Legacy Reserve at Old Town Memory Care Spirit Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy July Birthday			1 8:30 Breakfast 9:30 60's Morning Music Circle 10:30 Balloon Badminton 11:00 Quiet Time & Wind Down Time 12:00 Lunch 1:00 Beach Ball Golf 2:00 Patriotic Sing-along 3:00 Movie Matinee 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	2 8:30 Breakfast 9:30 80's Morning Music Circle 10:30 Devotional 11:00 Simons Says 12:00 Lunch 1:00 Circle Soccer 2:00 Red, White & Blue Social 3:00 Movie Matinee 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	3 8:30 Breakfast 9:30 Country Morning Music Circle 10:30 Sensory Laundry Folding 11:00 Pass The Memory Ball 12:00 Lunch 1:00 Nail Painting 2:00 Movie Matinee TD 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	4 8:30 Breakfast 9:30 Country Morning Music Circle 10:30 Balloon Badminton 11:00 Quiet Time & Wind Down Time 12:00 Lunch 1:00 Painting 2:00 Balloon Badminton 3:00 Movie Matinee 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour Independence Day (U.S.)
5 8:30 Breakfast 9:30 50's Morning Music Circle 10:30 St. Anne Live Stream/ Communion (Hamilton Library) 11:00 Quiet Time & Wind Down Time 12:00 Lunch 1:00 Painting 2:00 Hot Potato 2:30 Church at the Hive w/ Mark Blaxton (Emory Theater) 3:00 Movie Matinee 5:00 Dinner 6:00 Evening Stroll or Chair Stretch	6 8:30 Breakfast 9:30 Twist-apalooza Morning Music Circle 11:00 Sensory Laundry Folding 12:00 Lunch 1:00 Gardening TD 2:00 Golf Cart or Bus Trip 3:00 Movie Matinee 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	7 8:30 Breakfast 9:30 Velcrow Baseball 10:30 - 11:30 Peace and Love Hand Painted Tshirts TD 12:00 Lunch 1:00 Courtyard Social with Bubbles 3:00 Movie Matinee 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	8 8:30 Breakfast 9:30 60's Morning Music Circle 10:30 Balloon Badminton 11:00 Quiet Time & Wind Down Time 12:00 Lunch 1:00 Circle Soccer 2:00 Snack & Chat 3:00 Movie Matinee 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	9 8:30 Breakfast 9:30 80's Morning Music Circle 10:30 Devotional 11:00 Balloon Badminton 12:00 Lunch 1:00 Parachute Ball 2:00 Snack & Chat 3:00 Movie Matinee 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	10 8:30 Breakfast 9:30 MoTown Morning Music Circle 10:30 Sensory Laundry Folding 11:00 Pass The Memory Ball 12:00 Lunch 1:00 Nail Painting 2:00 Movie Matinee TD 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	11 8:30 Breakfast 9:30 Country Morning Music Circle 10:30 Beach Ball Golf 11:00 Quiet Time & Wind Down Time 12:00 Lunch 1:00 Courtyard Social with Bubbles 2:00 Dance Party 3:00 Movie Matinee 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour
12 8:30 Breakfast 9:30 50's Morning Music Circle 10:30 St. Anne Live Stream/ Communion (Hamilton Library) 11:00 Quiet Time & Wind Down Time 12:00 Lunch 1:00 Card Sorting 2:00 Balloon Badminton 3:00 Movie Matinee 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	13 8:30 Breakfast 9:30 Balloon Badminton 10:30 Story Time 11:00 Sensory Laundry Folding 12:00 Lunch 1:00 Coney Island Toss 2:00-3:00 Golf Cart or Bus Ride TD 2:00 Musical Performance by Mark Blaxton (ET) 3:00 Movie Matinee 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	14 8:30 Breakfast 9:30 Circle Soccer 10:30 Chocolate Covered Bananas! 11:00 Celebrity Card Matching 12:00 Lunch 1:00 Courtyard Social with Bubbles 2:00 New Resident Event: Legacy Takes Woodstock' 26 TD 3:00 Movie Matinee 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	15 8:30 Breakfast 9:30 80's Morning Music Circle 10:30 Balloon Badminton 11:00 Quiet Time & Wind Down Time 12:00 Lunch 1:00 Beach Ball Golf 2:00 Snack & Chat 3:00 Movie Matinee 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	16 8:30 Breakfast 9:30 Country Morning Music Circle 10:30 Devotional 11:00 Quiet Time & Wind Down Time 12:00 Lunch 1:00 Balloon Badminton 2:00 Snack & Chat 3:00 Movie Matinee 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	17 8:30 Breakfast 9:30 Swing Morning Music Circle 10:30 Sensory Laundry Folding 11:00 Pass The Memory Ball 12:00 Lunch 1:00 Nail Painting 2:00 Movie Matinee TD 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	18 8:30 Breakfast 9:30 Motown Morning Music Circle 10:30 Circle Soccer 11:00 Quiet Time & Wind Down Time 12:00 Lunch 1:00 Courtyard Social 2:00 Balloon Badminton 3:00 Movie Matinee 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour
19 8:30 Breakfast 9:30 50's Morning Music Circle 10:30 St. Anne Live Stream/ Communion (Hamilton Library) 11:00 Quiet Time & Wind Down Time 12:00 Lunch 1:00 Circle Soccer 2:30 Church at the Hive w/ Mark Blaxton (Emory Theater) 3:00 Movie Matinee 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	20 8:30 Breakfast 9:30 Parachute Ball 10:30 Story Time 11:00 Sensory Laundry Folding 12:00 Lunch 1:00 1960's Dance Party & Lemonade Social 2:00 Golf Cart or Bus Trip 3:00 Movie Matinee 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	21 8:30 Breakfast 9:30 Balloon Badminton 10:30 Flower Power Social TD! 11:15 Garden and Nature Sensory Boxes 12:00 Lunch 1:00 Afternoon Walk 2:00 Popsicle Social TD! 3:00 Movie Matinee 5:00 Dinner 6:00 Chair Stretch 7:00 Relaxation Hour	22 8:30 Breakfast 9:30 80's Morning Music Circle 10:30 Beach Ball Golf 11:00 Quiet Time & Wind Down Time 12:00 Lunch 1:00 Circle Soccer 2:00 Snack & Chat 3:00 Movie Matinee 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	23 8:30 Breakfast 9:30 Country Morning Music Circle 10:30 Devotional 11:00 Quiet Time & Wind Down Time 12:00 Lunch 1:00 Balloon Badminton 2:00 Snack & Chat 3:00 Movie Matinee 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	24 8:30 Breakfast 9:30 MoTown Morning Music Circle 10:30 Sensory Laundry Folding 11:00 Pass The Memory Ball 12:00 Lunch 1:00 Nail Painting 2:00 Movie Matinee TD 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	25 8:30 Breakfast 9:30 Motown Morning Music Circle 10:30 Fidget Boxes 11:00 Quiet Time & Wind Down Time 12:00 Lunch 1:00 Parachute Ball 2:00 Dance Party 3:00 Movie Matinee 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour
26 8:30 Breakfast 9:30 50's Morning Music Circle 10:30 St. Anne Live Stream/ Communion (Hamilton Library) 11:00 Quiet Time & Wind Down Time 12:00 Lunch 1:00 Beach Ball Golf 2:00 Pass The Memory Ball 3:00 Movie Matinee 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	27 8:30 Breakfast 9:30 Beach Ball Golf 10:30 Story Time 11:00 Sensory Laundry Folding 12:00 Lunch 1:00 1960's Scavenger Hunt TD 2:00 Golf Cart or Bus Trip 3:00 Movie Matinee 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	28 8:30 Breakfast 9:30 Hot Potato 10:30 No Bake Cookies! 11:00 Busy Bingo 12:00 Lunch 1:00 Icecream Social! TD 2:00 Velcrow Baseball 3:00 Movie Matinee 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	29 8:30 Breakfast 9:30 70's Morning Music Circle 10:30 Balloon Badminton 11:00 Quiet Time & Wind Down Time 12:00 Lunch 1:00 Beach Ball Golf 2:00 Snack & Chat! 3:00 Movie Matinee 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	30 8:30 Breakfast 9:30 Country Morning Music Circle 10:30 Devotional 11:00 Quiet Time & Wind Down Time 12:00 Lunch 1:00 Parachute Ball 2:00 Snack & Chat 3:00 Movie Matinee 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	31 8:30 Breakfast 9:30 Salsa Morning Music Circle 10:30 Sensory Laundry Folding 11:00 Pass The Memory Ball 12:00 Lunch 1:00 Nail Painting 2:00 Movie Matinee TD 5:00-6:30 FAMILY NIGHT!! TD 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	ET - Emory Theatre M - McCullers HL - Hamilton Library BB - Bernard's Bar 2R - 2nd Floor Assisted Living 3R - 3rd Floor Assisted Living CA - Cultural Arts P - Pool (Aquatics Center) TD - Through The Decades Activity (July's theme is The 1960's)