beer and Bingo 3:00 CY Staff and Resident Ice Cream Social 4:00 TH Arm Chair Travels	Assisted Living Week/ Crazy Hair Day  9:00 DR Coffee and Chat  10:30 AR TheraBand Thursday  11:00 AR Journaling  2:00 AR Hangman  3:00 DR Beer and Bingo  4:00 TH Old TV Shows	Assisted Living Week/ Jersey Day 16 9:00 DR Coffee and Chat 10:30 AR David with Extreme Gaming 2:00 DR BINGO 3:00 TH Movie Time and Refreshments	Last Day of Assisted Living Week 17 9:00 DR Coffee and Chat 10:30 DR Checkers and Friends ✓ 1:30 AR Wine & Word N Words ₩ 2:00 TH Old TV Shows & Popcorn ₩ 5:30 CY Sun Relaxation ✓
9:00 DR Coffee and Chat 10:00 AR Online Church  2:00 DR Sunday Stretches  3:00 AR Social Hour	9:00 DR Coffee and Chat 10:30 B Outing to Dollar Tree 1:00 CY Let Us Get Some Sun ✓ 2:00 DR Bingo for Bucks 3:00 CY Snow Cones 4:00 TH Arm Chair Travels	National Queso Day  9:00 DR Coffee and Chat 10:30 AR Tone It Up Tuesday 11:00 AR Journaling 2:00 AR Women's Meet-Up 3:00 AR Men's Meet-Up 4:00 AR Chips and Queso	9:00 DR Coffee and Chat 10:00 AR Wednesday Workout 2:30 DR Monthly Food Committee Meeting/ Demonstration 3:00 DR Beer and Bingo 4:00 TH Arm Chair Travels	9:00 DR Coffee and Chat 10:30 AR TheraBand Thursday 11:00 AR Journaling 2:00 AR Hangman 3:00 DR Beer and Bingo 4:00 TH Old TV Shows	9:00 DR Coffee and Chat 10:30 AR Yard Games 2:00 DR BINGO 3:00 TH Movie Time and Refreshments	9:00 DR Coffee and Chat 10:30 AR Saturday Stretches  1:30 AR Wine & Word N Words  2:00 TH Old TV Shows & Popcorn  5:30 CY Sun Relaxation
9:00 DR Coffee and Chat 10:00 AR Online Church  2:00 DR Sunday Stretches  3:00 AR Social Hour	9:00 DR Coffee and Chat 10:30 B Outing to Publix 1:00 CY Let Us Get Some Sun ✓ 2:00 DR Bingo for Bucks 3:00 CY Snow Cones 4:00 TH Arm Chair Travels	9:00 DR Coffee and Chat 10:30 AR Tone It Up Tuesday 11:00 AR Journaling 2:00 AR Women's Meet-Up 3:00 AR Men's Meet-Up 4:00 TH Old TV Shows	9:00 DR Coffee and Chat 10:00 AR Wednesday Workout 11:00 AR Word N Words 2:30 DR Monthly Resident Council Meeting 3:00 DR Beer and Bingo 4:00 TH Arm Chair Travels	9:00 DR Coffee and Chat 10:30 AR TheraBand Thursday 11:00 AR Journaling 2:00 AR Hangman 3:00 DR Beer and Bingo 4:00 TH Old TV Shows	9:00 DR Coffee and Chat 10:30 AR Fitness 1:30 AR Altas Stop N' Shop (Bring Bingo Bucks) 2:00 DR BINGO 3:00 TH Movie Time and Refreshments	All Events Are Subject to Change