

January 2021

- AR Activity Room
- CY Courtyard
- B Bistro
- TBD Location TBD
- L Library
- WC Wellness Center
- TH Theater
- S Salon
- DR Dining Room
- ✓ Resident Led

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

<p>All Events Are Subject to Change</p>					<p>New Year's Day 1</p> <p>10:00 AR T.G.I.F. Full Body Workout</p> <p>10:30 AR Morning BINGO</p> <p>1:30 AR 5 Card Poker</p> <p>3:30 AR FRI-YAY Happy Hour & Jeopardy</p>	<p>2</p> <p>10:00 AR Sit and Be Fit</p> <p>10:30 S Pamper & Polish</p> <p>1:30 B Walking Club ✓</p> <p>2:00 AR BINGO</p> <p>3:30 AR Wine, Cheese & Crossword Social</p>
<p>3</p> <p>10:00 AR Weekend Workout</p> <p>11:00 AR Words N Words</p> <p>1:30 B Walking Club</p> <p>2:00 TH Sunday Movie Matinee</p> <p>3:30 B Sunday Smoothies</p>	<p>4</p> <p>10:00 AR Move It or Lose It Workout</p> <p>11:00 AR Online Shopping</p> <p>2:00 AR Bingo for Bingo Bucks</p> <p>3:30 AR Knock 'em Down Bowling Match</p> <p>6:00 TH Documentary Series ✓</p>	<p>5</p> <p>10:00 AR Tone It Up Workout</p> <p>11:00 B Coffee & Current Events</p> <p>1:30 B Walking Club ✓</p> <p>2:30 AR Top Thinkers Brain Teasers</p> <p>3:30 AR Men's Club: Beer Buddies ✓</p> <p>6:00 AR After Dinner Board Games ✓</p>	<p>6</p> <p>10:00 AR Hump Day Workout</p> <p>10:45 WC Wellness Checks: Wellness Office</p> <p>3:30 AR Wine Down Wednesday with Javohn...</p> <p>5:30 TH After Dinner "I AM" Affirmations ✓</p>	<p>7</p> <p>10:00 AR Theraband Exercise</p> <p>11:00 L Book Club: Chapter Discussions</p> <p>2:30 CY Golden Gals Club</p> <p>3:30 AR Vegas Classics Cards</p> <p>5:30 DR Before Bed Checkers Battle ✓</p>	<p>8</p> <p>10:00 AR T.G.I.F. Full Body Workout</p> <p>10:30 AR Morning BINGO</p> <p>1:30 AR 5 Card Poker</p> <p>3:30 AR FRI-YAY Happy Hour & Jeopardy</p>	<p>9</p> <p>10:00 AR Sit and Be Fit</p> <p>10:30 S Pamper & Polish</p> <p>1:30 B Walking Club ✓</p> <p>2:30 AR Crossword Crunchers & Milkshakes Treat</p> <p>3:30 AR Family Feud</p>
<p>10</p> <p>10:00 AR Weekend Workout</p> <p>11:00 AR Words N Words</p> <p>1:30 B Walking Club</p> <p>2:00 AR Soft Melodies w/ Heawoon</p> <p>3:00 B Sunday Sundaes</p>	<p>11</p> <p>10:00 AR Move It or Lose It Workout</p> <p>11:00 AR Online Shopping</p> <p>2:00 AR Bingo for Bingo Bucks</p> <p>3:30 TH YouTube Concert Series and Popcorn</p> <p>6:00 TH Documentary Series ✓</p>	<p>12</p> <p>National Hot Tea Day</p> <p>10:00 AR Tone It Up Workout</p> <p>11:00 B Coffee & Current Events</p> <p>1:30 B Walking Club ✓</p> <p>2:00 AR Tea Party</p> <p>3:30 AR Men's Club: Beer Buddies ✓</p> <p>6:00 AR After Dinner Board Games ✓</p>	<p>13</p> <p>10:00 AR Hump Day Workout</p> <p>2:30 DR Monthly Activities Meeting</p> <p>3:30 DR Wine Down w/ The King of Rock N Roll</p> <p>5:30 TH After Dinner "I AM" Affirmations ✓</p>	<p>14</p> <p>10:00 AR Theraband Exercise</p> <p>11:00 L Book Club: Chapter Discussions</p> <p>2:30 AR Golden Gals Club</p> <p>3:30 AR Vegas Classics Cards</p>	<p>15</p> <p>10:00 AR T.G.I.F. Full Body Workout</p> <p>10:30 AR Morning BINGO</p> <p>1:30 AR 5 Card Poker</p> <p>3:30 AR FRI-YAY Happy Hour & Jeopardy</p>	<p>16</p> <p>10:00 AR Sit and Be Fit</p> <p>10:30 S Pamper & Polish</p> <p>1:30 B Walking Club ✓</p> <p>2:30 AR Crossword Crunchers & Milkshakes Treat</p> <p>3:30 AR Knock 'em Down Bowling Match</p>
<p>17</p> <p>10:00 AR Weekend Workout</p> <p>11:00 AR Words N Words</p> <p>1:30 B Walking Club</p> <p>3:00 B Sunday Smoothies</p>	<p>18</p> <p>Martin Luther King Jr. Day</p> <p>10:00 AR Move It or Lose It Workout</p> <p>11:00 AR Online Shopping</p> <p>2:00 AR Bingo for Bingo Bucks</p> <p>3:30 AR Chair Volleyball Game</p> <p>6:00 TH Documentary Series ✓</p>	<p>19</p> <p>National Popcorn Day</p> <p>10:00 AR Tone It Up Workout</p> <p>11:00 B Coffee & Current Events</p> <p>1:30 B Walking Club ✓</p> <p>2:00 AR Popcorn and A Movie</p> <p>3:30 AR Men's Club: Beer Buddies ✓</p> <p>6:00 AR After Dinner Board Games ✓</p>	<p>20</p> <p>National Cheese Lover's Day</p> <p>10:00 AR Hump Day Workout</p> <p>2:30 DR Monthly Food Committee Meeting/ Demonstration</p> <p>3:30 AR Wine Down With Words...</p> <p>5:30 TH After Dinner "I AM" Affirmations ✓</p>	<p>21</p> <p>10:00 AR Theraband Exercise</p> <p>11:00 L Book Club: Chapter Discussions</p> <p>2:30 CY Golden Gals Club</p> <p>3:30 AR Vegas Classics Cards</p> <p>5:30 DR Before Bed Checkers Battle ✓</p>	<p>22</p> <p>10:00 AR T.G.I.F. Full Body Workout</p> <p>10:30 AR Morning BINGO</p> <p>1:30 AR 5 Card Poker</p> <p>3:30 AR FRI-YAY Happy Hour & Jeopardy</p>	<p>23</p> <p>10:00 AR Sit and Be Fit</p> <p>10:30 S Pamper & Polish</p> <p>1:30 B Walking Club ✓</p> <p>2:30 AR Crossword Crunchers & Milkshakes Treat</p> <p>3:30 TH Movie Matinee</p>
<p>24</p> <p>Beer Can Appreciation Day</p> <p>10:00 AR Weekend Workout</p> <p>11:00 AR Words N Words</p> <p>1:30 B Walking Club</p> <p>3:00 AR Beer Can Social</p>	<p>25</p> <p>10:00 AR Move It or Lose It Workout</p> <p>11:00 AR Online Shopping</p> <p>1:30 AR SpeakEasy Party with Reminiscent</p> <p>3:00 AR Bingo for Bingo Bucks</p> <p>6:00 TH Documentary Series ✓</p>	<p>26</p> <p>10:00 AR Tone It Up Workout</p> <p>11:00 B Coffee & Current Events</p> <p>1:30 B Walking Club ✓</p> <p>2:30 AR Top Thinkers Brain Teasers</p> <p>3:30 AR Men's Club: Beer Buddies ✓</p> <p>6:00 AR After Dinner Board Games ✓</p>	<p>27</p> <p>10:00 AR Hump Day Workout</p> <p>2:30 AR Monthly Resident Council Meeting</p> <p>3:30 AR Wine Down Brain Games w/ David from Xtreme Gaming</p> <p>5:30 TH After Dinner "I AM" Affirmations ✓</p>	<p>28</p> <p>10:00 AR Theraband Exercise</p> <p>11:00 L Book Club: Chapter Discussions</p> <p>2:30 AR Golden Gals Club</p> <p>3:30 AR Vegas Classics Cards</p>	<p>29</p> <p>10:00 AR T.G.I.F. Full Body Workout</p> <p>10:30 AR Morning BINGO</p> <p>1:00 AR Altas Stop N' Shop (Bring Bingo Bucks)</p> <p>1:30 AR 5 Card Poker</p> <p>3:30 AR FRI-YAY Happy Hour & Jeopardy</p>	<p>30</p> <p>10:00 AR Sit and Be Fit</p> <p>10:30 S Pamper & Polish</p> <p>1:30 B Walking Club ✓</p> <p>2:00 AR BINGO</p> <p>3:30 AR Wine, Cheese & Crossword Social</p>
<p>31</p> <p>10:00 AR Weekend Workout</p> <p>11:00 AR Words N Words</p> <p>1:30 B Walking Club</p> <p>3:00 B Sunday Sundaes</p>	<p>31</p> <p>10:00 AR Move It or Lose It Workout</p> <p>11:00 AR Online Shopping</p> <p>1:30 AR SpeakEasy Party with Reminiscent</p> <p>3:00 AR Bingo for Bingo Bucks</p> <p>6:00 TH Documentary Series ✓</p>	<p>31</p> <p>10:00 AR Tone It Up Workout</p> <p>11:00 B Coffee & Current Events</p> <p>1:30 B Walking Club ✓</p> <p>2:30 AR Top Thinkers Brain Teasers</p> <p>3:30 AR Men's Club: Beer Buddies ✓</p> <p>6:00 AR After Dinner Board Games ✓</p>	<p>31</p> <p>10:00 AR Hump Day Workout</p> <p>2:30 AR Monthly Resident Council Meeting</p> <p>3:30 AR Wine Down Brain Games w/ David from Xtreme Gaming</p> <p>5:30 TH After Dinner "I AM" Affirmations ✓</p>	<p>31</p> <p>10:00 AR Theraband Exercise</p> <p>11:00 L Book Club: Chapter Discussions</p> <p>2:30 AR Golden Gals Club</p> <p>3:30 AR Vegas Classics Cards</p>	<p>31</p> <p>10:00 AR T.G.I.F. Full Body Workout</p> <p>10:30 AR Morning BINGO</p> <p>1:00 AR Altas Stop N' Shop (Bring Bingo Bucks)</p> <p>1:30 AR 5 Card Poker</p> <p>3:30 AR FRI-YAY Happy Hour & Jeopardy</p>	<p>31</p> <p>10:00 AR Sit and Be Fit</p> <p>10:30 S Pamper & Polish</p> <p>1:30 B Walking Club ✓</p> <p>2:00 AR BINGO</p> <p>3:30 AR Wine, Cheese & Crossword Social</p>