



# January 2022

- AR Activity Room
- B Bistro
- L Library
- TH Theater
- DR Dining Room
- CY Courtyard
- WC Wellness Center
- MOD Assist
- Receptionist
- ✓ Resident Led

Sunday                      Monday                      Tuesday                      Wednesday                      Thursday                      Friday                      Saturday

 <b>MAKE YOUR RESOLUTIONS!</b>			<b>All Events Are Subject to Change</b>			10:30 <span style="color: red;">■</span> AR Saturday Stretches' ✓ 1:30 <span style="color: red;">■</span> AR Wine & Word N Words <span style="color: black;">■</span> 2:00 <span style="color: blue;">■</span> TH Old TV Shows & Popcorn <span style="color: black;">■</span> 5:30 <span style="color: green;">■</span> CY Sun Relaxation ✓
2	3	4	5	6	7	8
10:00 <span style="color: red;">■</span> AR Sunday Stretches 11:00 <span style="color: red;">■</span> AR Word N Words 2:00 <span style="color: red;">■</span> DR Bingo! 3:00 <span style="color: red;">■</span> AR Jeopardy 4:00 <span style="color: blue;">■</span> TH Sunday Bible Study on Youtube	9:00 <span style="color: red;">■</span> DR Coffee and Chat ✓ 10:00 <span style="color: red;">■</span> AR Monday Movement 10:30 <span style="color: blue;">■</span> B Outing to store 1:00 <span style="color: green;">■</span> CY Let Us Get Some Sun ✓ 2:00 <span style="color: red;">■</span> AR Bingo for Bucks 3:00 <span style="color: blue;">■</span> TH Movie & Popcorn	9:00 <span style="color: red;">■</span> DR Coffee and Chat ✓ 10:00 <span style="color: red;">■</span> AR Tone It Up Tuesday 10:30 <span style="color: red;">■</span> AR Tuesday Trivia 1:30 <span style="color: red;">■</span> AR Chat and Color 2:30 <span style="color: red;">■</span> AR Jeopardy 3:30 <span style="color: red;">■</span> DR Butch Reeves performing	9:00 <span style="color: red;">■</span> DR Coffee and Chat ✓ 10:00 <span style="color: red;">■</span> AR Wednesday Workout 10:45 <span style="color: pink;">■</span> WC Wellness Checks: Wellness Office 11:00 <span style="color: blue;">■</span> B Outing to La Parrilla 3:30 <span style="color: red;">■</span> AR Beer and Bingo 6:00 <span style="color: green;">■</span> CY Sun Relaxation ✓	9:00 <span style="color: red;">■</span> DR Coffee and Chat ✓ 10:00 <span style="color: red;">■</span> AR TheraBand Thursday 11:00 <span style="color: green;">■</span> L Short Story Discussions 2:00 <span style="color: red;">■</span> DR Game Time! <span style="color: black;">■</span> 3:30 <span style="color: blue;">■</span> B Tea Party 6:00 <span style="color: green;">■</span> CY Social Distancing with Friends ✓	9:00 <span style="color: red;">■</span> DR Coffee and Chat ✓ 10:00 <span style="color: red;">■</span> AR FRI*YAY Fitness! 10:30 <span style="color: red;">■</span> AR Morning BINGO: Chocolate Bingo 2:00 <span style="color: red;">■</span> AR This or That 2:30 <span style="color: blue;">■</span> TH Funny Videos and Laughs 3:00 <span style="color: red;">■</span> AR FRI*YAY Happy Hour	10:30 <span style="color: red;">■</span> DR Checkers and Friends ✓ 1:30 <span style="color: red;">■</span> AR Wine & Word N Words <span style="color: black;">■</span> 2:00 <span style="color: blue;">■</span> TH Old TV Shows & Popcorn <span style="color: black;">■</span> 5:30 <span style="color: green;">■</span> CY Sun Relaxation ✓
9	10	11	12	13	14	15
10:00 <span style="color: red;">■</span> AR Sunday Stretches 11:00 <span style="color: red;">■</span> AR Word N Words 2:00 <span style="color: red;">■</span> DR Bingo! 3:00 <span style="color: red;">■</span> AR Jeopardy 4:00 <span style="color: blue;">■</span> TH Sunday Bible Study on Youtube	9:00 <span style="color: red;">■</span> DR Coffee and Chat ✓ 10:00 <span style="color: red;">■</span> AR Monday Movement 10:30 <span style="color: blue;">■</span> B Outing to store 1:00 <span style="color: green;">■</span> CY Let Us Get Some Sun ✓ 2:00 <span style="color: red;">■</span> AR Bingo for Bucks 3:00 <span style="color: blue;">■</span> TH Movie & Popcorn	9:00 <span style="color: red;">■</span> DR Coffee and Chat ✓ 10:00 <span style="color: red;">■</span> AR Tone It Up Tuesday 11:00 <span style="color: red;">■</span> AR David with Extreme Gaming 1:30 <span style="color: red;">■</span> AR Chat and Color 2:30 <span style="color: red;">■</span> AR Jeopardy 3:30 <span style="color: red;">■</span> AR Wined Down & Games	<b>National Glazed Doughnut Day</b> 9:00 <span style="color: red;">■</span> DR Coffee and Chat ✓ 10:00 <span style="color: red;">■</span> AR Wednesday Workout 10:30 <span style="color: red;">■</span> AR Doughnut Party! 2:30 <span style="color: red;">■</span> DR Monthly Activities Meeting 3:30 <span style="color: red;">■</span> AR Beer and Bingo 6:00 <span style="color: green;">■</span> CY Sun Relaxation ✓	9:00 <span style="color: red;">■</span> DR Coffee and Chat ✓ 10:00 <span style="color: red;">■</span> AR TheraBand Thursday 11:00 <span style="color: green;">■</span> L Short Story Discussions 2:00 <span style="color: red;">■</span> DR Game Time! <span style="color: black;">■</span> 3:30 <span style="color: red;">■</span> AR Sip N Paint 6:00 <span style="color: green;">■</span> CY Social Distancing with Friends ✓	9:00 <span style="color: red;">■</span> DR Coffee and Chat ✓ 10:00 <span style="color: red;">■</span> AR FRI*YAY Fitness! 10:30 <span style="color: red;">■</span> AR Morning BINGO: Chocolate Bingo 2:00 <span style="color: red;">■</span> AR This or That 2:30 <span style="color: blue;">■</span> TH Funny Videos and Laughs 3:00 <span style="color: red;">■</span> AR FRI*YAY Happy Hour	10:30 <span style="color: red;">■</span> AR Saturday Stretches' ✓ 1:30 <span style="color: red;">■</span> AR Wine & Word N Words <span style="color: black;">■</span> 2:00 <span style="color: blue;">■</span> TH Old TV Shows & Popcorn <span style="color: black;">■</span> 5:30 <span style="color: green;">■</span> CY Sun Relaxation ✓
16	17	18	19	20	21	22
10:00 <span style="color: red;">■</span> AR Sunday Stretches 11:00 <span style="color: red;">■</span> AR Word N Words 2:00 <span style="color: red;">■</span> DR Bingo! 3:00 <span style="color: red;">■</span> AR Jeopardy 4:00 <span style="color: blue;">■</span> TH Sunday Bible Study on Youtube	9:00 <span style="color: red;">■</span> DR Coffee and Chat ✓ 10:00 <span style="color: red;">■</span> AR Monday Movement 10:30 <span style="color: blue;">■</span> B Outing to store 1:00 <span style="color: green;">■</span> CY Let Us Get Some Sun ✓ 2:00 <span style="color: red;">■</span> AR Bingo for Bucks 3:00 <span style="color: red;">■</span> DR Soup off	9:00 <span style="color: red;">■</span> DR Coffee and Chat ✓ 10:00 <span style="color: red;">■</span> AR Tone It Up Tuesday 10:30 <span style="color: red;">■</span> AR Tuesday Trivia 1:30 <span style="color: red;">■</span> AR Chat and Color 2:30 <span style="color: red;">■</span> AR Jeopardy 3:30 <span style="color: red;">■</span> AR Wined Down & Games	9:00 <span style="color: red;">■</span> DR Coffee and Chat ✓ 10:00 <span style="color: red;">■</span> AR Wednesday Workout 10:30 <span style="color: blue;">■</span> B Vitos Italian 2:30 <span style="color: red;">■</span> DR Monthly Food Committee Meeting/ Demonstration 3:30 <span style="color: red;">■</span> AR Beer and Bingo 6:00 <span style="color: green;">■</span> CY Sun Relaxation ✓	9:00 <span style="color: red;">■</span> DR Coffee and Chat ✓ 10:00 <span style="color: red;">■</span> AR TheraBand Thursday 11:00 <span style="color: green;">■</span> L Short Story Discussions 2:00 <span style="color: red;">■</span> DR Game Time! <span style="color: black;">■</span> 3:30 <span style="color: red;">■</span> AR Sip N Paint 6:00 <span style="color: green;">■</span> CY Social Distancing with Friends ✓	9:00 <span style="color: red;">■</span> DR Coffee and Chat ✓ 10:00 <span style="color: red;">■</span> AR FRI*YAY Fitness! 10:30 <span style="color: red;">■</span> AR Morning BINGO: Chocolate Bingo 2:00 <span style="color: red;">■</span> AR This or That 2:30 <span style="color: blue;">■</span> TH Funny Videos and Laughs 3:00 <span style="color: red;">■</span> AR FRI*YAY Happy Hour	10:30 <span style="color: red;">■</span> DR Checkers and Friends ✓ 1:30 <span style="color: red;">■</span> AR Wine & Word N Words <span style="color: black;">■</span> 2:00 <span style="color: blue;">■</span> TH Old TV Shows & Popcorn <span style="color: black;">■</span> 5:30 <span style="color: green;">■</span> CY Sun Relaxation ✓
23	24	25	26	27	28	29
10:00 <span style="color: red;">■</span> AR Sunday Stretches 11:00 <span style="color: red;">■</span> AR Word N Words 2:00 <span style="color: red;">■</span> DR Bingo! 3:00 <span style="color: red;">■</span> DR Mt. Pisgah Church <span style="color: black;">■</span> 4:00 <span style="color: blue;">■</span> TH Sunday Bible Study on Youtube	9:00 <span style="color: red;">■</span> DR Coffee and Chat ✓ 10:00 <span style="color: red;">■</span> AR Monday Movement 10:30 <span style="color: blue;">■</span> B Outing to store 1:00 <span style="color: green;">■</span> CY Let Us Get Some Sun ✓ 2:00 <span style="color: red;">■</span> AR Bingo for Bucks 3:00 <span style="color: blue;">■</span> TH Movie & Popcorn	9:00 <span style="color: red;">■</span> DR Coffee and Chat ✓ 10:00 <span style="color: red;">■</span> AR Tone It Up Tuesday 10:30 <span style="color: red;">■</span> AR Tuesday Trivia 1:30 <span style="color: red;">■</span> AR Chat and Color 1:30 <span style="color: red;">■</span> AR Chat and Color ✓ 2:30 <span style="color: red;">■</span> AR Jeopardy 3:30 <span style="color: red;">■</span> AR Wined Down & Games	9:00 <span style="color: red;">■</span> DR Coffee and Chat ✓ 10:00 <span style="color: red;">■</span> AR Wednesday Workout 2:30 <span style="color: red;">■</span> DR Monthly Resident Council Meeting 3:30 <span style="color: red;">■</span> AR Beer and Bingo 6:00 <span style="color: green;">■</span> CY Sun Relaxation ✓	9:00 <span style="color: red;">■</span> DR Coffee and Chat ✓ 10:00 <span style="color: red;">■</span> AR TheraBand Thursday 11:00 <span style="color: green;">■</span> L Short Story Discussions 2:00 <span style="color: red;">■</span> DR Game Time! <span style="color: black;">■</span> 3:30 <span style="color: red;">■</span> AR Sip N Paint 6:00 <span style="color: green;">■</span> CY Social Distancing with Friends ✓	9:00 <span style="color: red;">■</span> DR Coffee and Chat ✓ 10:00 <span style="color: red;">■</span> AR FRI*YAY Fitness! 10:30 <span style="color: red;">■</span> AR Morning BINGO: Chocolate Bingo 12:30 <span style="color: red;">■</span> AR Altas Stop N' Shop (Bring Bingo Bucks) 2:00 <span style="color: red;">■</span> AR This or That 2:30 <span style="color: blue;">■</span> TH Funny Videos and Laughs 3:00 <span style="color: red;">■</span> AR FRI*YAY Happy Hour	10:30 <span style="color: red;">■</span> AR Saturday Stretches' ✓ 1:30 <span style="color: red;">■</span> AR Wine & Word N Words <span style="color: black;">■</span> 2:00 <span style="color: blue;">■</span> TH Old TV Shows & Popcorn <span style="color: black;">■</span> 5:30 <span style="color: green;">■</span> CY Sun Relaxation ✓
30	31					
10:00 <span style="color: red;">■</span> AR Sunday Stretches 11:00 <span style="color: red;">■</span> AR Word N Words 2:00 <span style="color: red;">■</span> DR Bingo! 3:00 <span style="color: red;">■</span> AR Jeopardy 4:00 <span style="color: blue;">■</span> TH Sunday Bible Study on Youtube	<b>National Hot Chocolate Day!</b> 9:00 <span style="color: red;">■</span> DR Coffee and Chat ✓ 10:00 <span style="color: red;">■</span> AR Monday Movement 11:00 <span style="color: red;">■</span> AR David with Extreme Gaming 1:00 <span style="color: green;">■</span> CY Let Us Get Some Sun ✓ 2:00 <span style="color: red;">■</span> AR Bingo for Bucks 3:00 <span style="color: red;">■</span> AR Hot Chocolate Bar					