

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ET - Emory Theatre M - McCullers HL - Hamilton Library BB - Bernard's Bar 2R - 2nd Floor Assisted Living 3R - 3rd Floor Assisted Living CA - Cultural Arts P - Pool (Aquatics Center) TD - Through The Decades Activity (September's theme is The 1980's)		8:30 Breakfast 9:30 Morning Music Circle 10:30 Let's Make Jello! 11:00 Quiet Time & Wind Down Time 12:00 Lunch 1:00 Balloon Badminton 2:30 1980s MTV Music Video Awards TD 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	8:30 Breakfast 9:30 Morning Music Circle 10:30 Balloon Badminton 11:00 Quiet Time & Wind Down Time 12:00 Lunch 1:00 Beach Ball Golf 2:00 Snack & Chat 2:30 Movie Matinee 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	8:30 Breakfast 9:30 Morning Music Circle 10:30 Balloon Badminton 11:00 Quiet Time & Wind Down Time 12:00 Lunch 1:00 Circle Soccer 2:00 Snack & Chat 2:30 Movie Matinee 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	8:30 Breakfast 9:30 Morning Music Circle 10:30 Pass The Memory Ball 11:00 Nail Painting 12:00 Lunch 1:00 Balloon Badminton 2:00 Snack & Chat 2:30 Totally 80's Blockbuster Movie Matinee TD 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	8:30 Breakfast 9:30 Morning Music Circle 10:30 Balloon Badminton 11:00 Quiet Time & Wind Down Time 12:00 Lunch 1:00 Painting 2:00 Snack & Chat 2:30 Movie Matinee 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour
8:30 Breakfast 9:30 Morning Music Circle 10:30 St. Anne Live Stream/ Communion (Hamilton Library) 11:00 Quiet Time & Wind Down Time 12:00 Lunch 1:00 Painting 2:00 Snack & Chat 2:30 Movie Matinee 5:00 Dinner 6:00 Evening Stroll or Chair Stretch	8:30 Breakfast 9:30 Morning Music Circle 10:30 Balloon Badminton 11:00 Sensory Laundry Folding 12:00 Lunch 1:00 1980's Fashion Show/ Dance Party TD 2:00 Snack & Chat 2:30 Movie Matinee 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour Labor Day	8:30 Breakfast 9:30 Morning Music Circle 10:30 Candied Grapes! TD 11:00 Quiet Time & Wind Down Time 12:00 Lunch 1:00 1980's Dance Party TD 2:00 New Resident Event: We Got The Beat! TD 2:30 Movie Matinee 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	8:30 Breakfast 9:30 Morning Music Circle 10:30 Seated Cardio 11:00 Quiet Time & Wind Down Time 12:00 Lunch 1:00 Circle Soccer 2:00 Snack & Chat 2:30 Movie Matinee5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	8:30 Breakfast 9:30 Morning Music Circle 10:30 Balloon Badminton 11:00 Quiet Time & Wind Down Time 12:00 Lunch 1:00 Parachute Ball 2:00 Snack & Chat 2:30 Movie Matinee 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	8:30 Breakfast 9:30 Morning Music Circle 10:30 Pass The Memory Ball 11:00 Nail Painting 12:00 Lunch 1:00 Parachute Ball 2:00 Snack & Chat 2:30 Totally 80's Blockbuster Movie Matinee TD 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour Rosh Hashanah Begins	8:30 Breakfast 9:30 Morning Music Circle 10:30 Beach Ball Golf 11:00 Quiet Time & Wind Down Time 12:00 Lunch 1:00 Courtyard Social with Bubbles 2:00 Snack & Chat 2:30 Movie Matinee 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour
8:30 Breakfast 9:30 Morning Music Circle 10:30 St. Anne Live Stream/ Communion (Hamilton Library) 11:00 Quiet Time & Wind Down Time 12:00 Lunch 1:00 Card Sorting 2:00 Snack & Chat 2:30 Church at the Hive w/ Mark Blaxton (Emory Theater) 5:00 Dinner 6:00 Evening Stroll or Chair Stretch Grandparents Day	8:30 Breakfast 9:30 Morning Music Circle 10:30 Chair Yoga 11:00 Sensory Laundry Folding 12:00 Lunch 1:00 Totally Awesome Awards TD 2:00 Golf Cart or Bus Ride 2:30 Movie Matinee 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	8:30 Breakfast 9:30 Morning Music Circle 10:30 Finish The Phrase 11:00 Quiet Time & Wind Down Time 12:00 Lunch 1:00 Afternoon Walk 2:00 Snack & Chat 2:30 Movie Matinee 5:00 Dinner 6:00 Chair Stretch 7:00 Relaxation Hour	8:30 Breakfast 9:30 Morning Music Circle 10:30 Balloon Badminton 11:00 Quiet Time & Wind Down Time 12:00 Lunch 1:00 Beach Ball Golf 2:00 Snack & Chat 2:30 Movie Matinee5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	8:30 Breakfast 9:30 Morning Music Circle 10:30 Seated Cardio 11:00 Quiet Time & Wind Down Time 12:00 Lunch 1:00 Balloon Badminton 2:00 Snack & Chat 2:30 Movie Matinee 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	8:30 Breakfast 9:30 Morning Music Circle 10:30 Pass The Memory Ball 11:00 Nail Painting 12:00 Lunch 1:00 Table Top Drum Circle TD 2:00 Snack & Chat 2:30 Totally 80's Blockbuster Movie Matinee TD 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	8:30 Breakfast 9:30 Morning Music Circle 10:30 Circle Soccer 11:00 Quiet Time & Wind Down Time 12:00 Lunch 1:00 Courtyard Social 2:00 Snack & Chat 2:30 Movie Matinee 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour Oktoberfest Begins
8:30 Breakfast 9:30 Morning Music Circle 10:30 St. Anne Live Stream/ Communion (Hamilton Library) 11:00 Quiet Time & Wind Down Time 12:00 Lunch 1:00 Circle Soccer 2:30 Movie Matinee 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour Yom Kippur Begins	8:30 Breakfast 9:30 Morning Music Circle 10:30 Balloon Badminton 11:00 Sensory Laundry Folding 12:00 Lunch 1:00 1980's Snack & Chat TD 2:30 Movie Matinee 3:00 Musical Performance by Mark Blaxton (ET) 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	8:30 Breakfast 9:30 Morning Music Circle 10:30 No Bake Cookies! 11:00 Busy Bingo 12:00 Lunch 1:00 Beach Ball Golf 2:00 Snack & Chat 3:00 Movie Matinee 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour Autumn Begins	8:30 Breakfast 9:30 Morning Music Circle 10:30 Balloon Badminton 11:00 Quiet Time & Wind Down Time 12:00 Lunch 1:00 Beach Ball Golf 2:00 Snack & Chat 2:30 Movie Matinee 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	8:30 Breakfast 9:30 Morning Music Circle 10:30 Balloon Badminton 11:00 Quiet Time & Wind Down Time 12:00 Lunch 1:00 Balloon Volleyball 2:00 Snack & Chat 2:30 Movie Matinee 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	8:30 Breakfast 9:30 Morning Music Circle 10:30 Pass The Memory Ball 11:00 Nail Painting 12:00 Lunch 1:00 Shuffle Board 2:00 Snack & Chat 2:30 Totally 80's Blockbuster Movie Matinee TD 5:00 - 6:30 FAMILY NIGHT: Golden Girls Tea Party!! TD 7:00 Relaxation Hour	8:30 Breakfast 9:30 Morning Music Circle 10:30 Parachute Ball 11:00 Quiet Time & Wind Down Time 12:00 Lunch 1:00 Parachute Ball 2:00 Snack & Chat 2:30 Movie Matinee 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour
8:30 Breakfast 9:30 Morning Music Circle 10:30 St. Anne Live Stream/ Communion (Hamilton Library) 11:00 Quiet Time & Wind Down Time 12:00 Lunch 1:00 Beach Ball Golf 2:00 Snack & Chat 2:30 Church at the Hive w/ Mark Blaxton (Emory Theater) 5:00 Dinner 6:00 Evening Stroll or Chair Stretch	8:30 Breakfast 9:30 Morning Music Circle 10:30 Chair Yoga 11:00 Sensory Laundry Folding 12:00 Lunch 1:00 The Ultimate 80s Mall Experience TD 2:00 Golf Cart or Bus Trip 2:30 Movie Matinee 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	8:30 Breakfast 9:30 Morning Music Circle 10:30 Let's Make Jello! 11:00 Quiet Time & Wind Down Time 12:00 Lunch 1:00 Connect The Dots 2:00 Snack & Chat 3:00 Movie Matinee 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	8:30 Breakfast 9:30 Morning Music Circle 10:30 Balloon Badminton 11:00 Quiet Time & Wind Down Time 12:00 Lunch 1:00 Beach Ball Golf 2:00 Snack & Chat 2:30 Movie Matinee 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	September 2026		

Legacy Reserve at Old Town Memory Care Spirit Calendar